

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
<b>Women 15-15 50 Free</b>							
1	26.67	L	F	Jaime Mote	15	INFA NMA	15/03/2024 SA National Junior Age Group
2	27.42	L	F	Tanatswa Chandiwana	15	MDOL JHB	15/03/2024 SA National Junior Age Group
3	27.54	L	F	Emily Palmer	15	USC BUF	15/03/2024 SA National Junior Age Group
4	27.58	L	F	Jesse-Leah Laderach	15	PEAS NMA	15/03/2024 SA National Junior Age Group
5	27.72	L S	P	Gizelle Maritz	15	AGB JHB	08/04/2024 SA National Aquatic Champ 2024-PE
6	27.74	L	F	Leila Yazbek	15	BLNE MAN	15/03/2024 SA National Junior Age Group
7	28.00	L	P	Lara Gouws	15	TUKS TSH	14/12/2023 KZNA 2023 Championships Incorp SSA
8	28.08	L S	F	Ruth Dredge	15	PAC TSH	12/12/2023 NTS Championships 2023
9	28.16	L	F	Tafadzwa Chandiwana	15	MDOL JHB	15/03/2024 SA National Junior Age Group
10	28.23	L	P	Emily Macqueen	15	SEALE ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
11*	28.34	L	P	Danielle Cronjè	15	LALE CED	15/03/2024 SA National Junior Age Group
11*	28.34	L S	P	Ashley Scholtz	15	AGA EKU	08/04/2024 SA National Aquatic Champ 2024-PE
13	28.39	L	F	Scarlett Le Roux	15	CA EKU	26/01/2024 EGA Last Chance 2024
14	28.44	L	P	Leah Scott	15	KZNA ETH	19/04/2024 SA Schools Swimming Championship
15	28.54	L S	F	Abigail Roberts	15	TUKS TSH	12/12/2023 NTS Championships 2023
16*	28.60	L	P	Jana Vorster	15	TUKS TSH	15/03/2024 SA National Junior Age Group
16*	28.60	L	F	Zandri Knoetze	15	INFA NMA	15/03/2024 SA National Junior Age Group
18	28.61	L	P	Amy Combrink	15	RSA	20/10/2023 World Aqua -Swimming World Cup Oct
19*	28.71	L	P	Erin Joubert	15	KLOO ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
19*	28.71	L	F	Grace Powell	15	GAU JHB	19/04/2024 SA Schools Swimming Championship
21	28.72	L	P	Gabriella Van Den Berg	15	ELEC TSH	15/03/2024 SA National Junior Age Group
22	28.85	L	P	Karmen Van Rensburg	15	UNI EZD	15/03/2024 SA National Junior Age Group
23	28.88	L	F	Chanel Veldsman	15	KZNA ETH	19/04/2024 SA Schools Swimming Championship
24*	28.90	L	P	Mikayla Lombard	15	TUKS TSH	12/12/2023 NTS Championships 2023
24*	28.90	L	F	Kendra Begley	15	INFA NMA	19/04/2024 SA Schools Swimming Championship
26	28.98	L	P	Ruby Gaines	15	SEALE ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
27	29.00	L	P	Katelyn Fourie	15	CA EKU	15/03/2024 SA National Junior Age Group
28	29.01	L S	F	Rachel Hinckley	15	CA EKU	07/12/2023 EGA Summer Championships
29	29.05	L S	F	Mieke Vd Wal	15	CASC CPT	14/12/2023 Western Cape LC-A Championship 2023
30*	29.16	L	F	Kelci Leech	15	BLSS MAN	06/12/2023 Free State Champs 2023
30*	29.16	L	F	Keira Holland	15	CRSC JHB	30/11/2023 CGA Championships 2023
32	29.18	L	F	Corli Liverversage	15	BLSS MAN	06/12/2023 Free State Champs 2023
33	29.20	L	F	Mareze Frylinck	15	BLSS MAN	06/12/2023 Free State Champs 2023
34*	29.22	L	P	Jodi Boettger	15	USC BUF	15/03/2024 SA National Junior Age Group
34*	29.22	L	F	Jaime Roome	15	TUKS TSH	20/03/2024 SA Level 3 Regional Age Group
34*	29.22	L	F	Savannah Mostert	15	TUKS TSH	12/12/2023 NTS Championships 2023
37	29.29	L	F	Jaime Maritz	15	CSA EZD	20/03/2024 SA Level 3 Regional Age Group
38	29.34	L	P	Kailey Joubert	15	AZON ETH	23/02/2024 2024 Grand Prix 2 Invitational Meet -
39*	29.39	L S	P	Isabella Havemann	15	ASAC CPT	14/12/2023 Western Cape LC-A Championship 2023
39*	29.39	L	P	Annebel Stewart	15	AZON ETH	15/03/2024 SA National Junior Age Group
41*	29.44	L	F	Elne Reynolds	15	INFA NMA	15/12/2023 NMBA Championships 2023
41*	29.44	L	F	Anri Van Der Westhuizen	15	BLOT MAN	06/12/2023 Free State Champs 2023
43*	29.54	L	F	Mila Vd Linde	15	TUKS TSH	20/10/2023 NTS Level 3+ October Age Group 2023
43*	29.54	L	F	Araya de Waal	15	PGAC EKU	20/03/2024 SA Level 3 Regional Age Group
45	29.56	L	P	Jessica Smith	15	ASA ILD	14/12/2023 KZNA 2023 Championships Incorp SSA
46	29.58	L S	P	Tyra Penn	15	AGB JHB	08/04/2024 SA National Aquatic Champ 2024-PE
47	29.60	L	P	Kathleen Welsh	15	MSC NGD	01/12/2023 Mpumalanga Championships 2023
48*	29.61	L S	F	Ava-Loren Van Galen	15	STAQ CED	14/12/2023 Western Cape LC-A Championship 2023
48*	29.61	L	P	Amy Brown	15	SEALE ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
48*	29.61	L	P	Anne Marais	15	LP CCD	19/04/2024 SA Schools Swimming Championship
51*	29.65	L	P	Gemma Goncalves	15	SEAL UMD	15/03/2024 SA National Junior Age Group
51*	29.65	L	P	Jana Swiegers	15	TUKS TSH	15/03/2024 SA National Junior Age Group
53	29.67	L	P	Rouxne Du Plessis	15	TUKS TSH	15/03/2024 SA National Junior Age Group
54	29.69	L	F	Natania Komakech	15	ELEC TSH	20/03/2024 SA Level 3 Regional Age Group
55	29.72	L	P	Madisynn Elliott	15	AA JHB	15/03/2024 SA National Junior Age Group
56	29.75	L S	F	Emily Liebenberg	15	SWAR WCD	14/12/2023 Western Cape LC-A Championship 2023
57	29.76	L	P	Hannah Burke	15	SFSC CPT	15/03/2024 SA National Junior Age Group
58	29.82	L	F	Danielle Harbron	15	BLOT MAN	06/12/2023 Free State Champs 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
59	29.87 L	P	Juliette van Vught	15	SASE JHB	15/03/2024	SA National Junior Age Group
60	29.92 L S	P	Ella Eldar	15	AGC FSH	08/04/2024	SA National Aquatic Champ 2024-PE
61*	29.96 L	P	Keira Taylor	15	TUKS FSH	12/12/2023	NTS Championships 2023
61*	29.96 L S	P	Chloe Olivier	15	AGA ECU	08/04/2024	SA National Aquatic Champ 2024-PE
63*	29.97 L	F	Bea Van der Merwe	15	RFA FSH	01/12/2023	2023 The Tshwane Mayor's Gala
63*	29.97 L	P	Mia Wellsted	15	HASC JHB	20/03/2024	SA Level 3 Regional Age Group
65*	30.11 L	P	Lily Durant	15	WATR JHB	20/03/2024	SA Level 3 Regional Age Group
65*	30.11 L	P	Danika Van Zyl	15	KZNA ETH	19/04/2024	SA Schools Swimming Championship
67	30.14 L	P	Caitlyn Dube	15	MDOL JHB	30/11/2023	CGA Championships 2023
68	30.17 L	F	Gabriella Otto	15	ELEC FSH	20/03/2024	SA Level 3 Regional Age Group
69	30.19 L	F	Mikayla Smit	15	AA JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
70	30.24 L	P	Michaela Nell	15	AAS JHB	30/11/2023	CGA Championships 2023
71	30.26 L	P	Amy O'Connor	15	CRSC JHB	30/11/2023	CGA Championships 2023
72	30.28 L	F	Skyla Perumal	15	WATR JHB	26/07/2023	Giochi Del Tricolore Swim
73	30.29 L	P	Stacey Smith	15	PAC FSH	12/12/2023	NTS Championships 2023
74*	30.31 L S	P	Mari Wium	15	QSAW CED	14/12/2023	Western Cape LC-A Championship 2023
74*	30.31 L S	P	Zoë Goebel	15	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023
76	30.34 L	F	Simone Vd Merwe	15	LALE CED	11/11/2023	Winelands SL4
77	30.35 L	P	Jorja Parsons	15	PSCP UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
78	30.37 L	F	Kate-Lynn de Jager	15	BLOT MAN	06/12/2023	Free State Champs 2023
79	30.39 L	F	Robyn Barbour	15	ESP ECU	20/03/2024	SA Level 3 Regional Age Group
80	30.40 L S	P	Shanna-Leigh Zeelie	15	BLMA CPT	14/12/2023	Western Cape LC-A Championship 2023
81	30.45 L	F	Lili Kannisto	15	NMDO JH	14/10/2023	CGA Level 2 + Gala Oct 2023
82	30.46 L	P	Kiara Banks	15	TUKS FSH	12/12/2023	NTS Championships 2023
83	30.47 L	F	Madison du Plessis	15	BLOT MAN	11/11/2023	Bull Sharks Gala
84	30.48 L	F	Marlene Ward	15	TUKS FSH	22/09/2023	NTS Level 3+ September Age Group
85	30.51 L	F	Megan Neizel	15	PSCP UMD	21/03/2024	SA Level 3 Regional Age Group
86	30.52 L	F	Lara Smith	15	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
87	30.63 L	P	Jemma Pearse	15	VINE CPT	15/03/2024	SA National Junior Age Group
88	30.64 L	P	Kayleigh Hahn	15	ROA EDD	09/02/2024	Infinity Gala 2024
89	30.66 L S	F	Emma Neethling	15	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
90	30.67 L	F	Gianna Collard	15	TUKS FSH	20/10/2023	NTS Level 3+ October Age Group 2023
91	30.68 L	F	Maria Steyn	15	BLSS MAN	21/03/2024	SA Level 3 Regional Age Group
92	30.69 L	P	Rii Spoelstra	15	TUKS FSH	12/12/2023	NTS Championships 2023
93	30.71 L	F	Cait Da Cunha	15	BON ECU	11/11/2023	EGA Summer 3
94	30.77 L	P	Kaylie Groenewald	15	ACAQ CCD	20/03/2024	SA Level 3 Regional Age Group
95	30.80 L	F	Elizabeth Victor	15	UNI EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
96	30.83 L	F	Danaleigh Swanepoel	15	RFA FSH	01/12/2023	Limpopo Champs
97	30.85 L S	P	Wilmien Verbeek	15	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023
98	30.87 L	P	Simone Cussons	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023
99	30.88 L	F	Donne Bruyns	15	CSA EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
100	30.91 L	F	Keera De Esclana	15	VRC FSH	01/12/2023	2023 The Tshwane Mayor's Gala
101	30.95 L	P	Milri-Ann Summerton	15	NWUC KKD	20/03/2024	SA Level 3 Regional Age Group
102*	30.97 L	P	Ilanthy Moolman	15	MSC NGD	01/12/2023	Mpumalanga Championships 2023
102*	30.97 L	F	Amy-Lee Jones	15	CA ECU	28/10/2023	EGA Summer 2 2023
104	31.02 L	F	Gabriella Kirsten	15	QSAW CED	11/11/2023	Winelands SL4
105	31.03 L	F	René Kotzé	15	POTC KKD	06/12/2023	NWS Championships 2023/24
106	31.06 L	F	Siobhan Evans	15	CA ECU	26/01/2024	EGA Last Chance 2024
107	31.07 L	F	Kaylin Bezuidenhoud	15	BLOT MAN	06/12/2023	Free State Champs 2023
108	31.08 L	F	Elrike du Plessis	15	HREF BP	26/01/2024	NTS Level 3+ January Age Group 2024
109	31.12 L	P	Catherine O'Grady	15	MSC NGD	20/03/2024	SA Level 3 Regional Age Group
110	31.15 L	F	Carine Röntgen	15	ASAW CED	03/02/2024	Winelands SL final
111	31.17 L	P	Kelly Stork	15	BAS ECU	15/03/2024	SA National Junior Age Group
112*	31.18 L	F	Tshenolo Ntsie	15	RSA	03/05/2023	CANA Zone IV Swimming Champions
112*	31.18 L	P	Milan Van Heerden	15	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
114	31.21 L S	P	Mia Gerber	15	LALE CED	14/12/2023	Western Cape LC-A Championship 2023
115*	31.24 L	P	Jade O'Connor	15	TUKS FSH	12/12/2023	NTS Championships 2023
115*	31.24 L	F	Daniëlla Müller	15	TUKS FSH	20/10/2023	NTS Level 3+ October Age Group 2023
117	31.33 L	P	Paige Edmundson	15	SASE JHB	20/03/2024	SA Level 3 Regional Age Group

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 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
118	31.35	L	F	Anne Steyl	15	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
119	31.36	L	F	Antonella Del Fabbro	15	TUKS FSH	01/12/2023	2023 The Tshwane Mayor's Gala
120*	31.39	L	P	Paris Shiwundlana	15	AFIN JHB	30/11/2023	CGA Championships 2023
120*	31.39	L	F	Megan Nieman	15	PSC FSH	17/11/2023	NTS Level 3+ November Age Group
122*	31.40	L	F	Sunny Huang	15	CA ECU	15/09/2023	EGA Summer 1
122*	31.40	L S	P	Katey Nel	15	SOUL ECU	07/12/2023	EGA Summer Championships
124	31.42	L	F	Lily Ogden	15	PEAS NMA	15/12/2023	NMBA Championships 2023
125	31.43	L	F	Amy Gerber	15	SEAL UMD	05/04/2024	SA Level 2 Regional Age Group Champs
126*	31.45	L	F	Ayalakha Mokoena	15	INFA NMA	23/09/2023	3rd A League Gala 2023
126*	31.45	L	F	Catherine Desilla	15	SASE JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
128	31.46	L	F	Leandre De Lange	15	HMER MP	14/10/2023	Limpopo Top 8 - High Schools
129	31.50	L	F	Amelie Van der Merwe	15	RFA FSH	01/12/2023	2023 The Tshwane Mayor's Gala
130	31.59	L	F	Simonè Schonken	15	TASC MPD	24/03/2024	SA Level 2 Regional Age Group Champs
131	31.62	L	F	Georgia Gouws	15	PRIO NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
132*	31.66	L	F	Summer Ascielli	15	CYBE CPT	10/02/2024	WCA-B Champs - 2024
132*	31.66	L S	F	Storme Badenhorst	15	MANT CPT	24/11/2023	CTA A & B CHAMPS 2023
134	31.68	L	P	Johané Jv Rensburg	15	TUKS FSH	12/12/2023	NTS Championships 2023
135	31.70	L	P	Jordan Wessels	15	ASA ILD	14/12/2023	KZNA 2023 Championships Incorp SSA
136	31.72	L	P	Carme Louw	15	TASC MPD	20/03/2024	SA Level 3 Regional Age Group
137	31.75	L	P	Yvonne Pretorius	15	MSC NGD	01/12/2023	Mpumalanga Championships 2023
138	31.79	L	F	Chloe Petersen	15	TUKS FSH	01/12/2023	2023 The Tshwane Mayor's Gala
139	31.80	L	F	Nakita Snyman	15	FLOD JHB	24/03/2024	SA Level 2 Regional Age Group Champs
140*	31.84	L S	P	Hannah Schreuder	15	SAAW CPT	14/12/2023	Western Cape LC-A Championship 2023
140*	31.84	L S	P	Emma Lategan	15	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023
142*	31.85	L	F	Bianke Von Schlichting	15	PRA GSD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
142*	31.85	L	F	Esti Mouton	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
142*	31.85	L	F	Mila Petrak	15	ELEC FSH	01/12/2023	2023 The Tshwane Mayor's Gala
145	31.87	L	P	Caitlin Govender	15	SGUL ETH	05/04/2024	SA Level 2 Regional Age Group Champs
146	31.88	L	P	Makula Kyabayinze	15	TUKS FSH	12/12/2023	NTS Championships 2023
147	31.89	L	P	Tayla Dowie	15	QUES JHB	20/03/2024	SA Level 3 Regional Age Group
148*	31.91	L	F	Ilanze du Plessis	15	BLSS MAN	06/12/2023	Free State Champs 2023
148*	31.91	L	F	Emily Shand	15	BLUO UGD	24/11/2023	Westville-Seals LC Championships
150	31.93	L	F	Mekayla Pretorius	15	HWSK FBD	03/02/2024	NCASA SPRINTS 2024
151	31.98	L S	P	Megan Augustyn	15	ONYX ECU	07/12/2023	EGA Summer Championships
152	32.01	L	F	Maya Ndegwa	15	ELEC FSH	24/03/2024	SA Level 2 Regional Age Group Champs
153	32.02	L	P	Jessica Sardinha	15	BAS ECU	20/03/2024	SA Level 3 Regional Age Group
154	32.05	L	F	Lara Louw	15	BLNE MAN	16/02/2024	Neptunes Last chance Gala
155*	32.07	L	P	Ivana Vyncke	15	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
155*	32.07	L	P	Nicole Van Zyl	15	CA ECU	20/03/2024	SA Level 3 Regional Age Group
157	32.08	L	P	Mea Harding	15	BAS ECU	20/03/2024	SA Level 3 Regional Age Group
158	32.09	L	F	Rienke Blignaut	15	BLSS MAN	06/12/2023	Free State Champs 2023
159	32.10	L	P	Jaimee Marais	15	ELRAS WBD	20/03/2024	SA Level 3 Regional Age Group
160*	32.12	L	P	Kuzingca Siramza	15	AQUA BUF	24/06/2023	PEA Winter Gala 2023
160*	32.12	L	P	Megan Webster	15	RFA FSH	12/12/2023	NTS Championships 2023
162	32.14	L	F	Shyenne Laubscher	15	WELA ILD	26/03/2024	SA Level 2 Regional Age Group Champs
163*	32.16	L	P	Georgia Alston	15	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
163*	32.16	L	F	Chrisley Barnard	15	BS ILD	27/10/2023	Neptune Prestige Gala
165*	32.22	L S	F	Mieke Vd Walt	15	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
165*	32.22	L	F	Esmarie Terblanche	15	LALE CED	03/02/2024	Winelands SL final
165*	32.22	L	F	Larissa Visagie	15	LALE CED	03/02/2024	Winelands SL final
168	32.25	L	P	Vera Chen	15	BLSS MAN	15/03/2024	SA National Junior Age Group
169	32.29	L	F	Alexandra Santos	15	PSCP UMD	05/04/2024	SA Level 2 Regional Age Group Champs
170	32.34	L	P	Kganya Mashigo	15	PAC FSH	12/12/2023	NTS Championships 2023
171*	32.36	L	F	Camryn Shaw	15	PAHS NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
171*	32.36	L	P	Nina Melka	15	TUKS FSH	24/03/2024	SA Level 2 Regional Age Group Champs
173*	32.41	L	F	Taylor Ririe	15	BLNE MAN	27/10/2023	Neptune Prestige Gala
173*	32.41	L	F	Nicole Norman	15	WATR JHB	26/07/2023	Giochi Del Tricolore Swim
175	32.42	L	F	Hannah Sandilands	15	MDOL JHB	12/01/2024	2024 Grand Prix Invitation Swimming
176	32.43	L S	F	Rebecca White	15	SSISA CPT	24/11/2023	CTA A & B CHAMPS 2023

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**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
177	32.44 L	F	Anmi Slabbert	15	PAQU CED	10/02/2024	WCA-B Champs - 2024
178*	32.52 L	P	Jemma Park	15	CRSC JHB	30/11/2023	CGA Championships 2023
178*	32.52 L	P	Mia Johnson	15	AAS JHB	20/03/2024	SA Level 3 Regional Age Group
180	32.53 L S	F	Judy Stevens	15	QUIC CPT	24/11/2023	CTA A & B CHAMPS 2023
181*	32.57 L	P	Katia Jacob	15	HASC JHB	24/03/2024	SA Level 2 Regional Age Group Champs
181*	32.57 L	P	Lumka Ntaka	15	UMSH ETH	05/04/2024	SA Level 2 Regional Age Group Champs
183*	32.59 L	F	Emma Thompson	15	PSC FSH	01/12/2023	2023 The Tshwane Mayor's Gala
183*	32.59 L	F	Anè Kemp	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
185	32.60 L	F	Abigail Pieterse	15	HARV NMA	17/02/2024	Eastern Cape School Trials 2024
186*	32.61 L	P	Zante Young	15	RBUR BPD	06/12/2023	NWS Championships 2023/24
186*	32.61 L	F	Ashley Seymour	15	WELA LLD	06/12/2023	Free State Champs 2023
188	32.62 L	F	Kayla Vosloo	15	BLOT MAN	13/10/2023	Pelicans Gala
189	32.64 L S	P	Sandri Visser	15	PLAY CED	14/12/2023	Western Cape LC-A Championship 2023
190	32.66 L	F	Kayla Welgemoed	15	VALS FDD	26/03/2024	SA Level 2 Regional Age Group Champs
191	32.67 L	F	Nina Van Tonder	15	LALE CED	11/11/2023	Winelands SL4
192	32.74 L	P	Megan Van den Heever	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023
193	32.75 L	F	Stacey Fisher	15	TRAZ FSH	01/12/2023	2023 The Tshwane Mayor's Gala
194	32.77 L	F	Ilze Hendriks	15	LEGC ETH	05/04/2024	SA Level 2 Regional Age Group Champs
195	32.82 L	F	Kate-Lynn Kruger	15	DESA NMA	15/12/2023	NMBA Championships 2023
196*	32.85 L	F	Anneke Stassen	15	CASC CPT	10/02/2024	WCA-B Champs - 2024
196*	32.85 L	F	Celine Miles	15	BLUO UGD	24/11/2023	Westville-Seals LC Championships
196*	32.85 L	P	Sinoah Pretorius	15	HPS FSH	24/03/2024	SA Level 2 Regional Age Group Champs
199	32.86 L	F	Mia De Klerk	15	CSA EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
200	32.87 L	F	Hannah Krummeck	15	HARV NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
201	32.95 L S	F	Lara Wink	15	VINE CPT	24/11/2023	CTA A & B CHAMPS 2023
202	32.96 L	P	Mariel van der Net	15	JAQ EKU	24/03/2024	SA Level 2 Regional Age Group Champs
203	32.99 L	P	Victoria-Ann Anthony	15	BON EKU	24/03/2024	SA Level 2 Regional Age Group Champs
204	33.01 L	P	Janca Hattingh	15	CSA EZD	01/12/2023	Mpumalanga Championships 2023
205*	33.15 L	F	Emily Tsai	15	BLMA CPT	10/02/2024	WCA-B Champs - 2024
205*	33.15 L	F	Jocelyn Cromhout	15	HARL BUF	24/11/2023	BCA Long Course Championships 2023
207*	33.25 L	F	Paula Van Zyl	15	LALE CED	11/11/2023	Winelands SL4
207*	33.25 L	F	Buhle Mahlalela	15	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
207*	33.25 L	F	Chloe Pieterse	15	QSAW CED	03/02/2024	Winelands SL final
207*	33.25 L	F	Chloe Byrne	15	SEAL UMD	27/01/2024	Ushaka Champs 2024
211	33.32 L	P	Zadie Van Wyk	15	TRAZ FSH	24/03/2024	SA Level 2 Regional Age Group Champs
212	33.40 L S	F	Mia Crookham	15	TYGE CPT	24/11/2023	CTA A & B CHAMPS 2023
213*	33.44 L	F	Lerize Du Toit	15	PHS CCD	27/01/2024	Limpopo School Champs
213*	33.44 L	P	Richelle Rothmann	15	AQU ADJ	05/04/2024	SA Level 2 Regional Age Group Champs
215	33.45 L S	F	WanRu Zhou	15	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
216*	33.48 L	F	Lara Verhoef	15	ASAC CPT	18/11/2023	CTA QUALIFYING MEET 2
216*	33.48 L	P	Sienna Lombard	15	HPS FSH	24/03/2024	SA Level 2 Regional Age Group Champs
218	33.49 L	F	Ogalaletseng Khosana	15	WATR JHB	26/07/2023	Giochi Del Tricolore Swim
219	33.53 L	F	Shay-Leigh Pieters	15	HURA CPT	03/02/2024	Winelands SL final
220	33.55 L	F	Tia Mari Theron	15	HSBV SKD	27/01/2024	Limpopo School Champs
221	33.58 L	F	Lore Elise Snyckers	15	AHMP FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
222	33.59 L	F	Liza Schoeman	15	RHS BP	23/02/2024	NW School Championships 2024
223	33.63 L	P	Micaela Mutooni	15	ELEC FSH	24/03/2024	SA Level 2 Regional Age Group Champs
224	33.68 L	P	Cala Welgemoed	15	VALS FDD	26/03/2024	SA Level 2 Regional Age Group Champs
225	33.69 L	F	Ingrid Van Loggerenberg	15	TUKS FSH	02/02/2024	NTS Level 1+2 February Age Group
226	33.77 L S	F	Zia Petersen	15	XSAQ CPT	24/11/2023	CTA A & B CHAMPS 2023
227	33.78 L	F	Charlotte Staines	15	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
228	33.79 L	F	Elizabeth Opperman	15	KTS	03/02/2024	NCASA SPRINTS 2024
229*	33.80 L	F	Reese Edwards	15	SSISA CPT	11/11/2023	Winelands SL4
229*	33.80 L	F	Gaby Bishop	15	BETH FDD	06/12/2023	Free State Champs 2023
231	33.86 L	F	Eva-Bella Bonomi	15	TRAZ FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
232	33.87 L	F	Georgia Knight	15	WATR JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
233	33.89 L	F	Entle Khumalo	15	SWIJ JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
234	33.92 L	F	Lumè Lategan	15	HBV MP	14/10/2023	Limpopo Top 8 - High Schools
235	33.94 L	P	Leeya Amon	15	CASC CPT	24/06/2023	PEA Winter Gala 2023

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
236	33.97 L	F	Naseerah Vd Merwe	15	WEST CPT	17/02/2024	Swartland Invitational Gala 2024
237*	34.01 L	P	Maria Dos Santos	15	HREF BP	06/12/2023	NWS Championships 2023/24
237*	34.01 L	F	Lelanie Buhr	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
239*	34.06 L	F	Michaela Clegg	15	PEAS NMA	01/10/2023	Curro AquaElite Gala
239*	34.06 L	F	Chloe Jewell	15	PEAS NMA	17/02/2024	Eastern Cape School Trials 2024
241	34.07 L	F	Sian Kleynhans	15	ROA EDD	15/12/2023	NMBA Championships 2023
242	34.08 L	F	Esther Sauls	15	PGAC EKU	15/09/2023	EGA Summer 1
243	34.11 L	F	Mia Sarakis	15	CRSC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
244	34.15 L	F	Lungiswa Grootboom	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
245	34.23 L	F	Kate Allwood	15	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
246*	34.24 L	F	Deoné Borstlap	15	POTC KKD	21/10/2023	NWS Age Group 1 & 2 2023
246*	34.24 L	F	Anè Cloete	15	TYGE CPT	17/09/2023	CTA BMEET 3
248	34.29 L	F	Jessica Carver	15	ELEC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
249	34.30 L	P	Miela Smit	15	AQUA BUF	21/03/2024	SA Level 3 Regional Age Group
250	34.31 L	F	Izolde Lombard	15	ASAC CPT	03/02/2024	Winelands SL final
251	34.32 L	P	Izabella Alevras	15	SMTG JHB	20/03/2024	SA Level 3 Regional Age Group
252	34.41 L	P	Milla Douglas	15	AZON ETH	05/04/2024	SA Level 2 Regional Age Group Champs
253	34.50 L	F	Carli Dippenaar	15	ROA EDD	18/11/2023	Eden LC Champs 2023
254	34.57 L	F	Anchei Louw	15	HBV MP	14/10/2023	Limpopo Top 8 - High Schools
255	34.67 L	P	Sadie Jelley	15	RFA TSH	24/03/2024	SA Level 2 Regional Age Group Champs
256*	34.82 L	F	Ashleigh Davies	15	WELA LLD	26/08/2023	kovsie Sprint Gala
256*	34.82 L	F	Chrystil Raymond	15	CSA EZD	02/02/2024	MP AGE GROUP 5 GALA
258	34.98 L	F	Imaan Velloo	15	MANT CPT	10/02/2024	WCA-B Champs - 2024
259	35.02 L	F	Runakorwashe Makumbe	15	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
260	35.10 L	F	Chanè Grobbelaar	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
261	35.17 L	F	Annika Potgieter	15	POTC KKD	21/10/2023	NWS Age Group 1 & 2 2023
262	35.25 L	F	Jenna White	15	ELRAS WBD	11/11/2023	Limpopo Age Group 5
263	35.26 L	P	Brooklyn-Taylor Sunker	15	MAKO EKU	24/03/2024	SA Level 2 Regional Age Group Champs
264	35.29 L	F	Sienna Wilensky	15	ASAC CPT	10/02/2024	WCA-B Champs - 2024
265	35.42 L S	F	Ebenette Van Niekerk	15	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
266*	35.52 L	F	Onkarabile Molamu	15	PGH KK	23/02/2024	NW School Championships 2024
266*	35.52 L	F	Thandolwenkosi Mabaso	15	FRA KCD	21/10/2023	Froggies Championships 2023
268	35.55 L	P	Gabriella Carminati	15	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs
269	35.56 L	F	Kiara Krauss	15	GREY CPT	11/11/2023	Winelands SL4
270*	35.59 L	F	Isabè Van Dyk	15	CUHE OBD	11/11/2023	Swartland Prestige Gala 2023
270*	35.59 L	F	Angela Daffue	15	PENC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
272	35.65 L	F	Jacoline Crous	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
273	35.66 L	F	Leah Crozier	15	FAAC	10/02/2024	AGE GROUP 6 UPT - 2024
274	35.71 L	F	Chelsea Snyman	15	SS MPD	01/12/2023	Limpopo Champs
275	35.74 L	P	Shannon Rautenbach	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023
276	35.75 L	F	Alaynah Bhamjee	15	WATR JHB	26/07/2023	Giochi Del Tricolore Swim
277	35.99 L	F	Shaelyn Lawson	15	AQUA BUF	24/11/2023	BCA Long Course Championships 2023
278	36.01 L	F	Minette Els	15	BETH FDD	16/02/2024	Neptunes Last chance Gala
279	36.03 L	F	Logan Francke	15	RBOT BPD	11/11/2023	NWS Age Group 3 + 4
280	36.05 L S	F	Kayla Spagnoletti	15	SAAW CPT	24/11/2023	CTA A & B CHAMPS 2023
281	36.20 L	F	Emma Jansen van Rensburg	15	QSAW CED	11/11/2023	Winelands SL4
282*	36.24 L	F	Natalie Robinson	15	BERG BP	23/02/2024	NW School Championships 2024
282*	36.24 L	F	Emma Davies	15	BAS EKU	15/09/2023	EGA Summer 1
284	36.30 L S	P	Kholofelo Seabi	15	SWIFT EKU	07/12/2023	EGA Summer Championships
285	36.58 L	F	Selente Oosthuysen	15	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
286	36.81 L	F	Beané du Plessis	15	STELL RMD	06/12/2023	NWS Championships 2023/24
287	36.84 L	P	Lisa van der Westhuizen	15	POTC KKD	06/12/2023	NWS Championships 2023/24
288	37.06 L	F	Kim Ruwona	15	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
289	37.12 L	F	Lyrece Louw	15	SUPE JHB	02/03/2024	AG Level 1 Regional Age Group
290	37.34 L	F	Lucy James	15	UPC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
291	37.39 L	F	Ammaarah Davids	15	XSAQ CPT	17/09/2023	CTA BMEET 3
292	37.53 L	P	Veera Khusal	15	BON EKU	24/03/2024	SA Level 2 Regional Age Group Champs
293	37.78 L	F	Mignon Burger	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
294	37.81 L	F	Amy Klink	15	JAQ EKU	02/03/2024	AG Level 1 Regional Age Group

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
295*	37.82 L	F	Dakota Wratten	15	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
295*	37.82 L	F	Paxton Rankin	15	TLAC BPD	21/10/2023	NWS Age Group 1 & 2 2023
297	37.96 L	F	Elia Jones	15	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
298	38.03 L	F	Helena Van Vuuren	15	KALA	03/02/2024	NCASA SPRINTS 2024
299	38.11 L	F	Abigail Cullen	15	WELA LLD	26/03/2024	SA Level 2 Regional Age Group Champs
300	38.20 L	P	Cleo May	15	MARL CPT	24/06/2023	PEA Winter Gala 2023
301	38.46 L	F	Aniela Wenhold	15	RHS BP	23/02/2024	NW School Championships 2024
302	38.71 L	F	Jessimie Van der Sandt	15	LALE CED	17/02/2024	Swartland Invitational Gala 2024
303	39.09 L	F	Gabrielle Kramer	15	VPHS NMA	17/02/2024	Eastern Cape School Trials 2024
304	39.46 L	F	Chulumanco Nyukwana	15	MPS NGD	03/02/2024	Buffalo City School Trials 2024
305	39.48 L	F	Bathiyana Zondo	15	BARR CPT	17/09/2023	CTA BMEET 3
306	39.51 L	F	Zainah Akhalwaya	15	OLDE JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
307	39.87 L	F	Yandisa Ndlovu	15	ACSA ETH	27/01/2024	Ushaka Champs 2024
308	40.42 L	F	Lwazi Mqeke	15	WELA LLD	27/10/2023	Neptune Prestige Gala
309	40.48 L	F	Khwezi Khaba	15	UMSH ETH	16/02/2024	EDA Age Group Gala 6 2024
310	40.54 L	F	Karabo Malinga	15	USHAK EKU	02/03/2024	AG Level 1 Regional Age Group
311	40.65 L	F	Elza Zietsman	15	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
312	40.66 L	F	Kaelo Makhatho	15	ESP EKU	11/11/2023	EGA Summer 3
313	40.93 L	F	Lesedi Kgarimetsa	15	SWIM1 JHB	02/03/2024	AG Level 1 Regional Age Group
314	41.04 L	F	Thesnay Masalisa	15	PRIO NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
315	41.07 L	F	Zoe Pelsler	15	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
316	41.24 L	F	Thea Vermaak	15	WELA LLD	16/02/2024	Neptunes Last chance Gala
317	41.41 L S	F	Xoey Williams	15	UWCA CPT	24/11/2023	CTA A & B CHAMPS 2023
318	41.58 L	F	Annica Brand	15	CLSC WCD	17/02/2024	Swartland Invitational Gala 2024
319	42.23 L	F	Bontle Makhwanyane	15	WELA LLD	02/03/2024	FSA Level 1 2024
320	42.45 L	F	Lesedi-Lere Themba	15	ESP EKU	15/09/2023	EGA Summer 1
321	42.50 L	F	Ruchelle Smit	15	WAGH BP	23/02/2024	NW School Championships 2024
322	42.87 L	F	Chane Cockburn	15	BERG BP	23/02/2024	NW School Championships 2024
323	42.95 L	F	Kirsten Campbell	15	WALM CPT	17/09/2023	CTA BMEET 3
324	43.67 L	F	Zoë Pierce	15	ESTR EKU	02/03/2024	AG Level 1 Regional Age Group
325	44.14 L	F	Tazlyn Davids	15	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
326	44.78 L	F	Naseerah Du Toit	15	UWCA CPT	10/02/2024	WCA-B Champs - 2024
327	44.95 L	F	Simone Bronkhorst	15	SS MPD	11/11/2023	Limpopo Age Group 5
328	45.10 L	F	Telana Breytenbach	15	HSO TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
329	45.55 L	F	Letlotlo Kgositlou	15	MATL KKD	11/11/2023	NWS Age Group 3 + 4
330	45.62 L	F	Ayanda Luthuli	15	USH KCD	27/01/2024	Ushaka Champs 2024
331	45.65 L	F	Esethu Mabula	15	SRAY BUF	24/11/2023	BCA Long Course Championships 2023
332	46.66 L	F	Esthea Fourie	15	WAGH BP	23/02/2024	NW School Championships 2024
333	47.05 L	F	Michelle Seerane	15	RBOT BPD	11/11/2023	NWS Age Group 3 + 4
334	48.48 L	F	Anesu Mushonga	15	ISSA NM	23/02/2024	NW School Championships 2024
335	49.44 L	F	Juane j v Vuuren	15	RHS BP	23/02/2024	NW School Championships 2024
336	49.56 L	F	Ronita Exford	15	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
<b>Women 15-15 100 Free</b>							
1	57.97 L	F	Jaime Mote	15	INFA NMA	15/03/2024	SA National Junior Age Group
2	59.77 L	F	Jesse-Leah Laderach	15	PEAS NMA	19/04/2024	SA Schools Swimming Championship
3	59.78 L	F	Leila Yazbek	15	BLNE MAN	15/03/2024	SA National Junior Age Group
4	59.81 L	F	Emily Palmer	15	USC BUF	15/03/2024	SA National Junior Age Group
5	59.83 L	F	Gizelle Maritz	15	WATR JHB	15/03/2024	SA National Junior Age Group
6	1:00.23 L	P	Kayla Gous	15	ECA BUF	08/04/2024	SA National Aquatic Champ 2024-PE
7	1:00.29 L	F	Scarlett Le Roux	15	CA EKU	07/12/2023	EGA Summer Championships
8	1:00.58 L	P	Lara Gouws	15	TUKS TSH	15/03/2024	SA National Junior Age Group
9	1:00.59 L	P	Rachel Hinckley	15	CA EKU	15/03/2024	SA National Junior Age Group
10	1:01.03 L	F	Ashley Scholtz	15	CA EKU	15/03/2024	SA National Junior Age Group
11	1:01.13 L	F	Jana Vorster	15	TUKS TSH	15/03/2024	SA National Junior Age Group
12	1:01.23 L	F	Danielle Cronjè	15	LALE CED	15/03/2024	SA National Junior Age Group
13	1:01.47 L	P	Grace Powell	15	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE
14	1:01.54 L	F	Annebel Stewart	15	AZON ETH	14/12/2023	KZNA 2023 Championships Incorporating SSA
15	1:01.71 L	F	Jenna Coetzee	15	INFA NMA	15/12/2023	NMBA Championships 2023
16	1:01.83 L	P	Ruth Dredge	15	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
17	1:01.87	L	F	Angel Samoei	15	TUKS	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
18	1:02.02	L	P	Zandri Knoetze	15	INFA	NMA	15/03/2024	SA National Junior Age Group
19	1:02.27	L	P	Tafadzwa Chandiwana	15	MDOL	JHB	15/03/2024	SA National Junior Age Group
20	1:02.42	L	F	Mila Vd Linde	15	GAU	JHB	19/04/2024	SA Schools Swimming Championship
21	1:02.44	L	F	Kendra Begley	15	INFA	NMA	09/02/2024	Infinity Gala 2024
22	1:02.61	L	P	Tanatswa Chandiwana	15	HRE	MS	14/12/2023	KZNA 2023 Championships Incorp SSA
23	1:02.71	L	P	Leah Scott	15	BLUO	UGD	15/03/2024	SA National Junior Age Group
24	1:02.81	L	P	Savannah Mostert	15	QSAW	CED	15/03/2024	SA National Junior Age Group
25	1:02.86	L	F	Abigail Roberts	15	TUKS	FSH	12/12/2023	NTS Championships 2023
26	1:03.09	L	P	Kailey Joubert	15	AZON	ETH	15/03/2024	SA National Junior Age Group
27	1:03.21	L	F	Amy Combrink	15	VINE	CPT	14/12/2023	Western Cape LC-A Championship 2023
28	1:03.38	L	P	Rouxne Du Plessis	15	TUKS	FSH	15/03/2024	SA National Junior Age Group
29	1:03.58	L	P	Jana Swiegers	15	TUKS	FSH	15/03/2024	SA National Junior Age Group
30*	1:03.68	L	F	Corli Liversage	15	BLSS	MAN	06/12/2023	Free State Champs 2023
30*	1:03.68	L	F	Elne Reynolds	15	INFA	NMA	15/12/2023	NMBA Championships 2023
32	1:03.69	L	P	Karmen Van Rensburg	15	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
33	1:03.71	L	F	Karla Myburgh	15	TUKS	FSH	23/02/2024	NTS Prestige AG February 2024
34	1:04.01	L	P	Ruby Gaines	15	SEAL	UMD	15/03/2024	SA National Junior Age Group
35	1:04.04	L	P	Katelyn Fourie	15	AGA	EKU	08/04/2024	SA National Aquatic Champ 2024-PE
36	1:04.13	L	F	Jaime Maritz	15	CSA	EZD	20/03/2024	SA Level 3 Regional Age Group
37	1:04.17	L	P	Gemma Goncalves	15	SEAL	UMD	15/03/2024	SA National Junior Age Group
38	1:04.20	L	P	Kathleen Welsh	15	MSC	NGD	01/12/2023	Mpumalanga Championships 2023
39	1:04.21	L	F	Mareze Frylinck	15	BLSS	MAN	16/02/2024	Neptunes Last chance Gala
40	1:04.23	L	F	Robyn Barbour	15	ESP	EKU	20/03/2024	SA Level 3 Regional Age Group
41	1:04.26	L	P	Mikayla Lombard	15	TUKS	FSH	15/03/2024	SA National Junior Age Group
42	1:04.41	L	F	Keira Holland	15	CRSC	JHB	20/03/2024	SA Level 3 Regional Age Group
43	1:04.42	L	F	Emily Liebenberg	15	SWAR	WCD	21/03/2024	SA Level 3 Regional Age Group
44	1:04.43	L	F	Mari Wium	15	QSAW	CED	21/03/2024	SA Level 3 Regional Age Group
45	1:04.63	L	P	Hannah Burke	15	SFSC	CPT	15/03/2024	SA National Junior Age Group
46	1:04.73	L	F	Madisynn Elliott	15	AA	JHB	26/01/2024	EGA Last Chance 2024
47	1:04.78	L	P	Kate-Lynn de Jager	15	BLOT	MAN	14/12/2023	Western Cape LC-A Championship 2023
48	1:04.91	L	P	Chloe Olivier	15	AGA	EKU	08/04/2024	SA National Aquatic Champ 2024-PE
49	1:04.93	L	P	Erin Joubert	15	KLOO	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
50	1:04.95	L	F	Mia Wellsted	15	HASC	JHB	30/11/2023	CGA Championships 2023
51	1:05.02	L	F	Emily Macqueen	15	SEALE	ETH	24/11/2023	Westville-Seals LC Championships
52	1:05.04	L	F	Michaela Nell	15	AAS	JHB	30/11/2023	CGA Championships 2023
53*	1:05.17	L	F	Maria Steyn	15	BLSS	MAN	21/03/2024	SA Level 3 Regional Age Group
53*	1:05.17	L	P	Madison du Plessis	15	FSA	FS	08/04/2024	SA National Aquatic Champ 2024-PE
55	1:05.26	L	F	Kelci Leech	15	BLSS	MAN	06/12/2023	Free State Champs 2023
56	1:05.35	L	F	Danielle Harbron	15	BLOT	MAN	21/03/2024	SA Level 3 Regional Age Group
57	1:05.36	L	P	Amy O'Connor	15	CRSC	JHB	15/03/2024	SA National Junior Age Group
58	1:05.50	L	P	Araya de Waal	15	PGAC	EKU	20/03/2024	SA Level 3 Regional Age Group
59	1:05.64	L	F	Natania Komakech	15	ELEC	FSH	12/01/2024	2024 Grand Prix Invitation Swimming
60	1:05.68	L	F	Tyra Penn	15	WATR	JHB	30/11/2023	CGA Championships 2023
61	1:05.71	L	P	Jaime Roome	15	TUKS	FSH	12/12/2023	NTS Championships 2023
62	1:05.81	L	F	Daniëlla Müller	15	TUKS	FSH	26/01/2024	NTS Level 3+ January Age Group 2024
63	1:05.83	L	F	Mikayla Smit	15	AA	JHB	20/03/2024	SA Level 3 Regional Age Group
64	x1:05.84	L	F	Emma Neethling	15	FISH	EDD	10/02/2024	WCA-B Champs - 2024
65	1:05.86	L	F	Paige Edmundson	15	SASE	JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
66	1:05.89	L	P	Mieke Vd Wal	15	CASC	CPT	14/12/2023	Western Cape LC-A Championship 2023
67	1:05.99	L	F	Juliette van Vught	15	SASE	JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
68	1:06.01	L	P	Kiara Banks	15	TUKS	FSH	15/03/2024	SA National Junior Age Group
69	1:06.04	L	P	Amy Brown	15	SEALE	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
70	1:06.10	L	F	Kayla Verbaan	15	KLOO	ETH	24/11/2023	Westville-Seals LC Championships
71	1:06.21	L	P	Jessica Smith	15	ASA	ILD	23/02/2024	2024 Grand Prix 2 Invitational Meet -
72	1:06.25	L	P	Caitlyn Dube	15	MDOL	JHB	15/03/2024	SA National Junior Age Group
73	1:06.30	L	F	Lily Durant	15	WATR	JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
74	1:06.32	L	P	René Kotzé	15	POTC	KKD	06/12/2023	NWS Championships 2023/24
75*	1:06.37	L	F	Ella Eldar	15	TUKS	FSH	23/02/2024	NTS Prestige AG February 2024

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
75*	1:06.37	L	P	Amy-Lee Jones	15	CA	EKU	20/03/2024	SA Level 3 Regional Age Group
77	1:06.39	L	P	Zoë Goebel	15	TYGE	CPT	14/12/2023	Western Cape LC-A Championship 2023
78	1:06.41	L	P	Shanna-Leigh Zeelie	15	BLMA	CPT	14/12/2023	Western Cape LC-A Championship 2023
79	1:06.42	L	F	Anri Van Der Westhuizen	15	BLOT	MAN	27/01/2024	Pelicans Gala 2024
80	1:06.44	L	P	Kelly Stork	15	BAS	EKU	15/03/2024	SA National Junior Age Group
81	1:06.54	L	P	Marlene Ward	15	TUKS	FSH	12/12/2023	NTS Championships 2023
82	1:06.55	L	P	Gianna Collard	15	TUKS	FSH	20/03/2024	SA Level 3 Regional Age Group
83	1:06.62	L	P	Danaleigh Swanepoel	15	RFA	FSH	15/03/2024	SA National Junior Age Group
84	1:06.74	L	F	Antonella Del Fabbro	15	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
85	1:06.82	L	F	Genevieve Christensen	15	ACSA	ETH	21/01/2024	EDA Age Group Gala 5 2024
86	1:06.93	L	P	Wilmien Verbeek	15	CASC	CPT	14/12/2023	Western Cape LC-A Championship 2023
87	1:07.13	L	F	Tehl-Cadi Day Garden	15	MGSC	UGD	24/11/2023	Westville-Seals LC Championships
88	1:07.16	L	P	Milri-Ann Summerton	15	NWUC	KKD	20/03/2024	SA Level 3 Regional Age Group
89	1:07.29	L	P	Danika Van Zyl	15	FRA	KCD	14/12/2023	SA 2023 Championships Incorp SSA
90	1:07.34	L	F	Anne Marais	15	TKS	WBD	01/12/2023	Limpopo Champs
91	1:07.36	L	P	Ava-Loren Van Galen	15	STAQ	CED	15/03/2024	SA National Junior Age Group
92	1:07.38	L	P	Tayla Dowie	15	QUES	JHB	30/11/2023	CGA Championships 2023
93	1:07.42	L	P	Jorja Parsons	15	PSCP	UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
94*	1:07.45	L	F	Georgia Gouws	15	BEST	NMA	21/10/2023	4th A League Gala 2023
94*	1:07.45	L	P	Cait Da Cunha	15	BON	EKU	07/12/2023	EGA Summer Championships
96	1:07.64	L	P	Gabriella Otto	15	ELEC	FSH	12/12/2023	NTS Championships 2023
97	1:07.65	L	F	Simone Cussons	15	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
98	1:07.71	L	F	Isabella Havemann	15	ASAC	CPT	24/11/2023	CTA A & B CHAMPS 2023
99*	1:07.73	L	F	Kayleigh Hahn	15	ROA	EDD	04/11/2023	EDEN 3rd A-League School Trials Gala
99*	1:07.73	L	F	Lara Smith	15	TYGE	CPT	21/03/2024	SA Level 3 Regional Age Group
101	1:07.76	L	F	Skyla Perumal	15	WATR	JHB	26/07/2023	Giochi Del Tricolore Swim
102	1:07.77	L	F	Donne Bruyns	15	CSA	EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
103	1:07.88	L	P	Anastasia Sequeira	15	CA	EKU	07/12/2023	EGA Summer Championships
104	1:07.99	L	P	Yvonne Pretorius	15	MP	EZD	19/04/2024	SA Schools Swimming Championship
105	1:08.02	L	F	Jade O'Connor	15	TUKS	FSH	22/09/2023	NTS Level 3+ September Age Group
106	1:08.12	L	F	Keera De Esclana	15	VRC	FSH	02/02/2024	NTS Level 1+2 February Age Group
107	1:08.20	L	F	Keira Taylor	15	WATR	JHB	26/07/2023	Giochi Del Tricolore Swim
108	1:08.21	L	F	Esti Mouton	15	SWAR	WCD	10/02/2024	WCA-B Champs - 2024
109	1:08.43	L	F	Zianè Jantzen	15	QUIC	CPT	18/11/2023	CTA QUALIFYING MEET 2
110	1:08.47	L	F	Carine Röntgen	15	ASAW	CED	17/02/2024	Swartland Invitational Gala 2024
111*	1:08.52	L	F	Ianthy Moolman	15	MSC	NGD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
111*	1:08.52	L	F	Lumka Ntaka	15	UMSH	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
113	1:08.53	L	P	Lily Ogden	15	PEAS	NMA	24/06/2023	PEA Winter Gala 2023
114	1:08.56	L	F	Elizabeth Victor	15	UNI	EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
115	1:08.58	L	F	Christi Serfontein	15	QUIC	CPT	18/11/2023	CTA QUALIFYING MEET 2
116	1:08.60	L	P	Tshenolo Ntsie	15	TUKS	FSH	12/12/2023	NTS Championships 2023
117	1:08.67	L	F	Chloe Petersen	15	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
118	1:08.71	L	F	Naledi Thobeha	15	RSA		03/05/2023	CANA Zone IV SwimmingChampions
119*	1:08.83	L	P	Jodi Boettger	15	USC	BUF	24/06/2023	PEA Winter Gala 2023
119*	1:08.83	L	F	Chrisley Barnard	15	BS	LLD	06/12/2023	Free State Champs 2023
121	1:08.84	L	P	Johané Jv Rensburg	15	TUKS	FSH	12/12/2023	NTS Championships 2023
122	1:08.88	L	F	Summer Ascieri	15	CYBE	CPT	10/02/2024	WCA-B Champs - 2024
123	1:08.90	L	F	Sunny Huang	15	CA	EKU	28/10/2023	EGA Summer 2 2023
124	1:08.91	L	P	Rii Spoelstra	15	TUKS	FSH	12/12/2023	NTS Championships 2023
125	1:08.99	L	F	Megan Neizel	15	PSCP	UMD	21/03/2024	SA Level 3 Regional Age Group
126	1:09.22	L	P	Megan Augustyn	15	ONYX	EKU	07/12/2023	EGA Summer Championships
127	1:09.26	L	F	Bea Van der Merwe	15	RFA	FSH	26/01/2024	NTS Level 3+ January Age Group 2024
128*	1:09.32	L	P	Catherine O'Grady	15	MSC	NGD	20/03/2024	SA Level 3 Regional Age Group
128*	1:09.32	L	F	Carne Louw	15	HMER	MP	27/01/2024	Limpopo School Champs
130	1:09.35	L	P	Makula Kyabayinze	15	TUKS	FSH	12/12/2023	NTS Championships 2023
131	1:09.44	L	P	Mea Harding	15	BAS	EKU	20/03/2024	SA Level 3 Regional Age Group
132	1:09.50	L	P	Kemantha Ayair	15	BEAV	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
133	1:09.56	L	F	Stephanie Jurado	15	SSISA	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
134	1:09.62	L	F	Amelie Van der Merwe	15	RFA	FSH	01/12/2023	2023 The Tshwane Mayor's Gala



## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
135	1:09.64	L	F	Emily Shand	15	BLUO	UGD	24/11/2023	Westville-Seals LC Championships
136	1:09.67	L	P	Georgia Alston	15	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
137	1:09.72	L	P	Katey Nel	15	SOUL	EKU	20/03/2024	SA Level 3 Regional Age Group
138	1:09.77	L	F	Ayalakha Mokoena	15	INFA	NMA	21/10/2023	4th A League Gala 2023
139	1:09.79	L	P	Amy Gerber	15	SEAL	UMD	05/04/2024	SA Level 2 Regional Age Group Champs
140	1:09.85	L	F	Jaimee Marais	15	HSTAN	MP	27/01/2024	Limpopo School Champs
141	1:09.91	L	F	Rebecca White	15	SSISA	CPT	17/02/2024	Swartland Invitational Gala 2024
142	1:10.02	L	F	Anè Kemp	15	SWAR	WCD	10/02/2024	WCA-B Champs - 2024
143	1:10.06	L	F	Mia Vd Merwe	15	GSA	CPT	11/11/2023	Winelands SL4
144	1:10.15	L	F	Catherine Desilla	15	SASE	JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
145	1:10.18	L	F	Mieke Vd Walt	15	FISH	EDD	05/10/2023	42nd Freda Barnard Invitational Gala
146	1:10.23	L	F	Kaylie Groenewald	15	PHS	CCD	27/01/2024	Limpopo School Champs
147*	1:10.46	L	F	Hannah Schreuder	15	SAAW	CPT	18/11/2023	CTA QUALIFYING MEET 2
147*	1:10.46	L	P	Mia De Klerk	15	CSA	EZD	24/03/2024	SA Level 2 Regional Age Group Champs
149	1:10.54	L	F	Jemma Park	15	CRSC	JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
150	1:10.61	L	F	WanRu Zhou	15	BLMA	CPT	05/10/2023	42nd Freda Barnard Invitational Gala
151	1:10.68	L	F	Anneke Stassen	15	CASC	CPT	24/11/2023	CTA A & B CHAMPS 2023
152	1:10.72	L	F	Abigail Pieterse	15	HARV	NMA	17/02/2024	Eastern Cape School Trials 2024
153	1:10.80	L	F	Maya Ndegwa	15	ELEC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
154	1:10.93	L	F	Lara Verhoef	15	ASAC	CPT	24/11/2023	CTA A & B CHAMPS 2023
155*	1:10.94	L	F	Maria Dos Santos	15	MCS	BP	23/02/2024	NW School Championships 2024
155*	1:10.94	L	F	Mekayla Pretorius	15	HWSK	FBD	10/02/2024	AGE GROUP 6 KBY - 2024
157	1:10.97	L	P	Megan Van den Heever	15	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
158	1:11.00	L	F	Kuzingca Siramza	15	AQUA	BUF	24/11/2023	BCA Long Course Championships 2023
159	1:11.05	L	F	Anne Steyl	15	UPSC	ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
160	1:11.10	L	F	Judy Stevens	15	QUIC	CPT	10/02/2024	WCA-B Champs - 2024
161	1:11.14	L	P	Nina Melka	15	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
162	1:11.19	L	F	Ogalaletseng Khosana	15	TUKS	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
163	1:11.21	L	P	Kate-Lynn Kruger	15	DESA	NMA	21/03/2024	SA Level 3 Regional Age Group
164	1:11.22	L	P	Peta Mazery	15	WSTV	ETH	14/12/2023	KZNA 2023 Championships Incorporate SSA
165	1:11.24	L	F	Mila Petrak	15	ELEC	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
166	1:11.27	L	F	Storme Badenhorst	15	MANT	CPT	24/11/2023	CTA A & B CHAMPS 2023
167	1:11.28	L	F	Ilanze du Plessis	15	BLSS	MAN	06/12/2023	Free State Champs 2023
168	1:11.31	L	F	Leeya Amon	15	CASC	CPT	17/02/2024	Swartland Invitational Gala 2024
169	x1:11.31	L	F	Ivana Vyncke	15	DRGN	JHB	14/12/2023	KZNA 2023 Championships Incorporate SSA
170	1:11.32	L	F	Jenna White	15	HE	CCD	14/10/2023	Limpopo Top 8 - High Schools
171	1:11.34	L	F	Jocelyn Cromhout	15	HARL	BUF	24/11/2023	BCA Long Course Championships 2023
172	1:11.39	L	P	Janca Hattingh	15	CSA	EZD	01/12/2023	Mpumalanga Championships 2023
173	1:11.47	L	P	Ilze Hendriks	15	LEGC	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
174	1:11.51	L	F	Larissa Visagie	15	LALE	GED	10/02/2024	WCA-B Champs - 2024
175	1:11.52	L	F	Rienke Blignaut	15	BLSS	MAN	06/12/2023	Free State Champs 2023
176	1:11.59	L	P	Eva-Bella Bonomi	15	TRAZ	FSH	20/03/2024	SA Level 3 Regional Age Group
177	1:11.63	L	F	Milan Van Heerden	15	AZON	ETH	24/11/2023	Westville-Seals LC Championships
178	1:11.66	L	P	Alexandra Santos	15	PSCP	UMD	05/04/2024	SA Level 2 Regional Age Group Champs
179	1:11.72	L	F	Zoe Ann Kruger	15	KZNA	ETH	27/01/2024	Ushaka Champs 2024
180	1:11.87	L	F	Siobhan Evans	15	CA	EKU	24/11/2023	EGA Summer 4
181	1:11.88	L	F	Kaylin Bezuidenhoud	15	BLOT	MAN	06/12/2023	Free State Champs 2023
182	1:11.93	L	P	Hannah Naidoo	15	BEAV	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
183	1:11.94	L	F	Nicole Van Zyl	15	CA	EKU	26/01/2024	EGA Last Chance 2024
184	1:11.97	L	F	Gabriella Kirsten	15	QSAW	GED	17/02/2024	Swartland Invitational Gala 2024
185	1:12.03	L	P	Jessica Bosman	15	QUIC	CPT	21/03/2024	SA Level 3 Regional Age Group
186	1:12.04	L	F	Elrike du Plessis	15	HSB	BP	23/02/2024	NW School Championships 2024
187	1:12.06	L	F	Shyenne Laubscher	15	WELA	LLD	26/03/2024	SA Level 2 Regional Age Group Champs
188	1:12.07	L	F	Emily Tsai	15	BLMA	CPT	10/02/2024	WCA-B Champs - 2024
189	1:12.12	L	F	Nakita Snyman	15	FLOD	JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
190	1:12.31	L	F	Mia Johnson	15	AAS	JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
191	1:12.38	L	F	Leah Crozier	15	FAAC		03/02/2024	NCASA SPRINTS 2024
192	1:12.39	L	P	Izabella Alevras	15	AAS	JHB	30/11/2023	CGA Championships 2023
193	1:12.50	L	P	Katia Jacob	15	HASC	JHB	24/03/2024	SA Level 2 Regional Age Group Champs

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
194	1:12.62	L	F	Mariel van der Net	15	JAQ	EKU	26/01/2024	EGA Last Chance 2024
195	1:12.83	L	P	Jessica Sardinha	15	BAS	EKU	07/12/2023	EGA Summer Championships
196*	1:12.88	L	F	Maya McCollum	15	AQDO	CPT	10/02/2024	WCA-B Champs - 2024
196*	1:12.88	L	F	Caitlin Scheepers	15	VINE	CPT	10/02/2024	WCA-B Champs - 2024
198	1:12.92	L	F	Emma Barnard	15	EVO	CPT	10/02/2024	WCA-B Champs - 2024
199	1:12.95	L	F	Nina Van Tonder	15	LALE	CED	11/11/2023	Winelands SL4
200	1:13.05	L	F	Ingrid Van Loggerenberg	15	TUKS	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
201	1:13.08	L	F	Bianke Von Schlichting	15	PRA	GSD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
202	1:13.17	L	P	Sian Kleynhans	15	ROA	EDD	21/03/2024	SA Level 3 Regional Age Group
203	1:13.19	L	F	Megan Webster	15	RFA	FSH	16/02/2024	NTS February Open Age Group 2024
204	1:13.21	L	P	Paris Shiwundlana	15	AFIN	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
205	1:13.22	L	F	Ashley Seymour	15	WELA	LLD	06/12/2023	Free State Champs 2023
206	1:13.25	L	P	Esther Sauls	15	PGAC	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
207	1:13.38	L	F	Hannah Krummeck	15	HARV	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
208	1:13.52	L	P	Deoné Borstlap	15	POTC	KKD	24/03/2024	SA Level 2 Regional Age Group Champs
209	1:13.60	L	P	Zadie Van Wyk	15	TRAZ	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
210	1:13.65	L	F	Megan Nieman	15	PSC	FSH	17/11/2023	NTS Level 3+ November Age Group
211	1:13.73	L	F	Sandri Visser	15	PLAY	CED	05/10/2023	42nd Freda Barnard Invitational Gala
212	1:13.80	L	F	Tia Mari Theron	15	HSBV	SKD	27/01/2024	Limpopo School Champs
213	1:13.87	L	F	Lerize Du Toit	15	PHS	CCD	27/01/2024	Limpopo School Champs
214	1:13.93	L	F	Miela Smit	15	SHS	KK	03/02/2024	Buffalo City School Trials 2024
215*	1:14.35	L	F	Sinoah Pretorius	15	HPS	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
215*	1:14.35	L	F	Lore Elise Snyckers	15	AHMP	FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
217	1:14.46	L	F	Mia Crookham	15	TYGE	CPT	10/02/2024	WCA-B Champs - 2024
218	1:14.49	L	F	Esther Sullivan	15	WSTV	ETH	21/01/2024	EDA Age Group Gala 5 2024
219	1:14.64	L	F	Chanè Grobbelaar	15	SWAR	WCD	10/02/2024	WCA-B Champs - 2024
220	1:14.75	L	F	Celine Miles	15	BLUO	UGD	24/11/2023	Westville-Seals LC Championships
221	1:14.96	L	P	Chrystil Raymond	15	CSA	EZD	24/03/2024	SA Level 2 Regional Age Group Champs
222	1:15.01	L	F	Chloe Byrne	15	SEAL	UMD	27/01/2024	Ushaka Champs 2024
223	1:15.02	L	F	Amelie Brügers	15	VINE	CPT	10/02/2024	WCA-B Champs - 2024
224	1:15.17	L	F	Kayla Vosloo	15	BLOT	MAN	27/10/2023	Neptune Prestige Gala
225	1:15.21	L	P	Micke de Jager	15	PSA	ZLD	05/04/2024	SA Level 2 Regional Age Group Champs
226	1:15.25	L	F	Lungiswa Grootboom	15	SWAR	WCD	10/02/2024	WCA-B Champs - 2024
227	1:15.32	L	F	Sienna Wilensky	15	ASAC	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
228	1:15.52	L	F	Lelanie Buhr	15	SWAR	WCD	10/02/2024	WCA-B Champs - 2024
229	1:15.54	L	F	Stacey Fisher	15	TRAZ	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
230	1:15.66	L	F	Leanè Gouws	15	TUKS	FSH	02/02/2024	NTS Level 1+2 February Age Group
231	1:15.71	L	F	Charlotte Staines	15	DSG	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
232	1:15.79	L	F	Jessica Carver	15	ELEC	FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
233	1:15.89	L	F	Camryn Shaw	15	PAHS	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
234	1:15.99	L S	F	Kate Allwood	15	WCA	CPT	08/04/2024	SA National Aquatic Champ 2024-PE
235	1:16.16	L	F	Anmi Slabbert	15	PAQU	CED	05/10/2023	42nd Freda Barnard Invitational Gala
236	1:16.18	L	P	Sienna Lombard	15	HPS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
237*	1:16.23	L	F	Buhle Mahlalela	15	UNI	EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
237*	1:16.23	L	F	Ashleigh Davies	15	WELA	LLD	27/10/2023	Neptune Prestige Gala
239	1:16.25	L	F	Victoria-Ann Anthony	15	BON	EKU	24/11/2023	EGA Summer 4
240	1:16.29	L	F	Cala Welgemoed	15	VALS	FDD	26/03/2024	SA Level 2 Regional Age Group Champs
241	1:16.31	L	F	Lara Louw	15	BLNE	MAN	11/11/2023	Bull Sharks Gala
242	1:16.38	L	F	Elizabeth Opperman	15	KTS		03/02/2024	NCASA SPRINTS 2024
243	1:16.54	L	P	Micaela Mutooni	15	ELEC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
244	1:16.63	L	P	Esmarie Terblanche	15	LALE	CED	14/12/2023	Western Cape LC-A Championship 2023
245	1:16.68	L	F	Zante Young	15	BERG	BP	23/02/2024	NW School Championships 2024
246	1:16.80	L	F	Taylor Ririe	15	BLNE	MAN	15/09/2023	Bull Sharks Annual Gala
247	1:16.84	L S	F	Izolde Lombard	15	PSC	FSH	22/02/2024	18th Botswana Swimming Nationals
248	1:16.94	L	P	Richelle Rothmann	15	AQU	ADJ	05/04/2024	SA Level 2 Regional Age Group Champs
249	1:17.00	L	F	Nicole Norman	15	WATR	JHB	26/07/2023	Giochi Del Tricolore Swim
250	1:17.03	L	F	Hannah van der Veen	15	AQUA	BUF	24/11/2023	BCA Long Course Championships 2023
251*	1:17.06	L	F	Thandolwenkosi Mabaso	15	FRA	KCD	03/02/2024	KCDA February Age Group 2024
251*	1:17.06	L	F	Emma Thompson	15	PSC	FSH	02/02/2024	NTS Level 1+2 February Age Group

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
253	1:17.09	L	P	Kayla Welgemoed	15	VALS FDD	26/03/2024 SA Level 2 Regional Age Group Champs
254	1:17.11	L	F	Carli Dippenaar	15	ROA EDD	05/10/2023 42nd Freda Barnard Invitational Gala
255	1:17.21	L	F	Jessica Carrol	15	BLMA CPT	11/11/2023 Swartland Prestige Gala 2023
256	1:17.37	L	F	Zia Petersen	15	XSAQ CPT	21/01/2024 CTA BMEET 4
257	1:17.52	L	F	Gabriella Oaten	15	CYBE CPT	21/01/2024 CTA BMEET 4
258	1:18.05	L	F	Imaan Velloo	15	MANT CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
259	1:18.21	L	F	Anè Cloete	15	TYGE CPT	17/09/2023 CTA BMEET 3
260	1:18.22	L	P	Shannon Rautenbach	15	UNI EZD	24/03/2024 SA Level 2 Regional Age Group Champs
261	1:18.42	L	P	Sadie Jelley	15	RFA TSH	24/03/2024 SA Level 2 Regional Age Group Champs
262	1:18.44	L	F	Sayuri Moopanar	15	ACSA ETH	03/11/2023 EDA Age Group Gala 4 2023
263	1:18.58	L	F	Chelsea Snyman	15	SS MPD	01/12/2023 Limpopo Champs
264	1:18.68	L	F	Alea Du Toit	15	CYBE CPT	21/01/2024 CTA BMEET 4
265	1:18.78	L	F	Gaby Bishop	15	BETH FDD	06/12/2023 Free State Champs 2023
266	1:18.86	L	F	Alaynah Bhamjee	15	WATR JHB	26/07/2023 Giochi Del Tricolore Swim
267	1:19.00	L	F	Lumè Lategan	15	HBV MP	14/10/2023 Limpopo Top 8 - High Schools
268	1:19.01	L	F	Naseerah Vd Merwe	15	WEST CPT	05/10/2023 42nd Freda Barnard Invitational Gala
269	1:19.26	L	P	Brooklyn-Taylor Sunker	15	MAKO EKU	24/03/2024 SA Level 2 Regional Age Group Champs
270	1:19.56	L	F	Jacoline Crous	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
271	1:20.01	L	P	Gabriella Carminati	15	AFIN JHB	24/03/2024 SA Level 2 Regional Age Group Champs
272	1:20.34	L	F	Milla Douglas	15	AZON ETH	05/04/2024 SA Level 2 Regional Age Group Champs
273	1:21.06	L	F	Annika Potgieter	15	POTC KKD	21/10/2023 NWS Age Group 1 & 2 2023
274	1:21.15	L	F	Kiara Krauss	15	GREY CPT	24/11/2023 CTA A & B CHAMPS 2023
275	1:21.33	L	F	Shay-Leigh Pieters	15	HURA CPT	05/10/2023 42nd Freda Barnard Invitational Gala
276	1:21.44	L	F	Emma Jansen van Rensburg	15	QSAW CED	11/11/2023 Winelands SL4
277	1:21.46	L	F	Hannah Coert	15	MANT CPT	21/01/2024 CTA BMEET 4
278	1:21.61	L	F	Runakorwashe Makumbe	15	TUKS TSH	03/11/2023 NTA Level 1+2 November Age Group
279	1:21.67	L	F	Shaelyn Lawson	15	AQUA BUF	24/11/2023 BCA Long Course Championships 2023
280	1:22.11	L	F	Ebenette Van Niekerk	15	FISH EDD	05/10/2023 42nd Freda Barnard Invitational Gala
281	1:22.25	L	F	Selente Oosthuysen	15	HREF BP	06/12/2023 NWS Championships 2023/24
282	1:22.50	L	F	Lisa van der Westhuizen	15	PGIM KK	23/02/2024 NW School Championships 2024
283	1:22.63	L	F	Veera Khusal	15	BON EKU	24/11/2023 EGA Summer 4
284	1:23.53	L	F	Mignon Burger	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
285	1:24.00	L	F	Anchei Louw	15	HBV MP	14/10/2023 Limpopo Top 8 - High Schools
286	1:24.20	L	F	Entle Khumalo	15	SWIJ JHB	02/03/2024 AG Level 1 Regional Age Group
287	1:24.47	L	F	Riley Koegelenberg	15	LALE CED	17/02/2024 Swartland Invitational Gala 2024
288	1:24.64	L	F	Logan Francke	15	RBOT BPD	11/11/2023 NWS Age Group 3 + 4
289	1:25.31	L	F	Minette Els	15	BETH FDD	02/03/2024 FSA Level 1 2024
290	1:25.69	L	F	Helena Van Vuuren	15	KALA	27/10/2023 KALAHARI CLASSIC GALA 2023
291	1:25.79	L	P	Cleo May	15	MARL CPT	24/06/2023 PEA Winter Gala 2023
292	1:25.88	L	F	Dakota Wratten	15	DSG NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
293	1:26.55	L	F	Beané du Plessis	15	STEL RM	23/02/2024 NW School Championships 2024
294	1:27.00	L	F	Kayla Spagnoletti	15	SAAW CPT	18/11/2023 CTA QUALIFYING MEET 2
295	1:27.02	L	F	Carla Carolus	15	XSAQ CPT	17/09/2023 CTA BMEET 3
296	1:27.13	L	F	Gabrielle Kramer	15	VPHS NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
297	1:27.29	L	F	Chulumanco Nyukwana	15	MPS NGD	03/02/2024 Buffalo City School Trials 2024
298	1:27.63	L	F	Jessimie Van der Sandt	15	LALE CED	17/02/2024 Swartland Invitational Gala 2024
299	1:27.74	L	F	Zainah Akhalwaya	15	OLDE JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
300	1:27.84	L	F	Khwezi Khaba	15	UMSH ETH	21/01/2024 EDA Age Group Gala 5 2024
301	1:28.01	L	F	Anne Bray	15	UPC EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
302	1:28.03	L	F	Amy Klink	15	JAQ EKU	02/03/2024 AG Level 1 Regional Age Group
303	1:28.77	L	F	Bathiyana Zondo	15	BARR CPT	17/09/2023 CTA BMEET 3
304	1:29.16	L	F	Zine Ferns	15	PHS CCD	14/10/2023 Limpopo Top 8 - High Schools
305	1:29.33	L	P	Kholofelo Seabi	15	SWIFT EKU	24/03/2024 SA Level 2 Regional Age Group Champs
306	1:29.38	L	F	Karabo Malinga	15	USHAK EKU	02/03/2024 AG Level 1 Regional Age Group
307	1:30.60	L	F	Abigail Cullen	15	WELA LLD	27/10/2023 Neptune Prestige Gala
308	1:32.19	L	F	Zoe Pelsler	15	CAMB BUF	03/02/2024 Buffalo City School Trials 2024
309	1:32.99	L	F	Lyrece Louw	15	SUPE JHB	02/03/2024 AG Level 1 Regional Age Group
310	1:33.97	L	F	Annica Brand	15	CLSC WCD	17/02/2024 Swartland Invitational Gala 2024
311	1:34.12	L	F	Ammaarah Davids	15	XSAQ CPT	17/09/2023 CTA BMEET 3

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
312	1:34.34 L	F	Isabella Ress	15	CYBE CPT	17/02/2024	Swartland Invitational Gala 2024
313	1:35.32 L	F	Kaelo Makhatho	15	ESP EKU	26/01/2024	EGA Last Chance 2024
314	1:36.96 L	F	Mia Coertzen	15	PGH KK	23/02/2024	NW School Championships 2024
315	1:37.00 L	F	Kirsten Campbell	15	WALM CPT	17/09/2023	CTA BMEET 3
316	1:37.08 L	F	Lwazi Mqeke	15	WELA LLD	02/03/2024	FSA Level 1 2024
317	1:39.23 L	F	Zoë Pierce	15	ESTR EKU	28/10/2023	EGA Summer 2 2023
318	1:39.47 L	F	Lesedi Kgarimetsa	15	SWIM1 JHB	02/03/2024	AG Level 1 Regional Age Group
319	1:39.78 L	F	Thea Vermaak	15	WELA LLD	02/03/2024	FSA Level 1 2024
320	1:40.29 L	F	Lesedi-Lere Themba	15	ESP EKU	28/10/2023	EGA Summer 2 2023
321	1:40.58 L	F	Xoey Williams	15	UWCA CPT	17/09/2023	CTA BMEET 3
322	1:40.75 L	F	Jada Grill	15	HURA CPT	11/11/2023	Swartland Prestige Gala 2023
323	1:41.71 L	F	Naseerah Du Toit	15	UWCA CPT	10/02/2024	WCA-B Champs - 2024
324	1:43.59 L	F	Bontle Makhalanyane	15	WELA LLD	02/03/2024	FSA Level 1 2024
325	1:44.02 L	F	Tazlyn Davids	15	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
326	1:46.66 L	F	Safiya Ismail	15	MANT CPT	21/01/2024	CTA BMEET 4
327	1:47.15 L	F	Simone Bronkhorst	15	PHS CCD	27/01/2024	Limpopo School Champs
328	1:48.56 L	P	Michelle Seerane	15	RBOT BPD	06/12/2023	NWS Championships 2023/24
329	1:50.76 L	F	Esethu Mabula	15	SRAY BUF	24/11/2023	BCA Long Course Championships 2023
330	1:51.26 L	F	Ayanda Luthuli	15	USH KCD	18/11/2023	KCDA November Age Group Gala 2023
331	2:03.88 L	F	Letlotlo Kgositlou	15	MATL KKD	11/11/2023	NWS Age Group 3 + 4
<b>Women 15-15 200 Free</b>							
1	2:07.65 L	F	Jaime Mote	15	INFA NMA	15/03/2024	SA National Junior Age Group
2	2:09.02 L	F	Lara Gouws	15	TUKS FSH	15/03/2024	SA National Junior Age Group
3	2:09.56 L	F	Emily Palmer	15	USC BUF	15/03/2024	SA National Junior Age Group
4	2:09.66 L	F	Scarlett Le Roux	15	CA EKU	23/02/2024	2024 Grand Prix 2 Invitational Meet -
5	2:11.32 L	F	Karla Myburgh	15	TUKS FSH	15/03/2024	SA National Junior Age Group
6	2:13.40 L	F	Rachel Hinckley	15	CA EKU	15/03/2024	SA National Junior Age Group
7	2:13.46 L	F	Grace Powell	15	CSC FSH	15/03/2024	SA National Junior Age Group
8	2:13.54 L	P	Gizelle Maritz	15	WATR JHB	15/03/2024	SA National Junior Age Group
9	2:13.59 L	P	Leila Yazbek	15	BLNE MAN	15/03/2024	SA National Junior Age Group
10	2:14.18 L	P	Jana Vorster	15	TUKS FSH	15/03/2024	SA National Junior Age Group
11	2:15.21 L	P	Ashley Scholtz	15	CA EKU	15/03/2024	SA National Junior Age Group
12	2:16.03 L	F	Annebel Stewart	15	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
13	2:16.17 L	P	Jesse-Leah Laderach	15	PEAS NMA	15/03/2024	SA National Junior Age Group
14	2:16.19 L	P	Gemma Goncalves	15	SEAL UMD	15/03/2024	SA National Junior Age Group
15	2:16.99 L	P	Chloe Olivier	15	AGA EKU	08/04/2024	SA National Aquatic Champ 2024-PE
16	2:17.94 L	F	Savannah Mostert	15	TUKS FSH	12/12/2023	NTS Championships 2023
17	2:18.08 L	F	Kayla Gous	15	USC BUF	24/06/2023	PEA Winter Gala 2023
18	2:18.23 L	F	Madisynn Elliott	15	AA JHB	30/11/2023	CGA Championships 2023
19	2:18.31 L	P	Zandri Knoetze	15	INFA NMA	15/03/2024	SA National Junior Age Group
20	2:18.54 L	F	Kailey Joubert	15	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
21	2:18.63 L	P	Hannah Sandilands	15	MDOL JHB	15/03/2024	SA National Junior Age Group
22	2:18.80 L	P	Kate-Lynn de Jager	15	BLOT MAN	14/12/2023	Western Cape LC-A Championship 2023
23	2:19.36 L	F	Kendra Begley	15	INFA NMA	12/08/2023	Madibaz Swim Meet 2023
24	2:19.63 L	P	Corli Liversage	15	BLSS MAN	15/03/2024	SA National Junior Age Group
25	2:19.75 L	F	Robyn Barbour	15	ESP EKU	20/03/2024	SA Level 3 Regional Age Group
26	2:20.00 L	F	Elne Reynolds	15	INFA NMA	15/12/2023	NMBA Championships 2023
27	2:20.12 L	F	Emily Liebenberg	15	SWAR WCD	21/03/2024	SA Level 3 Regional Age Group
28	2:20.16 L	F	Danielle Cronjé	15	LALE CED	03/02/2024	Winelands SL final
29	2:20.19 L	P	Ella Eldar	15	TUKS FSH	15/03/2024	SA National Junior Age Group
30	2:20.23 L	P	Tyra Penn	15	WATR JHB	15/03/2024	SA National Junior Age Group
31	2:20.33 L	P	Hannah Burke	15	SFSC CPT	15/03/2024	SA National Junior Age Group
32	2:20.42 L	F	Jana Swiegers	15	TUKS FSH	17/11/2023	NTS Level 3+ November Age Group
33	2:21.09 L	P	René Kotzé	15	POTC KKD	15/03/2024	SA National Junior Age Group
34	2:21.19 L	F	Mareze Frylinck	15	BLSS MAN	06/12/2023	Free State Champs 2023
35	2:21.22 L	F	Maria Steyn	15	BLSS MAN	06/12/2023	Free State Champs 2023
36	2:21.25 L	F	Mikayla Lombard	15	TUKS FSH	01/07/2023	Rossini Swim Cup
37	2:21.40 L	P	Leah Scott	15	BLUO UGD	15/03/2024	SA National Junior Age Group
38	2:21.43 L	F	Kiara Banks	15	TUKS FSH	23/02/2024	NTS Prestige AG February 2024

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
39	2:21.86	L	P	Kelly Stork	15	BAS EKU	15/03/2024 SA National Junior Age Group
40	2:21.96	L	P	Chelsea Main	15	PEAS NMA	24/05/2023 Winter National Championships'23
41	2:22.44	L	P	Tanatswa Chandiwana	15	MDOL JHB	15/03/2024 SA National Junior Age Group
42	2:22.59	L	F	Araya de Waal	15	PGAC EKU	20/03/2024 SA Level 3 Regional Age Group
43	2:22.80	L	F	Ruth Dredge	15	PAC TSH	22/09/2023 NTS Level 3+ September Age Group
44	2:23.08	L	P	Kayleigh Hahn	15	ROA EDD	15/03/2024 SA National Junior Age Group
45	2:23.28	L	P	Madison du Plessis	15	BLOT MAN	15/03/2024 SA National Junior Age Group
46	2:23.35	L	P	Amy Combrink	15	VINE CPT	14/12/2023 Western Cape LC-A Championship 2023
47	2:23.81	L	F	Danielle Harbron	15	BLOT MAN	21/03/2024 SA Level 3 Regional Age Group
48	2:23.92	L	P	Amy-Lee Jones	15	CA EKU	20/03/2024 SA Level 3 Regional Age Group
49*	2:23.99	L	F	Daniëlla Müller	15	TUKS TSH	12/12/2023 NTS Championships 2023
49*	2:23.99	L	F	Gabriella Van Den Berg	15	ELEC TSH	20/10/2023 NTS Level 3+ October Age Group 2023
51	2:24.15	L	P	Shanna-Leigh Zeelie	15	BLMA CPT	15/03/2024 SA National Junior Age Group
52	2:24.37	L	F	Marlene Ward	15	TUKS TSH	16/02/2024 NTS February Open Age Group 2024
53	2:24.39	L	P	Mieke Vd Wal	15	CASC CPT	14/12/2023 Western Cape LC-A Championship 2023
54	2:24.45	L S	F	Anastasia Sequeira	15	CA EKU	07/12/2023 EGA Summer Championships
55	2:24.62	L	F	Keira Holland	15	CRSC JHB	20/03/2024 SA Level 3 Regional Age Group
56	2:24.90	L	P	Tafadzwa Chandiwana	15	MDOL JHB	15/03/2024 SA National Junior Age Group
57	2:25.05	L	F	Mia Wellsted	15	HASC JHB	20/03/2024 SA Level 3 Regional Age Group
58	2:25.13	L	P	Abigail Roberts	15	TUKS TSH	15/03/2024 SA National Junior Age Group
59	2:25.34	L	F	Donne Bruyns	15	CSA EZD	29/09/2023 MP AGE GROUP 1 29.09.2023 -
60	2:25.43	L	F	Mila Vd Linde	15	TUKS TSH	22/09/2023 NTS Level 3+ September Age Group
61	2:25.49	L	F	Erin Joubert	15	KLOO ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
62	2:25.51	L	F	Jaime Roome	15	TUKS TSH	22/09/2023 NTS Level 3+ September Age Group
63	2:25.68	L	F	Kathleen Welsh	15	MSC NGD	01/12/2023 Mpumalanga Championships 2023
64	2:25.76	L	P	Jemma Pearse	15	VINE CPT	15/03/2024 SA National Junior Age Group
65	2:25.96	L	P	Juliette van Vught	15	SASE JHB	15/03/2024 SA National Junior Age Group
66	2:26.01	L	F	Jaime Maritz	15	CSA EZD	29/09/2023 MP AGE GROUP 1 29.09.2023 -
67	2:26.69	L	F	Amy Brown	15	SEALE ETH	24/11/2023 Westville-Seals LC Championships
68	2:26.90	L	F	Karmen Van Rensburg	15	UNI EZD	13/10/2023 MP AGE GROUP 2
69	x2:27.00	L	F	Emma Neethling	15	FISH EDD	10/02/2024 WCA-B Champs - 2024
70	2:27.81	L	F	Wilmiën Verbeek	15	CASC CPT	24/06/2023 PEA Winter Gala 2023
71	2:27.83	L	P	Jade O'Connor	15	TUKS TSH	12/12/2023 NTS Championships 2023
72	2:28.04	L	F	Natania Komakech	15	ELEC TSH	12/01/2024 2024 Grand Prix Invitation Swimming
73	2:28.15	L	F	Lily Ogden	15	PEAS NMA	24/06/2023 PEA Winter Gala 2023
74	2:28.33	L	P	Gabriella Otto	15	HASC JHB	30/11/2023 CGA Championships 2023
75	2:28.43	L	P	Mia Gerber	15	LALE CED	15/03/2024 SA National Junior Age Group
76	2:28.52	L	F	Caitlyn Dube	15	MDOL JHB	12/01/2024 2024 Grand Prix Invitation Swimming
77	2:28.84	L	P	Amy O'Connor	15	CRSC JHB	30/11/2023 CGA Championships 2023
78	2:29.08	L	P	Lily Durant	15	WATR JHB	30/11/2023 CGA Championships 2023
79	2:29.38	L	F	Simone Cussons	15	UNI EZD	01/12/2023 Mpumalanga Championships 2023
80	2:29.68	L	F	Michaela Nell	15	AAS JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
81	2:29.95	L	P	Yvonne Pretorius	15	MSC NGD	20/03/2024 SA Level 3 Regional Age Group
82	2:29.98	L	F	Paige Edmundson	15	SASE JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
83	2:30.00	L	P	Emma Rossouw	15	TYGE CPT	14/12/2023 Western Cape LC-A Championship 2023
84	2:30.46	L	F	Rii Spoelstra	15	TUKS TSH	17/11/2023 NTS Level 3+ November Age Group
85	2:30.67	L	F	Leeya Amon	15	CASC CPT	24/06/2023 PEA Winter Gala 2023
86	2:30.89	L	F	Mikayla Smit	15	AA JHB	20/03/2024 SA Level 3 Regional Age Group
87	2:31.02	L	F	Amy Gerber	15	SEAL UMD	05/04/2024 SA Level 2 Regional Age Group Champs
88	2:31.48	L	P	Kayla Verbaan	15	KLOO ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
89	2:31.52	L	F	Keera De Esclana	15	VRC TSH	01/12/2023 2023 The Tshwane Mayor's Gala
90	2:31.54	L	F	Kemantha Ayair	15	BEAV ETH	24/11/2023 Westville-Seals LC Championships
91	2:31.66	L	F	Carine Röntgen	15	ASAW CED	03/02/2024 Winelands SL final
92	2:31.76	L	F	Lumka Ntaka	15	UMSH ETH	05/04/2024 SA Level 2 Regional Age Group Champs
93	2:31.78	L	P	Hannah Schreuder	15	SAAW CPT	14/12/2023 Western Cape LC-A Championship 2023
94	2:31.87	L	P	Catherine O'Grady	15	MSC NGD	20/03/2024 SA Level 3 Regional Age Group
95	2:31.96	L	F	Tayla Dowie	15	QUES JHB	14/10/2023 CGA Level 2 + Gala Oct 2023
96*	2:32.06	L	P	Jordan Wessels	15	ASA ILD	14/12/2023 KZNA 2023 Championships Incorp SSA
96*	2:32.06	L	F	Sunny Huang	15	CA EKU	11/11/2023 EGA Summer 3

## Individual Top Times

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**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
98	2:32.16	L	F	Emily Macqueen	15	SEALE	ETH	03/11/2023	EDA Age Group Gala 4 2023
99*	2:32.35	L	P	Jessica Smith	15	ASA	ILD	14/12/2023	KZNA 2023 Championships Incorp SSA
99*	2:32.35	L	F	Chrisley Barnard	15	BS	LLD	06/12/2023	Free State Champs 2023
101	2:32.49	L	F	Johané Jv Rensburg	15	TUKS	TSH	22/09/2023	NTS Level 3+ September Age Group
102	2:32.73	L S	F	Mia Vd Merwe	15	GSA	CPT	24/11/2023	CTA A & B CHAMPS 2023
103	2:32.76	L	P	Milri-Ann Summerton	15	NWUC	KKD	20/03/2024	SA Level 3 Regional Age Group
104	2:33.33	L	P	Mea Harding	15	BAS	EKU	20/03/2024	SA Level 3 Regional Age Group
105	2:33.39	L	F	Kayla Vosloo	15	BLOT	MAN	06/12/2023	Free State Champs 2023
106	2:33.56	L	F	Megan Neizel	15	PSCP	UMD	24/11/2023	Westville-Seals LC Championships
107*	2:33.72	L S	F	Jenna Coetzee	15	INFA	NMA	26/01/2024	6th A League Gala 2024
107*	2:33.72	L S	F	Antonella Del Fabbro	15	TUKS	TSH	24/03/2024	SA Level 2 Regional Age Group Champs
109	2:33.85	L S	F	Nakita Snyman	15	FLOD	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
110	2:33.89	L	F	Miela Smit	15	AQUA	BUF	21/03/2024	SA Level 3 Regional Age Group
111	2:33.95	L	P	Zianè Jantzen	15	QUIC	CPT	14/12/2023	Western Cape LC-A Championship 2023
112	2:34.13	L S	P	Megan Augustyn	15	ONYX	EKU	07/12/2023	EGA Summer Championships
113	2:34.22	L	F	Christi Serfontein	15	QUIC	CPT	10/02/2024	WCA-B Champs - 2024
114	2:34.38	L	F	Kuzingca Siramza	15	AQUA	BUF	17/02/2024	Eastern Cape School Trials 2024
115	2:34.51	L	P	Sian Kleynhans	15	ROA	EDD	21/03/2024	SA Level 3 Regional Age Group
116	2:34.58	L	F	Anne Marais	15	TKS	WBD	01/12/2023	Limpopo Champs
117	2:34.60	L	P	Jaimee Marais	15	ELRAS	WBD	20/03/2024	SA Level 3 Regional Age Group
118	2:34.70	L	P	Tshenolo Ntsie	15	TUKS	TSH	12/12/2023	NTS Championships 2023
119	2:34.78	L	P	Katey Nel	15	SOUL	EKU	20/03/2024	SA Level 3 Regional Age Group
120	2:34.83	L	F	Elizabeth Victor	15	UNI	EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
121	2:35.02	L S	P	Jessica Sardinha	15	BAS	EKU	07/12/2023	EGA Summer Championships
122	2:35.12	L	F	Mari Wium	15	QSAW	CED	20/01/2024	CTA A MEET 4
123	2:35.15	L	F	Jocelyn Cromhout	15	HARL	BUF	24/11/2023	BCA Long Course Championships 2023
124	2:35.33	L	F	Janca Hattingh	15	CSA	EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
125	2:35.34	L	F	Jessica Bosman	15	QUIC	CPT	10/02/2024	WCA-B Champs - 2024
126	2:35.36	L	F	Maria Dos Santos	15	MCS	BP	23/02/2024	NW School Championships 2024
127	2:35.79	L	F	Esti Mouton	15	SWAR	WCD	10/02/2024	WCA-B Champs - 2024
128	2:35.82	L	F	Skyla Perumal	15	TRAZ	TSH	16/02/2024	NTS February Open Age Group 2024
129	2:35.84	L	P	Catherine Desilla	15	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
130	2:35.89	L	F	Katia Jacob	15	HASC	JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
131	2:35.92	L	F	Naledi Thobeha	15	RSA		03/05/2023	CANA Zone IV SwimmingChampions
132	2:35.95	L	F	Summer Ascieti	15	CYBE	CPT	21/01/2024	CTA BMEET 4
133	2:36.11	L	F	Kelci Leech	15	BLSS	MAN	16/02/2024	Neptunes Last chance Gala
134	2:36.17	L	F	Kaylie Groenewald	15	ACAQ	CCD	01/12/2023	Limpopo Champs
135	2:36.28	L	F	Chloe Petersen	15	TUKS	TSH	01/12/2023	2023 The Tshwane Mayor's Gala
136	2:36.57	L	F	Lara Verhoef	15	ASAC	CPT	10/02/2024	WCA-B Champs - 2024
137	2:36.66	L	F	Milan Van Heerden	15	AZON	ETH	24/11/2023	Westville-Seals LC Championships
138	2:36.81	L S	F	Nina Melka	15	TUKS	TSH	24/03/2024	SA Level 2 Regional Age Group Champs
139	2:36.94	L	F	Ilanze du Plessis	15	BLSS	MAN	06/12/2023	Free State Champs 2023
140	2:37.05	L	F	Leah Crozier	15	FAAC		07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
141	2:37.06	L	P	Jemma Park	15	CRSC	JHB	20/03/2024	SA Level 3 Regional Age Group
142	2:37.17	L	F	Anne Steyl	15	UPSK	ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
143	2:37.21	L	P	Keira Taylor	15	TUKS	TSH	20/03/2024	SA Level 3 Regional Age Group
144	2:37.32	L	F	Chanel Veldsman	15	PSCP	UMD	03/11/2023	EDA Age Group Gala 4 2023
145	2:37.42	L	F	Anè Kemp	15	SWAR	WCD	17/02/2024	Swartland Invitational Gala 2024
146	2:37.62	L	F	Gianna Collard	15	TUKS	TSH	22/09/2023	NTS Level 3+ September Age Group
147	2:37.70	L S	F	Deoné Borstlap	15	POTC	KKD	24/03/2024	SA Level 2 Regional Age Group Champs
148	2:37.90	L	P	Izabella Alevras	15	SMTC	JHB	20/03/2024	SA Level 3 Regional Age Group
149	2:38.03	L	F	Anneke Stassen	15	CASC	CPT	10/02/2024	WCA-B Champs - 2024
150	2:38.09	L S	F	WanRu Zhou	15	BLMA	CPT	05/10/2023	42nd Freda Barnard Invitational Gala
151	2:38.13	L	F	Simonè Schonken	15	TASC	MPD	01/12/2023	Limpopo Champs
152	2:38.25	L	F	Ingrid Van Loggerenberg	15	TUKS	TSH	01/12/2023	2023 The Tshwane Mayor's Gala
153	2:38.32	L	F	Lara Smith	15	TYGE	CPT	17/02/2024	Swartland Invitational Gala 2024
154	2:38.53	L	F	Mekayla Pretorius	15	HWSK	FBD	26/03/2024	SA Level 2 Regional Age Group Champs
155	2:38.58	L	F	Vera Chen	15	BLSS	MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
156	2:38.86	L	F	Caitlin Scheepers	15	VINE	CPT	21/01/2024	CTA BMEET 4

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
157	2:39.09	L	F	Rienke Bignaut	15	BLSS MAN	06/12/2023	Free State Champs 2023
158	2:39.28	L	F	Rebecca White	15	SSISA CPT	17/02/2024	Swartland Invitational Gala 2024
159	2:39.33	L	F	Hannah Naidoo	15	BEAV ETH	27/01/2024	Ushaka Champs 2024
160	2:39.35	L	F	Emily Tsai	15	BLMA CPT	10/02/2024	WCA-B Champs - 2024
161*	2:39.60	L	F	Bea Van der Merwe	15	RFA TSH	01/12/2023	2023 The Tshwane Mayor's Gala
161*	2:39.60	L	F	Ogalaletseng Khosana	15	TUKS TSH	16/02/2024	NTS February Open Age Group 2024
163	2:39.66	L	F	Maya McCollum	15	AQDO CPT	10/02/2024	WCA-B Champs - 2024
164	2:39.73	L	F	Shyenne Laubscher	15	WELA LLD	26/03/2024	SA Level 2 Regional Age Group Champs
165	2:39.95	L	F	Georgia Alston	15	SASE JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
166	2:40.25	L	F	Ayalakha Mokoena	15	INFA NMA	21/10/2023	4th A League Gala 2023
167	2:40.45	L	F	Mia De Klerk	15	CSA EZD	13/10/2023	MP AGE GROUP 2
168	2:40.57	L	F	Mieke Vd Walt	15	FISH EDD	21/10/2023	EDEN 2nd A-League Gala 2023
169	2:40.62	L	P	Judy Stevens	15	QUIC CPT	21/03/2024	SA Level 3 Regional Age Group
170	2:41.09	L	F	Mila Petrak	15	ELEC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
171	2:41.30	L S	F	Maya Ndegwa	15	ELEC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
172	2:41.50	L	F	Jessica Carver	15	ELEC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
173	2:41.54	L	F	Nicole Van Zyl	15	CA EKU	11/11/2023	EGA Summer 3
174	2:41.69	L	F	Storme Badenhorst	15	MARL CPT	24/06/2023	PEA Winter Gala 2023
175	2:41.91	L	F	Amelie Van der Merwe	15	RFA TSH	01/12/2023	2023 The Tshwane Mayor's Gala
176	2:42.06	L	F	Nicola Olivier	15	MCS BP	23/02/2024	NW School Championships 2024
177	2:42.11	L	F	Emma Lategan	15	CASC CPT	20/01/2024	CTA A MEET 4
178*	2:42.12	L	F	Chanè Grobbelaar	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
178*	2:42.12	L S	F	Mariel van der Net	15	JAQ EKU	24/03/2024	SA Level 2 Regional Age Group Champs
180	2:42.29	L	F	Chrystil Raymond	15	CSA EZD	13/10/2023	MP AGE GROUP 2
181	2:42.32	L	F	Lerize Du Toit	15	ACAO CCD	01/12/2023	Limpopo Champs
182	2:42.48	L	F	Ava-Loren Van Galen	15	STAO CED	03/02/2024	Winelands SL final
183	2:42.60	L	F	Megan Van den Heever	15	UNI EZD	13/10/2023	MP AGE GROUP 2
184	2:42.63	L	F	Makula Kyabayinze	15	TUKS TSH	22/09/2023	NTS Level 3+ September Age Group
185	2:42.72	L S	F	Esther Sauls	15	PGAC EKU	24/03/2024	SA Level 2 Regional Age Group Champs
186	2:42.80	L	F	Larissa Visagie	15	LALE CED	03/02/2024	Winelands SL final
187	2:42.85	L	F	Leané Gouws	15	TUKS TSH	02/02/2024	NTS Level 1+2 February Age Group
188	2:42.98	L	F	Emily Shand	15	BLUO UGD	24/11/2023	Westville-Seals LC Championships
189	2:43.23	L	F	Chloe Pieterse	15	QSAW CED	03/02/2024	Winelands SL final
190	2:43.97	L	F	Lienke Van OS	15	BLSS MAN	27/01/2024	Pelicans Gala 2024
191	2:44.42	L	F	Mia Crookham	15	TYGE CPT	10/02/2024	WCA-B Champs - 2024
192	2:44.47	L S	F	Zadie Van Wyk	15	TRAZ TSH	24/03/2024	SA Level 2 Regional Age Group Champs
193	2:44.54	L S	P	Siobhan Evans	15	CA EKU	07/12/2023	EGA Summer Championships
194	2:45.02	L	F	Ianthy Moolman	15	MSC NGD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
195	2:45.13	L	F	Mia Johnson	15	AAS JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
196	2:45.47	L	F	Lara Louw	15	BLNE MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
197	2:45.55	L	F	Cait Da Cunha	15	BON EKU	15/09/2023	EGA Summer 1
198	2:45.64	L	P	Ilze Hendriks	15	LEGC ETH	05/04/2024	SA Level 2 Regional Age Group Champs
199	2:45.93	L S	F	Lara Wink	15	VINE CPT	24/11/2023	CTA A & B CHAMPS 2023
200	2:45.96	L	F	Emma Davies	15	BAS EKU	15/09/2023	EGA Summer 1
201	2:46.18	L	F	Ashley Seymour	15	WELA LLD	06/12/2023	Free State Champs 2023
202	2:46.77	L	F	Caitlin Govender	15	SGUL ETH	05/04/2024	SA Level 2 Regional Age Group Champs
203	2:46.91	L	F	Zia Petersen	15	XSAQ CPT	17/09/2023	CTA BMEET 3
204	2:47.20	L S	F	Chloe Jewell	15	PEAS NMA	26/01/2024	6th A League Gala 2024
205	2:47.21	L	F	Bianke Von Schlichting	15	PRA GSD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
206	2:47.75	L	F	Kate-Lynn Kruger	15	DESA NMA	23/09/2023	3rd A League Gala 2023
207	2:48.03	L	F	Izolde Lombard	15	ASAC CPT	03/02/2024	Winelands SL final
208	2:48.35	L	F	Lungiswa Grootboom	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
209	2:48.47	L	F	Jessica Carrol	15	BLMA CPT	11/11/2023	Swartland Prestige Gala 2023
210	2:48.65	L S	F	Hannah Coert	15	MANT CPT	05/10/2023	42nd Freda Barnard Invitational Gala
211*	2:48.71	L	F	Stacey Fisher	15	TRAZ TSH	01/12/2023	2023 The Tshwane Mayor's Gala
211*	2:48.71	L	F	Gabriella Oaten	15	CYBE CPT	21/01/2024	CTA BMEET 4
213	2:48.90	L	F	Taylor Ririe	15	BLNE MAN	27/10/2023	Neptune Prestige Gala
214	2:49.29	L	F	Richelle Rothmann	15	KZNA ETH	27/01/2024	Ushaka Champs 2024
215	2:49.53	L S	F	Kate Allwood	15	ASAC CPT	14/12/2023	Western Cape LC-A Championship 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
216	2:49.79	L	F	Amelie Brügers	15	VINE CPT	18/11/2023 CTA QUALIFYING MEET 2
217	2:50.00	L	F	Jacoline Crous	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
218	2:50.06	L	F	Sinoah Pretorius	15	HPS TSH	01/12/2023 2023 The Tshwane Mayor's Gala
219	2:50.41	L	F	Megan Nieman	15	PSC TSH	17/11/2023 NTS Level 3+ November Age Group
220	2:50.42	L	F	Liza Schoeman	15	RHS BP	23/02/2024 NW School Championships 2024
221	2:50.71	L	F	Nina Van Tonder	15	LALE CED	10/02/2024 WCA-B Champs - 2024
222	2:50.80	L	F	Lore Elise Snyckers	15	AHMP TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
223	2:50.94	L	F	Reese Edwards	15	SSISA CPT	18/11/2023 CTA QUALIFYING MEET 2
224	2:51.02	L	F	Megan Webster	15	RFA TSH	22/09/2023 NTS Level 3+ September Age Group
225	2:51.24	L	F	Nicole Norman	15	RPAC ECU	26/01/2024 EGA Last Chance 2024
226	2:51.39	L	F	Micaela Mutooni	15	ELEC TSH	01/12/2023 2023 The Tshwane Mayor's Gala
227*	2:51.71	L	F	Hannah van der Veen	15	AQUA BUF	17/02/2024 Eastern Cape School Trials 2024
227*	2:51.71	L	F	Celine Miles	15	BLUO UGD	24/11/2023 Westville-Seals LC Championships
229	2:51.79	L	F	Shannon Rautenbach	15	UNI EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
230	2:52.48	L	P	Ivana Vyncke	15	DRGN ECU	30/11/2023 CGA Championships 2023
231	2:52.87	L	F	Mignon Burger	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
232	2:53.32	L	F	Emma Thompson	15	PSC TSH	01/12/2023 2023 The Tshwane Mayor's Gala
233	2:53.50	L	F	Kaylin Bezuidenhoud	15	BLOT MAN	21/10/2023 Otters Prestige Gala 2023
234	2:53.66	L	F	Milla Douglas	15	AZON ETH	05/04/2024 SA Level 2 Regional Age Group Champs
235	2:53.84	L	F	Alea Du Toit	15	CYBE CPT	21/01/2024 CTA BMEET 4
236	2:53.85	L S	F	Sandri Visser	15	PLAY CED	05/10/2023 42nd Freda Barnard Invitational Gala
237	2:54.96	L	F	Gaby Bishop	15	BETH FDD	06/12/2023 Free State Champs 2023
238	2:55.00	L	F	Ashleigh Davies	15	WELA LLD	27/10/2023 Neptune Prestige Gala
239	2:55.21	L S	F	Sadie Jelley	15	RFA TSH	24/03/2024 SA Level 2 Regional Age Group Champs
240	2:55.56	L	F	Esmarie Terblanche	15	LALE CED	18/11/2023 CTA QUALIFYING MEET 2
241	2:55.63	L	F	Thandolwenkosi Mabaso	15	FRA KCD	13/01/2024 KCDA January Age Group Gala 2024
242	2:57.53	L	F	Gabriella Kirsten	15	QSAW CED	17/02/2024 Swartland Invitational Gala 2024
243	2:58.13	L	F	Jenna White	15	ELRAS WBD	11/11/2023 Limpopo Age Group 5
244	2:58.48	L	F	Anmi Slabbert	15	PAQU CED	10/02/2024 WCA-B Champs - 2024
245	2:58.52	L	F	Naseerah Vd Merwe	15	WEST CPT	17/02/2024 Swartland Invitational Gala 2024
246	2:58.76	L	F	Georgia Knight	15	WATR JHB	20/01/2024 CGA Level 2+ Gala 20 Jan 2024
247	2:59.22	L	F	Buhle Mahlalela	15	UNI EZD	29/09/2023 MP AGE GROUP 1 29.09.2023 -
248	3:00.71	L	F	Lisa van der Westhuizen	15	PGIM KK	23/02/2024 NW School Championships 2024
249	3:02.15	L	F	Riley Koegelenberg	15	LALE CED	17/02/2024 Swartland Invitational Gala 2024
250	3:02.48	L S	F	Imaan Velloo	15	MANT CPT	05/10/2023 42nd Freda Barnard Invitational Gala
251	3:03.61	L	F	Paris Shiwundlana	15	AFIN JHB	14/10/2023 CGA Level 2 + Gala Oct 2023
252	3:03.63	L	F	Selente Oosthuysen	15	HREF BP	21/10/2023 NWS Age Group 1 & 2 2023
253	3:04.21	L	F	Angelina Valle	15	AQDO CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
254	3:04.54	L	F	Micke de Jager	15	PSA ZLD	27/01/2024 Ushaka Champs 2024
255	3:04.62	L	F	Carli Dippenaar	15	ROA EDD	21/10/2023 EDEN 2nd A-League Gala 2023
256	3:04.68	L	F	Sienna Lombard	15	HPS TSH	19/01/2024 NTS Level 1+2 January Age Group 2024
257	3:04.90	L	F	Chelsea Snyman	15	SS MPD	01/12/2023 Limpopo Champs
258	3:04.97	L	F	Kiara Krauss	15	GREY CPT	11/11/2023 Winelands SL4
259	3:05.23	L	F	Helena Van Vuuren	15	KALA	20/01/2024 AGE GROUP 5 KATHU 2024
260	3:05.32	L	F	Shaelyn Lawson	15	AQUA BUF	24/11/2023 BCA Long Course Championships 2023
261	3:05.42	L	P	Alaynah Bhamjee	15	ATLA JHB	30/11/2023 CGA Championships 2023
262	3:06.44	L	F	Camryn Shaw	15	PEAS NMA	24/06/2023 PEA Winter Gala 2023
263	3:07.38	L	F	Gabriella Carminati	15	AFIN JHB	14/10/2023 CGA Level 2 + Gala Oct 2023
264	3:07.73	L	F	Zainah Akhalwaya	15	OLDE JHB	24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
265	3:10.64	L	F	Kayla Spagnoletti	15	SAAW CPT	17/09/2023 CTA BMEET 3
266	3:10.75	L	F	Minette Els	15	BETH FDD	02/03/2024 FSA Level 1 2024
267	3:10.78	L	F	Brooklyn-Taylor Sunker	15	MAKO ECU	26/01/2024 EGA Last Chance 2024
268	3:11.56	L	F	Cleo May	15	MARL CPT	24/06/2023 PEA Winter Gala 2023
269	3:12.69	L	F	Tatiana Ioannides	15	BLSS MAN	27/10/2023 Neptune Prestige Gala
270	3:12.99	L	F	Jessimie Van der Sandt	15	LALE CED	17/02/2024 Swartland Invitational Gala 2024
271	3:13.19	L	F	Ebenette Van Niekerk	15	FISH EDD	17/02/2024 EDEN 5th A-League Gala 2024
272	3:14.58	L S	F	Bathiyana Zondo	15	BARR CPT	05/10/2023 42nd Freda Barnard Invitational Gala
273	3:15.59	L S	F	Shay-Leigh Pieters	15	HURA CPT	05/10/2023 42nd Freda Barnard Invitational Gala
274	3:15.74	L	F	Amy Klink	15	JAQ ECU	02/03/2024 AG Level 1 Regional Age Group



### Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
275	3:16.71 L	F	Khwezi Khaba	15	UMSH ETH	16/02/2024	EDA Age Group Gala 6 2024
276	3:17.14 L	F	Kayla Welgemoed	15	VALS FDD	27/10/2023	Neptune Prestige Gala
277	3:20.54 L	F	Chulumanco Nyukwana	15	MPS NGD	03/02/2024	Buffalo City School Trials 2024
278	3:20.61 L	F	Beané du Plessis	15	STELL RMD	11/11/2023	NWS Age Group 3 + 4
279	3:28.76 L S	F	Kholofelo Seabi	15	SWIFT ECU	24/03/2024	SA Level 2 Regional Age Group Champs
280	3:29.86 L	F	Abigail Cullen	15	WELA LLD	27/10/2023	Neptune Prestige Gala
281	3:38.06 L	F	Jada Grill	15	HURA CPT	11/11/2023	Swartland Prestige Gala 2023
282	3:41.09 L	F	Thea Vermaak	15	WELA LLD	02/03/2024	FSA Level 1 2024
283	3:42.74 L	F	Cala Welgemoed	15	VALS FDD	27/10/2023	Neptune Prestige Gala
284	3:44.70 L	F	Lesedi-Lere Themba	15	ESP ECU	02/03/2024	AG Level 1 Regional Age Group
285	3:50.54 L	F	Zoë Pierce	15	ESTR ECU	02/03/2024	AG Level 1 Regional Age Group
286	3:54.79 L	F	Lwazi Mqeke	15	WELA LLD	02/03/2024	FSA Level 1 2024
287	3:56.41 L	F	Simone Bronkhorst	15	PHS CCD	27/01/2024	Limpopo School Champs
288	3:58.41 L S	P	Kaelo Makhatho	15	ESP ECU	07/12/2023	EGA Summer Championships
289	3:58.83 L	F	Karabo Malinga	15	USHAK ECU	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
290	4:21.34 L	F	Ayanda Luthuli	15	USH KCD	27/01/2024	Ushaka Champs 2024
<b>Women 15-15 400 Free</b>							
1	4:28.90 L	F	Jaime Mote	15	INFA NMA	15/12/2023	NMBA Championships 2023
2	4:29.41 L	F	Karla Myburgh	15	TUKS TSH	15/03/2024	SA National Junior Age Group
3	4:31.49 L	F	Scarlett Le Roux	15	CA ECU	15/03/2024	SA National Junior Age Group
4	4:34.36 L	F	Lara Gouws	15	TUKS TSH	15/03/2024	SA National Junior Age Group
5	4:42.81 L	F	Annebel Stewart	15	AZON ETH	15/03/2024	SA National Junior Age Group
6	4:43.21 L	F	Rachel Hinckley	15	CA ECU	15/03/2024	SA National Junior Age Group
7	4:45.19 L	F	Gemma Goncalves	15	SEAL UMD	15/03/2024	SA National Junior Age Group
8	4:46.56 L	F	Ashley Scholtz	15	CA ECU	15/03/2024	SA National Junior Age Group
9	4:48.94 L	F	Kailey Joubert	15	AZON ETH	15/03/2024	SA National Junior Age Group
10	4:49.18 L	F	Kate-Lynn de Jager	15	BLOT MAN	14/12/2023	Western Cape LC-A Championship 2023
11	4:49.79 L	F	Kiara Banks	15	TUKS TSH	15/03/2024	SA National Junior Age Group
12	4:49.89 L	F	Daniëlla Müller	15	TUKS TSH	15/03/2024	SA National Junior Age Group
13	4:51.32 L	P	Emily Palmer	15	ECA BUF	08/04/2024	SA National Aquatic Champ 2024-PE
14	4:51.84 L	F	Chelsea Main	15	PEAS NMA	02/03/2024	Grand Prix #2 - 2024
15	4:52.02 L	F	Madison du Plessis	15	BLOT MAN	19/04/2024	SA Schools Swimming Championship
16	4:53.55 L	F	Leila Yazbek	15	BLNE MAN	06/12/2023	Free State Champs 2023
17	4:55.23 L	F	René Kotzé	15	POTC KKD	06/12/2023	NWS Championships 2023/24
18	4:57.63 L	F	Kayla Gous	15	USC BUF	24/06/2023	PEA Winter Gala 2023
19	4:58.19 L	F	Jana Swiegers	15	TUKS TSH	23/02/2024	NTS Prestige AG February 2024
20	4:59.21 L	F	Kelly Stork	15	BAS ECU	26/01/2024	EGA Last Chance 2024
21	4:59.85 L	F	Zandri Knoetze	15	INFA NMA	09/02/2024	Infinity Gala 2024
22	5:00.29 L	F	Jana Vorster	15	TUKS TSH	01/12/2023	Limpopo Champs
23	5:00.98 L	F	Asia Kleinhans	15	AQDO CPT	16/09/2023	CTA A MEET 3
24	5:01.12 L	F	Danielle Harbron	15	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group
25	5:01.57 L	F	Shanna-Leigh Zeelie	15	BLMA CPT	24/11/2023	CTA A & B CHAMPS 2023
26	5:02.91 L	F	Madisynn Elliott	15	AA JHB	30/11/2023	CGA Championships 2023
27	5:03.04 L	F	Donne Bruyns	15	CSA EZD	20/03/2024	SA Level 3 Regional Age Group
28	5:03.27 L	F	Robyn Barbour	15	ESP ECU	20/03/2024	SA Level 3 Regional Age Group
29	5:03.37 L	F	Kayleigh Hahn	15	ROA EDD	12/08/2023	Madibaz Swim Meet 2023
30	5:03.40 L	F	Ella Eldar	15	TUKS TSH	26/01/2024	NTS Level 3+ January Age Group 2024
31*	5:03.77 L	F	Maria Steyn	15	BLSS MAN	21/03/2024	SA Level 3 Regional Age Group
31*	5:03.77 L	F	Chloe Olivier	15	CA ECU	07/12/2023	EGA Summer Championships
33	5:03.94 L	F	Mieke Vd Wal	15	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023
34	5:03.96 L	F	Kathleen Welsh	15	MSC NGD	01/12/2023	Mpumalanga Championships 2023
35	5:04.25 L	F	Grace Powell	15	CSC TSH	20/10/2023	NTS Level 3+ October Age Group 2023
36	5:04.39 L	F	Anastasia Sequeira	15	CA ECU	15/03/2024	SA National Junior Age Group
37	5:04.64 L	F	Amy O'Connor	15	CRSC JHB	30/11/2023	CGA Championships 2023
38	5:05.07 L	F	Araya de Waal	15	PGAC ECU	20/03/2024	SA Level 3 Regional Age Group
39	5:05.62 L	F	Mareze Frylinck	15	BLSS MAN	06/12/2023	Free State Champs 2023
40	5:06.31 L	F	Elne Reynolds	15	INFA NMA	15/12/2023	NMBA Championships 2023
41	5:07.40 L	F	Hannah Sandilands	15	MDOL JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
42	5:08.63 L	F	Hannah Burke	15	SFSC CPT	03/02/2024	Winelands SL final

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
43	5:13.10	L	F	Mikayla Lombard	15	TUKS	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
44	5:13.52	L	F	Jaime Maritz	15	CSA	EZD	20/03/2024	SA Level 3 Regional Age Group
45	5:14.22	L	F	Leeya Amon	15	CASC	CPT	18/11/2023	CTA QUALIFYING MEET 2
46	5:15.46	L	F	Rii Spoelstra	15	TUKS	FSH	20/03/2024	SA Level 3 Regional Age Group
47	5:15.98	L	F	Yvonne Pretorius	15	MSC	NGD	01/12/2023	Mpumalanga Championships 2023
48	x5:16.35	L	F	Emma Neethling	15	FISH	EDD	10/02/2024	WCA-B Champs - 2024
49	5:16.62	L	F	Miela Smit	15	AQUA	BUF	10/02/2024	BCA Feb Age Group Gala 2024
50*	5:16.88	L	F	Mia Wellsted	15	HASC	JHB	30/11/2023	CGA Championships 2023
50*	5:16.88	L	F	Jodi Boettger	15	USC	BUF	24/06/2023	PEA Winter Gala 2023
52	5:17.70	L	P	Stacey Smith	15	PAC	FSH	12/12/2023	NTS Championships 2023
53	5:18.35	L	F	Corli Liversage	15	BLSS	MAN	27/10/2023	Neptune Prestige Gala
54	5:19.86	L	F	Simone Cussons	15	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
55	5:20.11	L	F	Sian Kleynhans	15	ROA	EDD	18/11/2023	Eden LC Champs 2023
56	5:21.13	L	F	Zianè Jantzen	15	QUIC	CPT	18/11/2023	CTA QUALIFYING MEET 2
57	5:21.66	L	F	Megan Augustyn	15	ONYX	EKU	26/01/2024	EGA Last Chance 2024
58	5:21.74	L	F	Wilmien Verbeek	15	CASC	CPT	24/06/2023	PEA Winter Gala 2023
59	5:22.53	L	F	Jocelyn Cromhout	15	BCA	BUF	13/01/2024	BCA Inter-District Championship Gala
60	5:23.53	L	F	Izabella Alevras	15	AAS	JHB	30/11/2023	CGA Championships 2023
61	5:23.71	L	F	Leah Crozier	15	FAAC		07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
62	5:24.17	L	F	Carine Röntgen	15	ASAW	GED	03/02/2024	Winelands SL final
63*	5:24.31	L	F	Lumka Ntaka	15	UMSH	ETH	21/01/2024	EDA Age Group Gala 5 2024
63*	5:24.31	L	F	Tayla Dowie	15	QUES	JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
65	5:24.57	L S	F	WanRu Zhou	15	BLMA	CPT	05/10/2023	42nd Freda Barnard Invitational Gala
66	5:24.81	L	F	Jessica Bosman	15	QUIC	CPT	10/02/2024	WCA-B Champs - 2024
67	5:25.20	L	F	Catherine O'Grady	15	MSC	NGD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
68	5:27.35	L	F	Karmen Van Rensburg	15	UNI	EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
69	5:27.78	L	F	Catherine Desilla	15	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
70	5:28.26	L	F	Mea Harding	15	BAS	EKU	20/03/2024	SA Level 3 Regional Age Group
71	5:28.31	L	F	Georgia Alston	15	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
72	5:28.54	L	F	Michaela Nell	15	AAS	JHB	30/11/2023	CGA Championships 2023
73	5:28.65	L	F	Paige Edmundson	15	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
74	5:28.91	L	F	Kemantha Ayair	15	BEAV	ETH	21/01/2024	EDA Age Group Gala 5 2024
75	5:29.51	L	F	Jaimee Marais	15	ELRAS	WBD	20/03/2024	SA Level 3 Regional Age Group
76	5:30.65	L	F	Johané Jv Rensburg	15	TUKS	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
77	5:31.13	L	F	Chrisley Barnard	15	BS	LLD	21/03/2024	SA Level 3 Regional Age Group
78	5:31.66	L	F	Maria Dos Santos	15	MCS	BP	23/02/2024	NW School Championships 2024
79	5:31.85	L	F	Gabriella Otto	15	HASC	JHB	30/11/2023	CGA Championships 2023
80	5:34.68	L	F	Lelanie Buhr	15	SWAR	WCD	11/11/2023	Swartland Prestige Gala 2023
81	5:35.55	L	F	Simonè Schonken	15	TASC	MPD	11/11/2023	Limpopo Age Group 5
82	5:35.70	L	F	Tanatswa Chandiwana	15	MDOL	JHB	24/09/2023	HAS 2ND SEEDED GALA 2023
83	5:35.98	L	F	Ilanze du Plessis	15	BLSS	MAN	06/12/2023	Free State Champs 2023
84	5:36.44	L	F	Caitlyn Dube	15	RSA		03/05/2023	CANA Zone IV SwimmingChampions
85	5:36.45	L	F	Maya McCollum	15	AQDO	CPT	10/02/2024	WCA-B Champs - 2024
86	5:36.51	L	F	Summer Ascieti	15	CYBE	CPT	10/02/2024	WCA-B Champs - 2024
87	5:37.13	L	F	Janca Hattingh	15	CSA	EZD	02/02/2024	MP AGE GROUP 5 GALA
88	5:37.76	L	F	Megan Van den Heever	15	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
89	5:37.78	L	F	Storme Badenhorst	15	MARL	CPT	24/06/2023	PEA Winter Gala 2023
90	5:38.43	L	F	Chanè Grobbelaar	15	SWAR	WCD	10/02/2024	WCA-B Champs - 2024
91	5:39.29	L	F	Hannah Naidoo	15	BEAV	ETH	21/01/2024	EDA Age Group Gala 5 2024
92	5:39.44	L S	F	Mieke Vd Walt	15	FISH	EDD	05/10/2023	42nd Freda Barnard Invitational Gala
93	5:40.02	L	F	Lerize Du Toit	15	ACAQ	CCD	01/12/2023	Limpopo Champs
94	5:40.63	L	F	Vera Chen	15	BLSS	MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
95	5:40.98	L	F	Tafadzwa Chandiwana	15	MDOL	JHB	24/09/2023	HAS 2ND SEEDED GALA 2023
96	5:41.25	L	F	Deoné Borstlap	15	POTC	KKD	06/12/2023	NWS Championships 2023/24
97	5:41.70	L	F	Ingrid Van Loggerenberg	15	TUKS	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
98	5:42.18	L	F	Mia De Klerk	15	CSA	EZD	13/10/2023	MP AGE GROUP 2
99	5:42.89	L	F	Shayla Harvey	15	WSTV	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
100	5:45.00	L	F	Peta Mazery	15	WSTV	ETH	21/01/2024	EDA Age Group Gala 5 2024
101	5:45.23	L	F	Anè Kemp	15	SWAR	WCD	10/02/2024	WCA-B Champs - 2024

### Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
102	5:45.37 L	F	Kaylie Groenewald	15	ACAA CCD	24/06/2023	PEA Winter Gala 2023
103	5:46.20 L	F	Ogalaletseng Khosana	15	TUKS TSH	16/02/2024	NTS February Open Age Group 2024
104	5:47.15 L	F	Chrystil Raymond	15	CSA EZD	01/12/2023	Mpumalanga Championships 2023
105	5:49.39 L	F	Anne Steyl	15	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
106	5:49.98 L	F	Shyenne Laubscher	15	WELA LLD	06/12/2023	Free State Champs 2023
107	5:51.07 L	F	Emma Davies	15	BAS EKU	24/11/2023	EGA Summer 4
108	5:53.77 L	F	Cait Da Cunha	15	BON EKU	24/11/2023	EGA Summer 4
109	5:57.66 L	F	Lara Louw	15	BLNE MAN	27/10/2023	Neptune Prestige Gala
110	5:58.12 L	F	Mekayla Pretorius	15	HWSK FBD	10/02/2024	AGE GROUP 6 UPT - 2024
111	5:59.63 L	F	Ivana Vyncke	15	DRGN EKU	30/11/2023	CGA Championships 2023
112	6:00.19 L	F	Mariel van der Net	15	JAQ EKU	24/11/2023	EGA Summer 4
113	6:00.99 L	F	Izolde Lombard	15	PSC TSH	22/02/2024	18th Botswana Swimming Nationals
114	6:08.83 L	F	Kuzingca Siramza	15	AQUA BUF	24/06/2023	PEA Winter Gala 2023
115	6:11.08 L	F	Shannon Rautenbach	15	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
116	6:11.82 L	F	Emma Barnard	15	EVO CPT	11/11/2023	Swartland Prestige Gala 2023
117	6:17.04 L	F	Bianke Von Schlichting	15	PRA GSD	02/02/2024	MP AGE GROUP 5 GALA
118	6:18.31 L S	F	Hannah Coert	15	MANT CPT	05/10/2023	42nd Freda Barnard Invitational Gala
119	6:23.83 L	F	Ebenette Van Niekerk	15	FISH EDD	20/01/2024	EDEN 4th A-League Gala 2024
120	6:24.01 L	F	Alea Du Toit	15	CYBE CPT	18/11/2023	CTA QUALIFYING MEET 2
121	6:26.91 L	F	Angelina Valle	15	AQDO CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
122	6:29.29 L	F	Buhle Mahlalela	15	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
123	6:33.37 L	F	Lisa van der Westhuizen	15	POTC KKD	06/12/2023	NWS Championships 2023/24
124	6:34.41 L	F	Shaelyn Lawson	15	AQUA BUF	24/11/2023	BCA Long Course Championships 2023
125	6:37.36 L	F	Sadie Jelley	15	RFA TSH	02/02/2024	NTS Level 1+2 February Age Group
126	6:37.94 L	F	Helena Van Vuuren	15	KALA	24/11/2023	AGE GROUP 2 KATHU 2023
127	6:40.80 L	F	Selente Oosthuisen	15	HREF BP	06/12/2023	NWS Championships 2023/24
128	6:44.08 L S	F	Naseerah Vd Merwe	15	WEST CPT	05/10/2023	42nd Freda Barnard Invitational Gala
129	6:55.22 L S	F	Shay-Leigh Pieters	15	HURA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
<b>Women 15-15 800 Free</b>							
1	9:16.60 L	F	Karla Myburgh	15	TUKS TSH	15/03/2024	SA National Junior Age Group
2	9:46.76 L	F	Scarlett Le Roux	15	CA EKU	11/11/2023	EGA Summer 3
3	9:50.88 L	F	Rachel Hinckley	15	CA EKU	15/03/2024	SA National Junior Age Group
4	9:54.30 L	F	Madison du Plessis	15	FSA FS	08/04/2024	SA National Aquatic Champ 2024-PE
5	9:56.92 L	F	Kiara Banks	15	TUKS TSH	15/03/2024	SA National Junior Age Group
6	9:57.05 L	F	Kate-Lynn de Jager	15	BLOT MAN	14/12/2023	Western Cape LC-A Championship 2023
7	10:03.49 L	F	Kelly Stork	15	BAS EKU	15/03/2024	SA National Junior Age Group
8	10:03.77 L	F	Hannah Sandilands	15	MDOL JHB	15/03/2024	SA National Junior Age Group
9	10:07.45 L	F	Kailey Joubert	15	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
10	10:07.57 L	F	Chelsea Main	15	PEAS NMA	15/03/2024	SA National Junior Age Group
11	10:10.62 L	F	Daniëlla Müller	15	TUKS TSH	15/03/2024	SA National Junior Age Group
12	10:16.86 L	F	Madisynn Elliott	15	AA JHB	15/03/2024	SA National Junior Age Group
13	10:29.37 L	F	René Kotzé	15	POTC KKD	06/12/2023	NWS Championships 2023/24
14	10:29.90 L	F	Kayla Gous	15	USC BUF	24/06/2023	PEA Winter Gala 2023
15	10:30.15 L	F	Donne Bruyns	15	CSA EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
16	10:30.42 L	F	Shanna-Leigh Zeelie	15	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
17	10:30.84 L	F	Leila Yazbek	15	BLNE MAN	27/10/2023	Neptune Prestige Gala
18	10:37.67 L	F	Robyn Barbour	15	ESP EKU	11/11/2023	EGA Summer 3
19	10:37.91 L	F	Anastasia Sequeira	15	CA EKU	11/11/2023	EGA Summer 3
20	10:41.74 L	F	Amy O'Connor	15	CRSC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
21	10:42.47 L	F	Maria Steyn	15	BLSS MAN	06/12/2023	Free State Champs 2023
22	10:42.62 L	F	Kayleigh Hahn	15	ROA EDD	05/10/2023	42nd Freda Barnard Invitational Gala
23	10:43.84 L	F	Grace Powell	15	CSC TSH	20/10/2023	NTS Level 3+ October Age Group 2023
24	10:45.20 L	F	Corli Liversage	15	BLSS MAN	27/10/2023	Neptune Prestige Gala
25	10:45.63 L	F	Leeya Amon	15	CASC CPT	18/11/2023	CTA QUALIFYING MEET 2
26	10:48.64 L	F	Lily Ogden	15	PEAS NMA	05/10/2023	42nd Freda Barnard Invitational Gala
27	10:49.15 L	F	Chloe Olivier	15	CA EKU	11/11/2023	EGA Summer 3
28	10:50.88 L	F	Emily Palmer	15	USC BUF	24/06/2023	PEA Winter Gala 2023
29	10:52.03 L	F	Ruth Dredge	15	PAC TSH	22/09/2023	NTS Level 3+ September Age Group
30	10:54.74 L	F	Sian Kleynhans	15	ROA EDD	15/12/2023	NMBA Championships 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
31	11:02.90	L	F	Jodi Boettger	15	USC BUF	24/06/2023 PEA Winter Gala 2023
32	11:06.21	L	F	Rii Spoelstra	15	TUKS TSH	12/12/2023 NTS Championships 2023
33	11:06.27	L	F	Wilmien Verbeek	15	CASC CPT	24/06/2023 PEA Winter Gala 2023
34	11:07.40	L	F	Yvonne Pretorius	15	MSC NGD	01/12/2023 Mpumalanga Championships 2023
35	11:11.20	L	F	Amy-Lee Jones	15	CA ECU	11/11/2023 EGA Summer 3
36	11:12.89	L	F	Izabella Alevras	15	AAS JHB	30/11/2023 CGA Championships 2023
37	11:17.19	L	F	Simone Cussons	15	UNI EZD	01/12/2023 Mpumalanga Championships 2023
38	11:18.55	L	F	Milri-Ann Summerton	15	NWUC KKD	21/10/2023 NWS Age Group 1 & 2 2023
39	11:19.41	L	F	Leah Crozier	15	FAAC	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
40	11:22.37	L	F	WanRu Zhou	15	BLMA CPT	05/10/2023 42nd Freda Barnard Invitational Gala
41	11:26.97	L	F	Jessica Sardinha	15	BAS ECU	11/11/2023 EGA Summer 3
42	11:33.92	L	F	Tayla Dowie	15	QUES JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
43	11:38.84	L	F	Miela Smit	15	AQUA BUF	24/11/2023 BCA Long Course Championships 2023
44	11:39.10	L	F	Maria Dos Santos	15	HREF BP	21/10/2023 NWS Age Group 1 & 2 2023
45	11:41.72	L	F	Taima Telford	15	ASAC CPT	16/09/2023 CTA A MEET 3
46	11:55.47	L	F	Ilanze du Plessis	15	BLSS MAN	24/06/2023 PEA Winter Gala 2023
47	12:06.61	L	F	Deoné Borstlap	15	POTC KKD	11/11/2023 NWS Age Group 3 + 4
48	12:09.61	L	F	Shyenne Laubscher	15	WELA LLD	03/11/2023 Heidedal Welkom Gala
49	12:18.61	L	F	Kaylie Groenewald	15	ACAQ CCD	24/06/2023 PEA Winter Gala 2023
50	12:23.44	L	F	Lara Louw	15	BLNE MAN	03/11/2023 Heidedal Welkom Gala
51	12:35.72	L	F	Taylor Ririe	15	BLNE MAN	27/10/2023 Neptune Prestige Gala
52	12:52.40	L	F	Hannah Coert	15	MANT CPT	05/10/2023 42nd Freda Barnard Invitational Gala
53	13:03.97	L	F	Ashley Seymour	15	WELA LLD	27/10/2023 Neptune Prestige Gala
54	13:37.57	L	F	Carli Dippenaar	15	ROA EDD	05/10/2023 42nd Freda Barnard Invitational Gala
55	15:04.22	L	F	Gaby Bishop	15	BETH FDD	19/08/2023 Super Seals Prestige Gala
<b>Women 15-15 1500 Free</b>							
1	17:52.95	L S	F	Karla Myburgh	15	TUKS TSH	15/03/2024 SA National Junior Age Group
2	18:19.54	L S	F	Scarlett Le Roux	15	CA ECU	15/03/2024 SA National Junior Age Group
3	19:08.38	L S	F	Chelsea Main	15	PEAS NMA	15/03/2024 SA National Junior Age Group
4	19:12.96	L S	F	Rachel Hinckley	15	CA ECU	15/03/2024 SA National Junior Age Group
5	19:16.41	L S	F	Madison du Plessis	15	FSA FS	08/04/2024 SA National Aquatic Champ 2024-PE
6	19:18.81	L S	F	Daniëlla Müller	15	TUKS TSH	15/03/2024 SA National Junior Age Group
7	19:21.80	L S	F	Kiara Banks	15	TUKS TSH	15/03/2024 SA National Junior Age Group
8	19:22.16	L S	F	Kelly Stork	15	BAS ECU	15/03/2024 SA National Junior Age Group
9	19:37.74	L	F	Ashley Scholtz	15	CA ECU	24/11/2023 EGA Summer 4
10	19:59.58	L S	F	Kayleigh Hahn	15	ROA EDD	15/03/2024 SA National Junior Age Group
11	20:13.79	L	F	Hannah Sandilands	15	CA ECU	28/10/2023 EGA Summer 2 2023
12	20:29.61	L S	F	Maria Steyn	15	BLSS MAN	06/12/2023 Free State Champs 2023
13	20:36.56	L	F	Robyn Barbour	15	ESP ECU	28/10/2023 EGA Summer 2 2023
14	20:49.25	L	F	Kayla Gous	15	USC BUF	24/11/2023 BCA Long Course Championships 2023
15	21:03.50	L	F	Sian Kleynhans	15	ROA EDD	18/11/2023 Eden LC Champs 2023
16	21:06.28	L	F	Chloe Olivier	15	CA ECU	28/10/2023 EGA Summer 2 2023
17	21:11.85	L	F	Milri-Ann Summerton	15	NWUC KKD	21/10/2023 NWS Age Group 1 & 2 2023
18	21:14.21	L	F	Wilmien Verbeek	15	CASC CPT	24/06/2023 PEA Winter Gala 2023
19	21:33.00	L	O	Lily Ogden	15	ECA BUF	08/12/2023 2023 SA OWS Champ Trials -PE
20	21:37.00	L	O	Amy-Lee Jones	15	CA ECU	21/10/2023 AG Open Water Series #1
21	21:43.96	L	F	Leah Crozier	15	NC FB	27/01/2024 4 + 1 Inter Provincial Gala 2023
22	21:45.00	L	O	Tyra Penn	15	WATR JHB	20/01/2024 Prime View Swim Festival #3
23	21:49.05	L	F	Tayla Dowie	15	QUES JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
24	21:50.83	L	F	Jessica Sardinha	15	BAS ECU	28/10/2023 EGA Summer 2 2023
25	21:58.00	L	O	Georgia Gouws	15	ECA BUF	08/12/2023 2023 SA OWS Champ Trials -PE
26	22:06.51	L	F	Maria Dos Santos	15	HREF BP	21/10/2023 NWS Age Group 1 & 2 2023
27	22:07.46	L	F	Simone Cussons	15	UNI EZD	01/12/2023 Mpumalanga Championships 2023
28	22:09.35	L	F	Katia Jacob	15	HASC JHB	30/11/2023 CGA Championships 2023
29	22:10.83	L S	F	Ilanze du Plessis	15	BLSS MAN	06/12/2023 Free State Champs 2023
30	22:16.15	L	F	Kuzingca Siramza	15	AQUA BUF	10/02/2024 BCA Feb Age Group Gala 2024
31	22:21.58	L	F	Miela Smit	15	AQUA BUF	24/11/2023 BCA Long Course Championships 2023
32	23:28.82	L	F	Megan Van den Heever	15	UNI EZD	03/11/2023 MP AGE GROUP 3 3&4 NOV 2023
33	23:35.45	L	F	Deoné Borstlap	15	POTC KKD	21/10/2023 NWS Age Group 1 & 2 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
34	24:02.32	L	F	Izolde Lombard	15	PSC	TSH	22/02/2024	18th Botswana Swimming Nationals
35	24:06.55	L	F	Danika Van Zyl	15	FRA	KCD	03/02/2024	KCDA February Age Group 2024
36	24:28.00	L	O	Anastasia Sequeira	15	CA	EKU	20/01/2024	Prime View Swim Festival #3
37	25:05.00	L	O	Emma Davies	15	BAS	EKU	20/01/2024	Prime View Swim Festival #3
38	25:58.00	L	O	Siobhan Evans	15	CA	EKU	20/01/2024	Prime View Swim Festival #3
39	26:40.00	L	O	Mia Johnson	15	AAS	JHB	20/01/2024	Prime View Swim Festival #3
40	28:52.00	L	O	Gabriella Carminati	15	AFIN	JHB	20/01/2024	Prime View Swim Festival #3
41	28:53.00	L	O	Chrystil Raymond	15	CSA	EZD	05/11/2023	MP Open Water 2 - 5th November 2023
42	30:49.00	L	O	Sadie Jelley	15	RFA	TSH	20/01/2024	Prime View Swim Festival #3
43	31:34.00	L	O	Alaynah Bhamjee	15	ATLA	JHB	20/01/2024	Prime View Swim Festival #3
44	32:10.00	L	O	Ella Bradshaw	15	CRSC	JHB	20/01/2024	Prime View Swim Festival #3
45	34:37.00	L	O	Keira Taylor	15	TUKS	TSH	20/01/2024	Prime View Swim Festival #3
<b>Women 15-15 3000 Free</b>									
1	34:34.00	L	O	Karla Myburgh	15	TUKS	TSH	21/10/2023	AG Open Water Series #1
2	40:12.00	L	O	Kelly Stork	15	BAS	EKU	21/10/2023	AG Open Water Series #1
3	40:15.77	L	O	Kiara Banks	15	HREF	BP	08/03/2024	SA National OWS Championship
4	41:12.03	L	O	Kailey Joubert	15	KZNA	ETH	08/03/2024	SA National OWS Championship
5	42:37.00	L	O	Jessica Sardinha	15	BAS	EKU	21/10/2023	AG Open Water Series #1
6	43:35.00	L	O	Lily Ogden	15	PEAS	NMA	05/11/2023	EC Swim Series OWS 2 2023
7*	44:22.00	L	O	Jade O'Connor	15	TUKS	TSH	20/01/2024	Prime View Swim Festival #3
7*	44:22.00	L	F	Annebel Stewart	15	AZON	ETH	18/11/2023	KZN Open Water Champs
9	45:07.83	L	O	Wilmien Verbeek	15	NWS		08/03/2024	SA National OWS Championship
10	45:36.00	L	O	Madisynn Elliott	15	AA	JHB	20/01/2024	Prime View Swim Festival #3
11	46:11.00	L	O	Miela Smit	15	AQUA	BUF	15/10/2023	EC Swim Series OWS 1 2023
12	50:10.00	L	O	Kuzingca Siramza	15	AQUA	BUF	09/12/2023	EC Swim Series OWS 3 2023
13	51:29.00	L	O	Donne Bruyns	15	CSA	EZD	05/11/2023	MP Open Water 2 - 5th November 2023
14	52:26.00	L	O	Megan Van den Heever	15	UNI	EZD	05/11/2023	MP Open Water 2 - 5th November 2023
15	54:19.00	L	F	Peta Mazery	15	WSTV	ETH	18/11/2023	KZN Open Water Champs
16	1:10:04.00	L	O	Lesedi Kgarimetsa	15	SWIM1	JHB	20/01/2024	Prime View Swim Festival #3
<b>Women 15-15 5000 Free</b>									
1	1:05:23.00	L	O	Karla Myburgh	15	TUKS	TSH	21/10/2023	AG Open Water Series #1
2	1:11:37.33	L	O	Kiara Banks	15	HREF	BP	08/03/2024	SA National OWS Championship
3	1:11:53.80	L	O	Kailey Joubert	15	KZNA	ETH	08/03/2024	SA National OWS Championship
4	1:15:19.72	L	O	Wilmien Verbeek	15	NWS		08/03/2024	SA National OWS Championship
5	1:20:16.00	L	O	Miela Smit	15	AQUA	BUF	09/12/2023	EC Swim Series OWS 3 2023
<b>Women 15-15 7500 Free</b>									
1	1:38:53.34	L	O	Karla Myburgh	15	HREF	BP	08/03/2024	SA National OWS Championship
<b>Women 15-15 50 Back</b>									
1	30.86	L	F	Gizelle Maritz	15	WATR	JHB	15/03/2024	SA National Junior Age Group
2	30.99	L	F	Emily Macqueen	15	SEAL	UMD	15/03/2024	SA National Junior Age Group
3	31.33	L	F	Mila Vd Linde	15	GAU	JHB	19/04/2024	SA Schools Swimming Championship
4*	31.43	L	P	Jaime Mote	15	INFA	NMA	24/06/2023	PEA Winter Gala 2023
4*	31.43	L	F	Scarlett Le Roux	15	CA	EKU	15/03/2024	SA National Junior Age Group
6	31.52	L	F	Ava-Loren Van Galen	15	STAQ	GED	15/03/2024	SA National Junior Age Group
7*	31.71	L	F	Anri Van Der Westhuizen	15	BLOT	MAN	06/12/2023	Free State Champs 2023
7*	31.71	L	F	Amy Brown	15	SEALE	ETH	14/12/2023	KZNA 2023 Championships Incorporate SSA
9	31.75	L	F	Mikayla Lombard	15	TUKS	TSH	15/03/2024	SA National Junior Age Group
10	31.86	L	F	Katelyn Fourie	15	CA	EKU	15/03/2024	SA National Junior Age Group
11	32.13	L	F	Jana Swiegers	15	TUKS	TSH	15/03/2024	SA National Junior Age Group
12	32.31	L	F	Danielle Cronjè	15	LALE	GED	14/12/2023	Western Cape LC-A Championship 2023
13	32.32	L	F	Amy O'Connor	15	CRSC	JHB	15/03/2024	SA National Junior Age Group
14	32.52	L	P	Amy Combrink	15	WCA	CPT	08/04/2024	SA National Aquatic Champ 2024-PE
15	32.54	L	F	Leila Yazbek	15	BLNE	MAN	06/12/2023	Free State Champs 2023
16	32.58	L	P	Emma Lategan	15	CASC	CPT	15/03/2024	SA National Junior Age Group
17	32.60	L	F	Jenna Coetzee	15	INFA	NMA	26/08/2023	2nd A League Gala 2023
18	32.70	L	F	Abigail Roberts	15	TUKS	TSH	17/11/2023	NTS Level 3+ November Age Group
19	32.71	L	P	Kayla Gous	15	USC	BUF	24/06/2023	PEA Winter Gala 2023
20	32.93	L	F	Jesse-Leah Laderach	15	PEAS	NMA	12/08/2023	Madibaz Swim Meet 2023

## Individual Top Times

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**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
21	32.94 L	F	Tanatswa Chandiwana	15	MDOL JHB	23/02/2024	2024 Grand Prix 2 Invitational Meet -
22	33.09 L	F	Corli Liversage	15	BLSS MAN	06/12/2023	Free State Champs 2023
23	33.15 L	P	Chloe Olivier	15	CA EKU	15/03/2024	SA National Junior Age Group
24	33.23 L	F	Jorja Parsons	15	PSCP UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
25	33.50 L	F	Naledi Thobeha	15	RSA	03/05/2023	CANA Zone IV SwimmingChampions
26	33.54 L	F	Kendra Begley	15	INFA NMA	22/07/2023	1st A League Gala 2023
27	33.59 L	P	Kailey Joubert	15	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
28	33.70 L	F	Gabriella Van Den Berg	15	ELEC TSH	12/12/2023	NTS Championships 2023
29	33.90 L	F	Keira Taylor	15	TUKS TSH	17/11/2023	NTS Level 3+ November Age Group
30	33.92 L	P	Leah Scott	15	BLUO UGD	15/03/2024	SA National Junior Age Group
31	34.02 L	P	Mari Wium	15	QSAW CED	14/12/2023	Western Cape LC-A Championship 2023
32	34.15 L	P	Danaleigh Swanepoel	15	RFA TSH	15/03/2024	SA National Junior Age Group
33	34.17 L S	F	Hannah Burke	15	SFSC CPT	24/11/2023	CTA A & B CHAMPS 2023
34	34.19 L	P	Natania Komakech	15	GAU JHB	19/04/2024	SA Schools Swimming Championship
35	34.36 L	P	Erin Joubert	15	KLOO ETH	15/03/2024	SA National Junior Age Group
36	34.37 L	F	Kaylie Groenewald	15	ACAQ CCD	22/09/2023	NTS Level 3+ September Age Group
37	34.39 L	P	Zoë Goebel	15	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023
38*	34.44 L	P	Ruth Dredge	15	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE
38*	34.44 L	P	Rouxne Du Plessis	15	TUKS TSH	15/03/2024	SA National Junior Age Group
40	34.48 L	F	Marlene Ward	15	TUKS TSH	22/09/2023	NTS Level 3+ September Age Group
41	34.54 L	P	Gabriella Otto	15	ELEC TSH	20/03/2024	SA Level 3 Regional Age Group
42	34.61 L	F	Mia Wellsted	15	HASC JHB	20/03/2024	SA Level 3 Regional Age Group
43	34.71 L	P	Zandri Knoetze	15	INFA NMA	15/03/2024	SA National Junior Age Group
44	34.78 L	F	Anne Marais	15	TKS WBD	21/10/2023	Limpopo Age Group 4
45	34.83 L S	F	Elne Reynolds	15	INFA NMA	26/01/2024	6th A League Gala 2024
46	34.87 L	F	Jaime Maritz	15	CSA EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
47	34.88 L	P	Zianè Jantzen	15	QUIC CPT	14/12/2023	Western Cape LC-A Championship 2023
48	34.91 L	F	Mareze Frylinck	15	BLSS MAN	06/12/2023	Free State Champs 2023
49	34.95 L	F	Anastasia Sequeira	15	CA EKU	28/10/2023	EGA Summer 2 2023
50	34.96 L	F	Kate-Lynn Kruger	15	DESA NMA	21/03/2024	SA Level 3 Regional Age Group
51	35.10 L	P	Chelsea Main	15	PEAS NMA	24/06/2023	PEA Winter Gala 2023
52	35.14 L	P	Shanna-Leigh Zeelie	15	BLMA CPT	14/12/2023	Western Cape LC-A Championship 2023
53	35.15 L	P	Gianna Collard	15	TUKS TSH	12/12/2023	NTS Championships 2023
54	35.21 L	P	Milri-Ann Summerton	15	NWUC KKD	20/03/2024	SA Level 3 Regional Age Group
55	35.22 L S	F	Emma Rossouw	15	TYGE CPT	05/10/2023	42nd Freda Barnard Invitational Gala
56	35.25 L	F	Ilke Prinsloo	15	PEAR NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
57*	35.33 L	F	Lily Ogden	15	PEAS NMA	22/07/2023	1st A League Gala 2023
57*	35.33 L	F	Kayla Verbaan	15	KLOO ETH	24/11/2023	Westville-Seals LC Championships
59	35.34 L	F	Donne Bruyns	15	CSA EZD	01/12/2023	Mpumalanga Championships 2023
60	35.35 L	F	Ilanze du Plessis	15	BLSS MAN	19/08/2023	Super Seals Prestige Gala
61	35.36 L	F	Kaylin Bezuidenhoud	15	BLOT MAN	06/12/2023	Free State Champs 2023
62	35.42 L	F	Cait Da Cunha	15	BON EKU	28/10/2023	EGA Summer 2 2023
63	35.43 L	P	Mikayla Smit	15	AA JHB	20/03/2024	SA Level 3 Regional Age Group
64	35.49 L	P	Lily Durant	15	WATR JHB	30/11/2023	CGA Championships 2023
65	35.51 L	P	Kelly Stork	15	BAS EKU	07/12/2023	EGA Summer Championships
66	35.53 L	F	Megan Augustyn	15	ONYX EKU	07/12/2023	EGA Summer Championships
67	35.55 L	F	Kate-Lynn de Jager	15	BLOT MAN	27/10/2023	Neptune Prestige Gala
68*	35.58 L	P	Juliette van Vught	15	SASE JHB	15/03/2024	SA National Junior Age Group
68*	35.58 L	P	Caitlyn Dube	15	MDOL JHB	30/11/2023	CGA Championships 2023
70	35.70 L	F	Georgia Gouws	15	PRIO NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
71	35.71 L	F	Keera De Esclana	15	VRC TSH	26/01/2024	NTS Level 3+ January Age Group 2024
72	35.72 L	P	Tyra Penn	15	WATR JHB	15/03/2024	SA National Junior Age Group
73	35.78 L S	F	Mieke Vd Walt	15	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
74*	35.83 L	F	Simone Cussons	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023
74*	35.83 L	P	Megan Neizel	15	PSCP UMD	21/03/2024	SA Level 3 Regional Age Group
76*	35.88 L	F	Kelci Leech	15	BLSS MAN	06/12/2023	Free State Champs 2023
76*	35.88 L	F	Amy-Lee Jones	15	CA EKU	28/10/2023	EGA Summer 2 2023
78	35.91 L	F	Amelie Van der Merwe	15	RFA TSH	16/02/2024	NTS February Open Age Group 2024
79	35.95 L	P	Jemma Pearse	15	VINE CPT	15/03/2024	SA National Junior Age Group

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
80	36.04	L	F	Larissa Visagie	15	LALE	GED 10/02/2024 WCA-B Champs - 2024
81	36.06	L	F	Madison du Plessis	15	BLOT	MAN 11/11/2023 Bull Sharks Gala
82	36.08	L	F	Robyn Barbour	15	ESP	EKU 07/12/2023 EGA Summer Championships
83	36.11	L	P	Tafadzwa Chandiwana	15	MDOL	JHB 15/03/2024 SA National Junior Age Group
84	36.18	L	P	Stacey Smith	15	PAC	FSH 15/03/2024 SA National Junior Age Group
85*	36.25	L	F	Anne Steyl	15	UPSK	ZMD 07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
85*	36.25	L	P	Mia Vd Merwe	15	GSA	CPT 14/12/2023 Western Cape LC-A Championship 2023
87	36.28	L S	F	René Kotzé	15	POTC	KKD 06/12/2023 NWS Championships 2023/24
88	36.33	L	F	Ianthy Moolman	15	MSC	NGD 01/12/2023 Mpumalanga Championships 2023
89	36.34	L	P	Isabella Havemann	15	ASAC	CPT 14/12/2023 Western Cape LC-A Championship 2023
90	36.42	L	P	Makula Kyabayinze	15	TUKS	FSH 12/12/2023 NTS Championships 2023
91	36.57	L	F	Madisynn Elliott	15	AA	JHB 12/01/2024 2024 Grand Prix Invitation Swimming
92	36.62	L	P	Catherine Desilla	15	SASE	JHB 20/03/2024 SA Level 3 Regional Age Group
93	36.63	L	P	Gaby Bishop	15	BETH	FDD 26/03/2024 SA Level 2 Regional Age Group Champs
94	36.64	L	P	Jaimee Marais	15	ELRAS	WBD 20/03/2024 SA Level 3 Regional Age Group
95	36.74	L	P	Wilmien Verbeek	15	CASC	CPT 24/06/2023 PEA Winter Gala 2023
96	x36.74	L	F	Emma Neethling	15	FISH	EDD 10/02/2024 WCA-B Champs - 2024
97	36.77	L	F	Karmen Van Rensburg	15	UNI	EZD 13/10/2023 MP AGE GROUP 2
98	36.78	L	F	Alexandra Santos	15	PSCP	UMD 05/04/2024 SA Level 2 Regional Age Group Champs
99	36.81	L	P	Johané Jv Rensburg	15	TUKS	FSH 12/12/2023 NTS Championships 2023
100*	36.89	L	F	Danielle Harbron	15	BLOT	MAN 06/12/2023 Free State Champs 2023
100*	36.89	L	F	Chloe Byrne	15	SEAL	UMD 27/01/2024 Ushaka Champs 2024
102	36.90	L S	F	Rebecca White	15	SSISA	CPT 24/11/2023 CTA A & B CHAMPS 2023
103	36.99	L	P	Jordan Wessels	15	ASA	ILD 14/12/2023 KZNA 2023 Championships Incorpor SSA
104*	37.21	L	F	Eva-Bella Bonomi	15	TRAZ	FSH 01/12/2023 2023 The Tshwane Mayor's Gala
104*	37.21	L	F	Amy Gerber	15	SEAL	UMD 05/04/2024 SA Level 2 Regional Age Group Champs
106*	37.22	L	P	Maria Steyn	15	BLSS	MAN 21/03/2024 SA Level 3 Regional Age Group
106*	37.22	L	F	Ashley Seymour	15	WELA	LLD 06/12/2023 Free State Champs 2023
108	37.23	L	F	Nicole Van Zyl	15	CA	EKU 28/10/2023 EGA Summer 2 2023
109	37.25	L	F	Ilze Hendriks	15	LEGC	ETH 05/04/2024 SA Level 2 Regional Age Group Champs
110	37.33	L	P	Catherine O'Grady	15	MSC	NGD 01/12/2023 Mpumalanga Championships 2023
111	37.46	L	F	Mia Gerber	15	LALE	GED 11/11/2023 Winelands SL4
112	37.47	L	P	Kganya Mashigo	15	PAC	FSH 20/03/2024 SA Level 3 Regional Age Group
113	37.49	L S	F	Lara Wink	15	VINE	CPT 24/11/2023 CTA A & B CHAMPS 2023
114	37.50	L	P	Jessica Sardinha	15	BAS	EKU 07/12/2023 EGA Summer Championships
115	37.51	L	F	Kuzingca Siramza	15	BCA	BUF 13/01/2024 BCA Inter-District Championship Gala
116	37.55	L	F	Daniëlla Müller	15	TUKS	FSH 20/10/2023 NTS Level 3+ October Age Group 2023
117	37.57	L	F	Ayalakha Mokoena	15	INFA	NMA 21/10/2023 4th A League Gala 2023
118	37.59	L	F	Skylla Perumal	15	WATR	JHB 26/07/2023 Giochi Del Tricolore Swim
119*	37.60	L	F	Savannah Mostert	15	TUKS	FSH 11/11/2023 Swartland Prestige Gala 2023
119*	37.60	L S	F	Zia Petersen	15	XSAQ	CPT 24/11/2023 CTA A & B CHAMPS 2023
121	37.67	L	F	Zadie Van Wyk	15	TRAZ	FSH 24/03/2024 SA Level 2 Regional Age Group Champs
122	37.69	L	P	Vera Chen	15	BLSS	MAN 15/03/2024 SA National Junior Age Group
123	37.71	L	P	Araya de Waal	15	PGAC	EKU 07/12/2023 EGA Summer Championships
124	37.88	L	P	Georgia Alston	15	SASE	JHB 20/03/2024 SA Level 3 Regional Age Group
125	37.91	L	F	Chrisley Barnard	15	BS	LLD 06/12/2023 Free State Champs 2023
126	37.98	L	F	Kiara Banks	15	TUKS	FSH 23/02/2024 NTS Prestige AG February 2024
127	38.03	L	F	Sandri Visser	15	PLAY	GED 11/11/2023 Swartland Prestige Gala 2023
128	38.11	L	F	Esmarie Terblanche	15	LALE	GED 03/02/2024 Winelands SL final
129	38.12	L	F	Lungiswa Grootboom	15	SWAR	WCD 10/02/2024 WCA-B Champs - 2024
130	38.15	L	F	Anmi Slabbert	15	PAQU	GED 10/02/2024 WCA-B Champs - 2024
131	38.22	L	P	Siobhan Evans	15	CA	EKU 07/12/2023 EGA Summer Championships
132	38.24	L	F	Leah Crozier	15	FAAC	11/11/2023 AGE GROUP 1
133	38.27	L	P	Rii Spoelstra	15	TUKS	FSH 12/12/2023 NTS Championships 2023
134	38.30	L	F	Ingrid Van Loggerenberg	15	TUKS	FSH 24/03/2024 SA Level 2 Regional Age Group Champs
135	38.32	L	F	Maria Dos Santos	15	MCS	BP 23/02/2024 NW School Championships 2024
136	38.36	L	P	Mea Harding	15	BAS	EKU 20/03/2024 SA Level 3 Regional Age Group
137*	38.40	L	F	Mia Crookham	15	TYGE	CPT 10/02/2024 WCA-B Champs - 2024
137*	38.40	L	F	Jocelyn Cromhout	15	BCA	BUF 13/01/2024 BCA Inter-District Championship Gala

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
139	38.43 L	F	Mia De Klerk	15	CSA EZD	01/12/2023	Mpumalanga Championships 2023
140	38.49 L	F	Sian Kleynhans	15	ROA EDD	15/12/2023	NMBA Championships 2023
141	38.55 L	F	Anneke Stassen	15	CASC CPT	10/02/2024	WCA-B Champs - 2024
142	38.57 L	F	Tia Mari Theron	15	HSBV SKD	27/01/2024	Limpopo School Champs
143	38.58 L	F	Carme Louw	15	TASC MPD	01/12/2023	Limpopo Champs
144	38.67 L	F	Gabriella Kirsten	15	QSAW CED	10/02/2024	WCA-B Champs - 2024
145	38.71 L	F	Jenna White	15	HE CCD	14/10/2023	Limpopo Top 8 - High Schools
146	38.76 L	F	Zante Young	15	BERG BP	23/02/2024	NW School Championships 2024
147	38.88 L	F	Taylor Ririe	15	BLNE MAN	06/12/2023	Free State Champs 2023
148	38.93 L	P	Shayla Harvey	15	WSTV ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
149	39.00 L	P	Tayla Dowie	15	QUES JHB	20/03/2024	SA Level 3 Regional Age Group
150	39.11 L	P	Katia Jacob	15	HASC JHB	30/11/2023	CGA Championships 2023
151	39.15 L	F	Abigail Pieterse	15	HARV NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
152*	39.18 L	F	Victoria-Ann Anthony	15	BON EKU	24/03/2024	SA Level 2 Regional Age Group Champs
152*	39.18 L	P	Sienna Lombard	15	HPS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
154	39.24 L	F	Judy Stevens	15	QUIC CPT	21/01/2024	CTA BMEET 4
155	39.26 L S	F	WanRu Zhou	15	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
156	39.27 L	F	Elrike du Plessis	15	HSB BP	23/02/2024	NW School Championships 2024
157	39.31 L	P	Georgia Knight	15	WATR JHB	24/03/2024	SA Level 2 Regional Age Group Champs
158	39.36 L	F	Mila Petrak	15	ELEC TSH	22/09/2023	NTS Level 3+ September Age Group
159	39.38 L	F	Antonella Del Fabbro	15	TUKS TSH	03/11/2023	NTS Level 1+2 November Age Group
160	39.44 L	F	Ashleigh Davies	15	WELA LLD	03/11/2023	Heidedal Welkom Gala
161	39.49 L	F	Kayla Welgemoed	15	VALS FDD	26/03/2024	SA Level 2 Regional Age Group Champs
162*	39.50 L	F	Charlotte Staines	15	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
162*	39.50 L	P	Ivana Vyncke	15	DRGN EKU	30/11/2023	CGA Championships 2023
164	39.59 L	F	Micaela Mutooni	15	ELEC TSH	03/11/2023	NTS Level 1+2 November Age Group
165	39.61 L	F	Bea Van der Merwe	15	RFA TSH	01/12/2023	2023 The Tshwane Mayor's Gala
166	39.63 L	F	Chrystil Raymond	15	CSA EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
167	39.65 L	F	Celine Miles	15	BLUO UGD	24/11/2023	Westville-Seals LC Championships
168	39.69 L	F	Paige Edmundson	15	SASE JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
169	39.79 L	P	Izolde Lombard	15	PSC TSH	22/02/2024	18th Botswana Swimming Nationals
170	40.10 L	F	Lelanie Buhr	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
171	40.21 L	F	Lara Louw	15	BLNE MAN	06/12/2023	Free State Champs 2023
172	40.26 L	P	Mariel van der Net	15	JAQ EKU	07/12/2023	EGA Summer Championships
173	40.27 L	F	Lerize Du Toit	15	ACAQ CCD	01/12/2023	Limpopo Champs
174	40.30 L	F	Helena Pretorius	15	HSBV SKD	14/10/2023	Limpopo Top 8 - High Schools
175*	40.50 L	F	Yvonne Pretorius	15	MSC NGD	13/10/2023	MP AGE GROUP 2
175*	40.50 L	F	Megan Webster	15	RFA TSH	22/09/2023	NTS Level 3+ September Age Group
177	40.65 L	F	Tatiana Ioannides	15	BLSS MAN	06/12/2023	Free State Champs 2023
178	40.68 L	F	Micke de Jager	15	PSA ZLD	27/01/2024	Ushaka Champs 2024
179	40.69 L	F	Jessica Carver	15	ELEC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
180	40.72 L	P	Camryn Shaw	15	PEAS NMA	09/02/2024	Infinity Gala 2024
181	40.81 L	F	Megan Van den Heever	15	UNI EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
182	40.96 L	F	Michaela Clegg	15	PEAS NMA	01/10/2023	Curro AquaElite Gala
183	40.99 L	F	Logan Francke	15	RBOT BPD	11/11/2023	NWS Age Group 3 + 4
184	41.01 L	F	Rienke Blignaut	15	BLSS MAN	06/12/2023	Free State Champs 2023
185	41.02 L	F	Summer Ascielli	15	CYBE CPT	17/02/2024	Swartland Invitational Gala 2024
186	41.03 L	F	Shyenne Laubscher	15	WELA LLD	27/10/2023	Neptune Prestige Gala
187	41.11 L	F	Janca Hattingh	15	CSA EZD	01/12/2023	Mpumalanga Championships 2023
188	41.21 L	F	Lore Elise Snyckers	15	AHMP TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
189	41.23 L	P	Kholofelo Seabi	15	SWIFT EKU	07/12/2023	EGA Summer Championships
190*	41.39 L	F	Izabella Alevras	15	SMTG JHB	28/02/2024	Crusaders Night Gala 5
190*	41.39 L	F	Nina Melka	15	TUKS TSH	20/10/2023	NTS Level 3+ October Age Group 2023
192	41.45 L	F	Chloe Jewell	15	PEAS NMA	17/02/2024	Eastern Cape School Trials 2024
193	41.54 L	F	Ogalaletseng Khosana	15	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
194	41.59 L	P	Maya Ndegwa	15	ELEC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
195	41.67 L	P	Miela Smit	15	AQUA BUF	24/06/2023	PEA Winter Gala 2023
196	41.68 L S	F	Beané du Plessis	15	STELL RMD	06/12/2023	NWS Championships 2023/24
197	41.72 L	F	Anè Kemp	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023



## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
198	41.83	L	F	Emma Davies	15	BAS EKU	24/11/2023 EGA Summer 4
199	41.88	L	F	Sadie Jelley	15	RFA TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
200	41.91	L	F	Izaan Meintjes	15	HPP BUF	14/10/2023 Limpopo Top 8 - High Schools
201	41.98	L	F	Milla Douglas	15	AZON ETH	05/04/2024 SA Level 2 Regional Age Group Champs
202	41.99	L	F	Elizabeth Opperman	15	KTS	03/02/2024 NCASA SPRINTS 2024
203	42.16	L S	F	Ebenette Van Niekerk	15	FISH EDD	05/10/2023 42nd Freda Barnard Invitational Gala
204	42.47	L S	F	Lisa van der Westhuizen	15	POTC KKD	06/12/2023 NWS Championships 2023/24
205	42.51	L	F	Alea Du Toit	15	CYBE CPT	18/11/2023 CTA QUALIFYING MEET 2
206	42.59	L	F	Emma Thompson	15	PSC TSH	19/01/2024 NTS Level 1+2 January Age Group 2024
207	42.60	L	F	Onkarabile Molamu	15	PGH KK	23/02/2024 NW School Championships 2024
208	42.89	L	F	Emma Barnard	15	EVO CPT	21/01/2024 CTA BMEET 4
209	42.95	L S	F	Kayla Spagnoletti	15	SAAW CPT	24/11/2023 CTA A & B CHAMPS 2023
210	42.98	L	F	Brooklyn-Taylor Sunker	15	MAKO EKU	26/01/2024 EGA Last Chance 2024
211	42.99	L	F	Veera Khusal	15	BON EKU	24/11/2023 EGA Summer 4
212	43.00	L	P	Cleo May	15	MARL CPT	24/06/2023 PEA Winter Gala 2023
213	43.02	L	F	Chelsea Snyman	15	HBV MP	14/10/2023 Limpopo Top 8 - High Schools
214	43.06	L	F	Mekayla Pretorius	15	HWSK FBD	03/02/2024 NCASA SPRINTS 2024
215*	43.12	L	F	Alaynah Bhamjee	15	WATR JHB	26/07/2023 Giochi Del Tricolore Swim
215*	43.12	L	F	Jacoline Crous	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
217	43.18	L	F	Nicole Norman	15	RPAC EKU	26/01/2024 EGA Last Chance 2024
218	43.40	L	F	Shaelyn Lawson	15	AQUA BUF	24/11/2023 BCA Long Course Championships 2023
219	43.53	L S	F	Bathiyana Zondo	15	BARR CPT	24/11/2023 CTA A & B CHAMPS 2023
220	43.62	L	F	Hannah van der Veen	15	AQUA BUF	17/02/2024 Eastern Cape School Trials 2024
221	43.82	L	P	Esther Sauls	15	PGAC EKU	24/03/2024 SA Level 2 Regional Age Group Champs
222	43.95	L	F	Gabrielle Kramer	15	VPHS NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
223	44.02	L S	F	Imaan Velloo	15	MANT CPT	05/10/2023 42nd Freda Barnard Invitational Gala
224	44.15	L	F	Carli Dippenaar	15	ROA EDD	21/10/2023 EDEN 2nd A-League Gala 2023
225	44.22	L	F	Shannon Rautenbach	15	ROB EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
226	44.23	L	F	Hannah Krummeck	15	HARV NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
227	44.28	L	F	Storme Badenhorst	15	MANT CPT	17/02/2024 Swartland Invitational Gala 2024
228	44.30	L	F	Runakorwashe Makumbe	15	TUKS TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
229	44.60	L	F	Amy Klink	15	JAQ EKU	02/03/2024 AG Level 1 Regional Age Group
230	44.87	L S	F	Hannah Coert	15	MANT CPT	05/10/2023 42nd Freda Barnard Invitational Gala
231	45.36	L	F	Riley Koegelenberg	15	LALE CED	17/02/2024 Swartland Invitational Gala 2024
232	45.49	L S	F	Kate Allwood	15	WCA CPT	08/04/2024 SA National Aquatic Champ 2024-PE
233	45.67	L	F	Annika Potgieter	15	POTC KKD	21/10/2023 NWS Age Group 1 & 2 2023
234	45.80	L	F	Anne Bray	15	UPC EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
235	45.97	L	F	Shay-Leigh Pieters	15	HURA CPT	11/11/2023 Swartland Prestige Gala 2023
236	46.08	L S	F	Naseerah Vd Merwe	15	WEST CPT	05/10/2023 42nd Freda Barnard Invitational Gala
237	46.46	L	F	Helena Van Vuuren	15	KALA	03/02/2024 NCASA SPRINTS 2024
238	47.26	L	F	Thandolwenkosi Mabaso	15	FRA KCD	13/01/2024 KCDA January Age Group Gala 2024
239	47.46	L	F	Marine Schoombie	15	HFDT MP	14/10/2023 Limpopo Top 8 - High Schools
240	47.47	L	F	Zoe Pelsler	15	CAMB BUF	03/02/2024 Buffalo City School Trials 2024
241*	47.58	L	F	Enette de Beer	15	PSA ZLD	18/11/2023 KCDA November Age Group Gala 2023
241*	47.58	L	F	Mia Coertzen	15	PGH KK	23/02/2024 NW School Championships 2024
243	47.61	L	F	Chulumanco Nyukwana	15	MPS NGD	03/02/2024 Buffalo City School Trials 2024
244	48.62	L	F	Ammaarah Davids	15	XSAQ CPT	17/09/2023 CTA BMEET 3
245	48.82	L	F	Naseerah Du Toit	15	UWCA CPT	21/03/2024 SA Level 3 Regional Age Group
246*	48.91	L	F	Kaelo Makhatho	15	ESP EKU	26/01/2024 EGA Last Chance 2024
246*	48.91	L	F	Yandisa Ndllovu	15	ACSA ETH	27/01/2024 Ushaka Champs 2024
248	49.24	L	F	Selente Oosthuysen	15	HREF BP	21/10/2023 NWS Age Group 1 & 2 2023
249	49.43	L S	F	Xoey Williams	15	UWCA CPT	24/11/2023 CTA A & B CHAMPS 2023
250	49.92	L	F	Lesedi-Lere Themba	15	ESP EKU	28/10/2023 EGA Summer 2 2023
251	50.18	L	F	Lesedi Kgarimetsa	15	SWIM1 JHB	02/03/2024 AG Level 1 Regional Age Group
252	50.66	L	F	Minette Els	15	BETH FDD	16/02/2024 Neptunes Last chance Gala
253	50.76	L	F	Lwazi Mqoke	15	WELA LLD	02/03/2024 FSA Level 1 2024
254	50.99	L	F	Ronita Exford	15	CAMB BUF	03/02/2024 Buffalo City School Trials 2024
255	51.53	L	F	Cala Welgemoed	15	VALS FDD	27/10/2023 Neptune Prestige Gala
256	51.80	L	F	Bianke Von Schlichting	15	PRA GSD	23/09/2023 MP SPRINT GALA 23 SEPTEMBER

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
257	52.14 L	F	Thea Vermaak	15	WELA LLD	03/11/2023	Heidedal Welkom Gala
258	52.62 L	F	Esethu Mabula	15	SRAY BUF	24/11/2023	BCA Long Course Championships 2023
259	52.71 L	F	Kirsten Campbell	15	WALM CPT	17/09/2023	CTA BMEET 3
260	52.77 L	F	Michelle Seerane	15	RBOT BPD	11/11/2023	NWS Age Group 3 + 4
261	52.89 L	F	Abigail Cullen	15	WELA LLD	06/12/2023	Free State Champs 2023
262	54.46 L	F	Kurisani Maswakhomu	15	HBV MP	27/01/2024	Limpopo School Champs
263	54.65 L	F	Annica Brand	15	CLSC WCD	17/02/2024	Swartland Invitational Gala 2024
264	55.26 L	F	Zoë Pierce	15	ESTR EKU	02/03/2024	AG Level 1 Regional Age Group
265	55.38 L	F	Safiya Ismail	15	MANT CPT	21/01/2024	CTA BMEET 4
266	55.51 L	F	Rejeanne Bodemer	15	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
267	55.62 L	F	Simone Bronkhorst	15	SS MPD	21/10/2023	Limpopo Age Group 4
268	56.11 L	F	Karabo Malinga	15	USHAK EKU	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
269	56.14 L	F	Esthea Fourie	15	WAGH BP	23/02/2024	NW School Championships 2024
270	59.51 L	F	Letlotlo Kgositlou	15	MATL KKD	11/11/2023	NWS Age Group 3 + 4
271	59.67 L	F	Bontle Makhalanyane	15	WELA LLD	02/03/2024	FSA Level 1 2024
<b>Women 15-15 100 Back</b>							
1	1:05.35 L	F	Gizelle Maritz	15	WATR JHB	15/03/2024	SA National Junior Age Group
2	1:07.02 L	F	Mila Vd Linde	15	GAU JHB	19/04/2024	SA Schools Swimming Championship
3	1:07.43 L	F	Jenna Coetzee	15	INFA NMA	24/06/2023	PEA Winter Gala 2023
4	1:07.71 L	F	Scarlett Le Roux	15	CA EKU	15/03/2024	SA National Junior Age Group
5	1:07.91 L	F	Kayla Gous	15	USC BUF	15/03/2024	SA National Junior Age Group
6	1:08.63 L	F	Amy O'Connor	15	CRSC JHB	15/03/2024	SA National Junior Age Group
7	1:08.89 L	P	Mikayla Lombard	15	TUKS TSH	15/03/2024	SA National Junior Age Group
8	1:09.17 L	P	Danielle Cronjè	15	LALE CED	15/03/2024	SA National Junior Age Group
9	1:09.21 L	F	Jana Swiegers	15	TUKS TSH	15/03/2024	SA National Junior Age Group
10	1:09.63 L	F	Jesse-Leah Laderach	15	PEAS NMA	15/12/2023	NMBA Championships 2023
11	1:09.74 L	P	Chloe Olivier	15	CA EKU	15/03/2024	SA National Junior Age Group
12	1:10.36 L	P	Katelyn Fourie	15	GAU JHB	19/04/2024	SA Schools Swimming Championship
13	1:10.58 L	P	Emily Macqueen	15	SEAL UMD	15/03/2024	SA National Junior Age Group
14	1:10.75 L	P	Leila Yazbek	15	BLNE MAN	15/03/2024	SA National Junior Age Group
15	1:10.78 L	P	Amy Combrink	15	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
16	1:11.01 L	P	Abigail Roberts	15	TUKS TSH	12/12/2023	NTS Championships 2023
17	1:11.04 L	P	Kailey Joubert	15	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
18	1:11.23 L	F	Jaime Mote	15	INFA NMA	12/08/2023	Madibaz Swim Meet 2023
19	1:11.39 L	P	Rachel Hinckley	15	CA EKU	15/03/2024	SA National Junior Age Group
20	1:11.94 L	P	Kendra Begley	15	INFA NMA	15/03/2024	SA National Junior Age Group
21	1:11.97 L	F	Amy Brown	15	SEALE ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
22*	1:11.99 L	P	Gabriella Van Den Berg	15	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE
22*	1:11.99 L	F	Madison du Plessis	15	BLOT MAN	19/04/2024	SA Schools Swimming Championship
24	1:12.36 L	P	Emma Lategan	15	CASC CPT	15/03/2024	SA National Junior Age Group
25	1:12.44 L	P	Ruth Dredge	15	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE
26	1:12.51 L	F	Corli Liversage	15	BLSS MAN	06/12/2023	Free State Champs 2023
27	1:12.78 L	P	Ava-Loren Van Galen	15	STAQ CED	14/12/2023	Western Cape LC-A Championship 2023
28	1:12.91 L	P	Rouxne Du Plessis	15	TUKS TSH	15/03/2024	SA National Junior Age Group
29	1:12.93 L	P	Hannah Burke	15	SFSC CPT	15/03/2024	SA National Junior Age Group
30	1:12.97 L	F	Naledi Thobeha	15	RSA	03/05/2023	CANA Zone IV SwimmingChampions
31	1:13.16 L	P	Zandri Knoetze	15	INFA NMA	15/03/2024	SA National Junior Age Group
32	1:13.34 L	P	Mari Wium	15	QSAW CED	14/12/2023	Western Cape LC-A Championship 2023
33	1:13.38 L	P	Jorja Parsons	15	PSCP UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
34	1:13.57 L	P	Anastasia Sequeira	15	CA EKU	15/03/2024	SA National Junior Age Group
35	1:13.75 L	P	Danaleigh Swanepoel	15	RFA TSH	15/03/2024	SA National Junior Age Group
36	1:13.79 L	P	Jemma Pearse	15	VINE CPT	15/03/2024	SA National Junior Age Group
37	1:13.94 L	P	Kelly Stork	15	BAS EKU	15/03/2024	SA National Junior Age Group
38	1:14.07 L	P	Tanatswa Chandiwana	15	MDOL JHB	15/03/2024	SA National Junior Age Group
39	1:14.11 L	F	Chelsea Main	15	PEAS NMA	21/10/2023	GP OCTOBER 2023
40	1:14.15 L	P	Keira Taylor	15	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
41	1:14.28 L	P	Hannah Sandilands	15	MDOL JHB	15/03/2024	SA National Junior Age Group
42	1:14.44 L	F	Zianè Jantzen	15	QUIC CPT	18/11/2023	CTA QUALIFYING MEET 2
43	1:14.59 L	F	Mareze Frylinck	15	BLSS MAN	06/12/2023	Free State Champs 2023

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
44	1:14.62 L	F	Anri Van Der Westhuizen	15	BLOT MAN	06/12/2023	Free State Champs 2023
45	1:14.70 L	P	Mia Wellsted	15	HASC JHB	20/03/2024	SA Level 3 Regional Age Group
46	1:14.84 L	P	Natania Komakech	15	GAU JHB	19/04/2024	SA Schools Swimming Championship
47	1:15.06 L	F	Zoë Goebel	15	TYGE CPT	24/11/2023	CTA A & B CHAMPS 2023
48	1:15.11 L	F	Lara Smith	15	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
49	1:15.29 L	F	Erin Joubert	15	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
50	1:15.31 L	F	Kate-Lynn Kruger	15	DESA NMA	15/12/2023	NMBA Championships 2023
51	1:15.34 L	F	Jaime Maritz	15	CSA EZD	20/03/2024	SA Level 3 Regional Age Group
52	1:15.41 L	P	Tyra Penn	15	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
53	1:15.47 L	F	Emma Rossouw	15	TYGE CPT	24/11/2023	CTA A & B CHAMPS 2023
54	1:15.50 L	F	Milri-Ann Summerton	15	NWUC KKD	11/11/2023	NWS Age Group 3 + 4
55	1:15.66 L	F	Donne Bruyns	15	CSA EZD	01/12/2023	Mpumalanga Championships 2023
56	1:15.91 L	P	Shanna-Leigh Zeelie	15	BLMA CPT	14/12/2023	Western Cape LC-A Championship 2023
57	1:15.98 L	F	Marlene Ward	15	TUKS FSH	16/02/2024	NTS February Open Age Group 2024
58	1:16.21 L	F	Emily Palmer	15	USC BUF	15/12/2023	NMBA Championships 2023
59	1:16.26 L	P	Gabriella Otto	15	HASC JHB	30/11/2023	CGA Championships 2023
60	1:16.27 L	F	René Kotzé	15	POTC KKD	06/12/2023	NWS Championships 2023/24
61	1:16.34 L	F	Kate-Lynn de Jager	15	BLOT MAN	27/10/2023	Neptune Prestige Gala
62	1:16.35 L	F	Kaylie Groenewald	15	ACAQ CCD	22/09/2023	NTS Level 3+ September Age Group
63	1:16.55 L	F	Stephanie Jurado	15	SSISA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
64	1:16.56 L	F	Cait Da Cunha	15	BON EKU	11/11/2023	EGA Summer 3
65	1:16.76 L	F	Gianna Collard	15	TUKS FSH	20/03/2024	SA Level 3 Regional Age Group
66	1:16.89 L	P	Lily Ogden	15	PEAS NMA	24/06/2023	PEA Winter Gala 2023
67	1:17.26 L	F	Ilanze du Plessis	15	BLSS MAN	06/12/2023	Free State Champs 2023
68	1:17.31 L	F	Simone Vd Merwe	15	LALE CED	11/11/2023	Winelands SL4
69*	1:17.44 L	P	Lily Durant	15	WATR JHB	30/11/2023	CGA Championships 2023
69*	1:17.44 L	F	Madisynn Elliott	15	AA JHB	12/01/2024	2024 Grand Prix Invitation Swimming
71*	1:17.50 L	F	Jaimee Marais	15	ELRAS WBD	16/02/2024	NTS February Open Age Group 2024
71*	1:17.50 L	F	Georgia Gouws	15	PRIO NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
73	1:17.64 L	F	Mia Vd Merwe	15	GSA CPT	24/11/2023	CTA A & B CHAMPS 2023
74	1:17.67 L	F	Megan Neizel	15	PSCP UMD	24/11/2023	Westville-Seals LC Championships
75	1:17.72 L	F	Jaime Roome	15	TUKS FSH	20/10/2023	NTS Level 3+ October Age Group 2023
76	1:17.93 L	P	Skyla Perumal	15	TRAZ FSH	20/03/2024	SA Level 3 Regional Age Group
77	1:18.07 L S	F	Elne Reynolds	15	INFA NMA	26/01/2024	6th A League Gala 2024
78	1:18.10 L	P	Kayla Verbaan	15	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
79	1:18.27 L	F	Ella Eldar	15	TUKS FSH	17/11/2023	NTS Level 3+ November Age Group
80	1:18.68 L	F	Ilke Prinsloo	15	PEAR NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
81	1:18.88 L	F	Megan Augustyn	15	ONYX EKU	15/09/2023	EGA Summer 1
82	1:18.95 L	F	Michaela Nell	15	AAS JHB	30/11/2023	CGA Championships 2023
83	1:18.99 L	F	Robyn Barbour	15	ESP EKU	15/09/2023	EGA Summer 1
84	1:19.00 L	F	Keera De Esclana	15	VRC FSH	01/12/2023	2023 The Tshwane Mayor's Gala
85	1:19.08 L	F	Larissa Visagie	15	LALE CED	10/02/2024	WCA-B Champs - 2024
86	1:19.17 L	F	Amy-Lee Jones	15	CA EKU	26/01/2024	EGA Last Chance 2024
87	1:19.22 L	P	Wilmien Verbeek	15	CASC CPT	24/06/2023	PEA Winter Gala 2023
88	1:19.28 L	F	Caitlyn Dube	15	MDOL JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
89	1:19.29 L	F	Araya de Waal	15	PGAC EKU	15/09/2023	EGA Summer 1
90	1:19.37 L	P	Hannah Naidoo	15	BEAV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
91	1:19.62 L	F	Eva-Bella Bonomi	15	TRAZ FSH	01/12/2023	2023 The Tshwane Mayor's Gala
92	1:19.65 L	F	Amelie Van der Merwe	15	RFA FSH	16/02/2024	NTS February Open Age Group 2024
93	1:19.71 L	P	Jessica Sardinha	15	BAS EKU	20/03/2024	SA Level 3 Regional Age Group
94	1:19.75 L	P	Makula Kyabayinze	15	TUKS FSH	12/12/2023	NTS Championships 2023
95	1:19.89 L	F	Christi Serfontein	15	QUIC CPT	18/11/2023	CTA QUALIFYING MEET 2
96	1:19.99 L	P	Jordan Wessels	15	ASA ILD	14/12/2023	KZNA 2023 Championships Incorp SSA
97*	1:20.04 L	F	Rebecca White	15	SSISA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
97*	1:20.04 L	F	Judy Stevens	15	QUIC CPT	10/02/2024	WCA-B Champs - 2024
99	1:20.07 L	F	Maria Steyn	15	PEAS NMA	01/10/2023	Curro AquaElite Gala
100	1:20.42 L	F	Kaylin Bezuidenhoud	15	BLOT MAN	06/12/2023	Free State Champs 2023
101	1:20.43 L	F	Chrisley Barnard	15	BS LLD	06/12/2023	Free State Champs 2023
102	1:20.73 L	F	Mieke Vd Walt	15	FISH EDD	21/10/2023	EDEN 2nd A-League Gala 2023

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
103	1:20.75	L	P	Tafadzwa Chandiwana	15	MDOL JHB	15/03/2024 SA National Junior Age Group
104	1:20.99	L	F	Karmen Van Rensburg	15	UNI EZD	01/12/2023 Mpumalanga Championships 2023
105*	1:21.01	L	P	Isabella Havemann	15	ASAC CPT	14/12/2023 Western Cape LC-A Championship 2023
105*	1:21.01	L	P	Mia Gerber	15	LALE CED	14/12/2023 Western Cape LC-A Championship 2023
107	1:21.03	L	P	Kganya Mashigo	15	PAC TSH	12/12/2023 NTS Championships 2023
108	1:21.10	L	P	Peta Mazery	15	WSTV ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
109	1:21.12	L	F	Jessica Bosman	15	QUIC CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
110	1:21.13	L	F	Leeya Amon	15	CASC CPT	24/11/2023 CTA A & B CHAMPS 2023
111	1:21.14	L	F	Catherine Desilla	15	SASE JHB	24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
112	1:21.17	L	F	Simone Cussons	15	UNI EZD	01/12/2023 Mpumalanga Championships 2023
113	1:21.20	L	P	Georgia Alston	15	SASE JHB	20/03/2024 SA Level 3 Regional Age Group
114	1:21.34	L	F	Nicole Van Zyl	15	CA EKU	26/01/2024 EGA Last Chance 2024
115	1:21.47	L	F	Anne Marais	15	TKS WBD	01/12/2023 Limpopo Champs
116	1:21.53	L	P	Mea Harding	15	BAS EKU	20/03/2024 SA Level 3 Regional Age Group
117	1:21.66	L	F	Maria Dos Santos	15	HREF BP	02/02/2024 NTS Level 1+2 February Age Group
118	1:21.73	L	P	Johané Jv Rensburg	15	TUKS TSH	12/12/2023 NTS Championships 2023
119	1:21.78	L	F	Leah Crozier	15	FAAC	14/10/2023 FLAMINGO GALA 14 - 15 OCTOBER
120	1:21.93	L	F	Ingrid Van Loggerenberg	15	TUKS TSH	24/03/2024 SA Level 2 Regional Age Group Champs
121	1:21.99	L	P	Gaby Bishop	15	BETH FDD	26/03/2024 SA Level 2 Regional Age Group Champs
122	1:22.12	L	F	Sian Kleynhans	15	ROA EDD	21/10/2023 EDEN 2nd A-League Gala 2023
123	1:22.16	L	F	Jocelyn Cromhout	15	HARL BUF	24/11/2023 BCA Long Course Championships 2023
124	1:22.17	L	P	Ilanthy Moolman	15	MSC NGD	01/12/2023 Mpumalanga Championships 2023
125	1:22.24	L	F	Ilze Hendriks	15	LEGC ETH	24/11/2023 Westville-Seals LC Championships
126	1:22.31	L	F	Alexandra Santos	15	PSCP UMD	05/04/2024 SA Level 2 Regional Age Group Champs
127*	1:22.38	L	F	Lungiswa Grootboom	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
127*	1:22.38	L	F	Tayla Dowie	15	QUES JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
129	1:22.53	L	F	Jade O'Connor	15	TUKS TSH	17/11/2023 NTS Level 3+ November Age Group
130	1:22.65	L	F	Anne Steyl	15	UPSK ZMD	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
131*	1:22.67	L	P	Shayla Harvey	15	WSTV ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
131*	1:22.67	L	P	Milan Van Heerden	15	AZON ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
133	1:22.70	L	F	Stacey Smith	15	PAC TSH	20/10/2023 NTS Level 3+ October Age Group 2023
134	1:22.84	L	F	Chloe Byrne	15	SEAL UMD	27/01/2024 Ushaka Champs 2024
135	1:23.06	L	F	WanRu Zhou	15	BLMA CPT	11/11/2023 Swartland Prestige Gala 2023
136	1:23.12	L	F	Kuzingca Siramza	15	BCA BUF	13/01/2024 BCA Inter-District Championship Gala
137	1:23.24	L	F	Zadie Van Wyk	15	TRAZ TSH	24/03/2024 SA Level 2 Regional Age Group Champs
138	1:23.33	L	P	Katia Jacob	15	HASC JHB	30/11/2023 CGA Championships 2023
139	1:23.35	L	P	Catherine O'Grady	15	MSC NGD	20/03/2024 SA Level 3 Regional Age Group
140	1:23.52	L	F	Abigail Scheffer	15	PAC TSH	17/11/2023 NTS Level 3+ November Age Group
141	1:23.57	L	P	Paige Edmundson	15	SASE JHB	20/03/2024 SA Level 3 Regional Age Group
142	1:24.42	L	F	Chloe Pieterse	15	QSAW CED	03/02/2024 Winelands SL final
143	1:24.50	L	F	Esti Mouton	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
144	1:24.64	L	F	Sandri Visser	15	PLAY CED	03/02/2024 Winelands SL final
145	1:24.71	L	F	Chrystil Raymond	15	CSA EZD	02/02/2024 MP AGE GROUP 5 GALA
146	1:24.81	L	F	Amelie Brügers	15	VINE CPT	18/11/2023 CTA QUALIFYING MEET 2
147	1:24.87	L	F	Lara Wink	15	VINE CPT	10/02/2024 WCA-B Champs - 2024
148	1:25.04	L	F	Tia Mari Theron	15	HSBV SKD	27/01/2024 Limpopo School Champs
149	1:25.23	L S	P	Siobhan Evans	15	CA EKU	07/12/2023 EGA Summer Championships
150	1:25.24	L	F	Mariel van der Net	15	JAQ EKU	24/03/2024 SA Level 2 Regional Age Group Champs
151	1:25.34	L	P	Rii Spoelstra	15	TUKS TSH	12/12/2023 NTS Championships 2023
152	1:25.35	L	F	Mila Petrak	15	ELEC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
153	1:25.36	L	P	Sunny Huang	15	CA EKU	20/03/2024 SA Level 3 Regional Age Group
154	1:25.40	L	F	Esmarie Terblanche	15	LALE CED	03/02/2024 Winelands SL final
155	1:25.67	L	F	Summer Ascieti	15	CYBE CPT	18/11/2023 CTA QUALIFYING MEET 2
156	1:25.85	L	P	Deoné Borstlap	15	POTC KKD	06/12/2023 NWS Championships 2023/24
157	1:26.07	L	F	Reese Edwards	15	SSISA CPT	18/11/2023 CTA QUALIFYING MEET 2
158	1:26.09	L	F	Ashley Seymour	15	WELA LLD	06/12/2023 Free State Champs 2023
159	1:26.70	L	F	Kayla Welgemoed	15	VALS FDD	26/03/2024 SA Level 2 Regional Age Group Champs
160	1:26.78	L	F	Nicola Olivier	15	MCS BP	23/02/2024 NW School Championships 2024
161	1:27.05	L	F	Lara Louw	15	BLNE MAN	06/12/2023 Free State Champs 2023

### Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
162	1:27.07	L	F	Yvonne Pretorius	15	MSC NGD	13/10/2023 MP AGE GROUP 2
163	1:27.39	L	F	Asia Kleinhans	15	AQDO CPT	16/09/2023 CTA A MEET 3
164	1:27.44	L	F	Alea Du Toit	15	CYBE CPT	21/01/2024 CTA BMEET 4
165	1:27.45	L	F	Jenna White	15	HE CCD	14/10/2023 Limpopo Top 8 - High Schools
166	1:27.49	L	F	Anmi Slabbert	15	PAQU CED	10/02/2024 WCA-B Champs - 2024
167	1:27.71	L	P	Mia De Klerk	15	CSA EZD	24/03/2024 SA Level 2 Regional Age Group Champs
168	1:27.77	L	F	Micaela Mutooni	15	ELEC FSH	01/12/2023 2023 The Tshwane Mayor's Gala
169	1:27.78	L	F	Anneke Stassen	15	CASC CPT	10/02/2024 WCA-B Champs - 2024
170	1:27.82	L	F	Gabriella Kirsten	15	QSAW CED	17/02/2024 Swartland Invitational Gala 2024
171	1:27.88	L	F	Jessica Carrol	15	BLMA CPT	11/11/2023 Swartland Prestige Gala 2023
172	1:28.05	L	F	Celine Miles	15	BLUO UGD	24/11/2023 Westville-Seals LC Championships
173	1:28.24	L	F	Anè Cloete	15	TYGE CPT	17/09/2023 CTA BMEET 3
174	1:28.28	L	F	Izolde Lombard	15	PSC FSH	22/02/2024 18th Botswana Swimming Nationals
175	1:28.36	L	F	Tayler Ririe	15	BLNE MAN	27/10/2023 Neptune Prestige Gala
176	1:28.51	L	F	Nina Van Tonder	15	LALE CED	11/11/2023 Winelands SL4
177	1:28.57	L	F	Jessica Carver	15	ELEC FSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
178	1:28.69	L	F	Emma Jansen van Rensburg	15	QSAW CED	10/02/2024 WCA-B Champs - 2024
179	1:28.79	L	F	Ogalaletseng Khosana	15	TUKS FSH	16/02/2024 NTS February Open Age Group 2024
180	1:28.96	L	F	Lerize Du Toit	15	PHS CCD	27/01/2024 Limpopo School Champs
181	1:29.00	L	F	Zia Petersen	15	XSAQ CPT	21/01/2024 CTA BMEET 4
182	1:29.45	L	F	Bea Van der Merwe	15	RFA FSH	01/12/2023 2023 The Tshwane Mayor's Gala
183	1:29.53	L	F	Sienna Lombard	15	HPS FSH	24/03/2024 SA Level 2 Regional Age Group Champs
184	1:29.77	L	F	Emma Davies	15	BAS EKU	15/09/2023 EGA Summer 1
185	1:29.92	L	F	Mia Crookham	15	TYGE CPT	18/11/2023 CTA QUALIFYING MEET 2
186	1:29.96	L	F	Helena Pretorius	15	HSBV SKD	14/10/2023 Limpopo Top 8 - High Schools
187	1:29.99	L	F	Esther Sullivan	15	WSTV ETH	21/01/2024 EDA Age Group Gala 5 2024
188	1:30.63	L	P	Gabriella Carminati	15	AFIN JHB	24/03/2024 SA Level 2 Regional Age Group Champs
189	1:30.64	L	F	Vera Chen	15	BLSS MAN	15/09/2023 Bull Sharks Annual Gala
190	1:30.83	L	F	Ashleigh Davies	15	WELA LLD	03/11/2023 Heidedal Welkom Gala
191	1:30.96	L	F	Rienke Blignaut	15	BLSS MAN	03/11/2023 Heidedal Welkom Gala
192	1:30.98	L	F	Sadie Jelley	15	RFA FSH	02/02/2024 NTS Level 1+2 February Age Group
193	1:31.06	L	F	Chloe Jewell	15	PEAS NMA	05/10/2023 42nd Freda Barnard Invitational Gala
194	1:31.08	L	P	Victoria-Ann Anthony	15	BON EKU	24/03/2024 SA Level 2 Regional Age Group Champs
195	1:31.15	L	F	Juliana Du Plessis	15	HBV MP	14/10/2023 Limpopo Top 8 - High Schools
196	1:32.06	L	F	Jacoline Crous	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
197	1:32.20	L	F	Anè Kemp	15	SWAR WCD	17/02/2024 Swartland Invitational Gala 2024
198	1:32.79	L	F	Lisa van der Westhuizen	15	POTC KKD	21/10/2023 NWS Age Group 1 & 2 2023
199	1:32.97	L	F	Shyenne Laubscher	15	WELA LLD	27/10/2023 Neptune Prestige Gala
200	1:33.34	L	F	Shaelyn Lawson	15	AQUA BUF	24/11/2023 BCA Long Course Championships 2023
201	1:33.66	L	F	Mignon Burger	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
202	1:33.69	L	F	Paula Van Zyl	15	LALE CED	11/11/2023 Winelands SL4
203	1:33.80	L	F	Michaela Clegg	15	PEAS NMA	01/10/2023 Curro AquaElite Gala
204	1:33.89	L	F	Izaan Meintjes	15	HPP BUF	14/10/2023 Limpopo Top 8 - High Schools
205	1:34.48	L	F	Imaan Velloo	15	MANT CPT	21/01/2024 CTA BMEET 4
206	1:34.61	L	F	Hannah Coert	15	MANT CPT	21/01/2024 CTA BMEET 4
207	1:34.93	L	F	Esther Sauls	15	PGAC EKU	26/01/2024 EGA Last Chance 2024
208	1:35.28	L	P	Cleo May	15	MARL CPT	24/06/2023 PEA Winter Gala 2023
209	1:35.58	L	F	Brooklyn-Taylor Sunker	15	MAKO EKU	26/01/2024 EGA Last Chance 2024
210	1:35.95	L	F	Lore Elise Snyckers	15	AHMP FSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
211	1:36.27	L	F	Annika Potgieter	15	POTC KKD	21/10/2023 NWS Age Group 1 & 2 2023
212	1:36.60	L S	P	Kholofelo Seabi	15	SWIFT EKU	07/12/2023 EGA Summer Championships
213	1:36.72	L	F	Alaynah Bhamjee	15	WATR JHB	26/07/2023 Giochi Del Tricolore Swim
214	1:36.97	L	F	Riley Koegelenberg	15	LALE CED	11/11/2023 Winelands SL4
215	1:37.95	L	F	Maya Ndegwa	15	ELEC FSH	03/11/2023 NTS Level 1+2 November Age Group
216	1:38.56	L	P	Veera Khusal	15	BON EKU	24/03/2024 SA Level 2 Regional Age Group Champs
217	1:38.80	L	P	Selente Oosthuysen	15	HREF BP	06/12/2023 NWS Championships 2023/24
218	1:39.20	L	F	Amy Klink	15	JAQ EKU	02/03/2024 AG Level 1 Regional Age Group
219	1:39.23	L	F	Helena Van Vuuren	15	KALA	03/02/2024 NCASA SPRINTS 2024
220	1:41.07	L	F	Chelsea Snyman	15	HBV MP	14/10/2023 Limpopo Top 8 - High Schools

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
221*	1:41.44	L	F	Bathiyana Zondo	15	BARR CPT	05/10/2023	42nd Freda Barnard Invitational Gala
221*	1:41.44	L S	F	Kate Allwood	15	ASAC CPT	14/12/2023	Western Cape LC-A Championship 2023
223	1:41.71	L	P	Camryn Shaw	15	PEAS NMA	24/06/2023	PEA Winter Gala 2023
224	1:41.82	L	F	Gabriella Oaten	15	CYBE CPT	17/02/2024	Swartland Invitational Gala 2024
225	1:42.27	L	F	Runakorwashe Makumbe	15	TUKS TSH	03/11/2023	NTS Level 1+2 November Age Group
226	1:42.40	L	P	Beané du Plessis	15	STELL RMD	06/12/2023	NWS Championships 2023/24
227	1:43.44	L	F	Shay-Leigh Pieters	15	HURA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
228	1:47.00	L	F	Isabella Ress	15	CYBE CPT	17/02/2024	Swartland Invitational Gala 2024
229	1:49.23	L	P	Naseerah Du Toit	15	UWCA CPT	21/03/2024	SA Level 3 Regional Age Group
230	1:49.29	L	F	Lesedi Kgarimetsa	15	SWIM1 JHB	02/03/2024	AG Level 1 Regional Age Group
231	1:50.97	L	F	Naseerah Vd Merwe	15	WEST CPT	17/09/2023	CTA BMEET 3
232	1:52.82	L	F	Lesedi-Lere Themba	15	ESP EKU	02/03/2024	AG Level 1 Regional Age Group
233	1:53.34	L S	P	Kaelo Makhatho	15	ESP EKU	07/12/2023	EGA Summer Championships
234	1:54.48	L	F	Elia Jones	15	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
235	1:58.24	L	F	Esethu Mabula	15	SRAY BUF	24/11/2023	BCA Long Course Championships 2023
236	1:58.45	L	F	Simone Bronkhorst	15	PHS CCD	27/01/2024	Limpopo School Champs
237	1:58.67	L	F	Chulumanco Nyukwana	15	MPS NGD	03/02/2024	Buffalo City School Trials 2024
238	1:59.18	L	F	Abigail Cullen	15	WELA LLD	06/12/2023	Free State Champs 2023
239	1:59.60	L	P	Michelle Seerane	15	RBOT BPD	06/12/2023	NWS Championships 2023/24
240	2:00.39	L	F	Lwazi Mqeke	15	WELA LLD	27/10/2023	Neptune Prestige Gala
241	2:00.47	L	F	Bianke Von Schlichting	15	PRA GSD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
242	2:03.48	L	F	Annica Brand	15	CLSC WCD	17/02/2024	Swartland Invitational Gala 2024
243	2:04.61	L	F	Zoë Pierce	15	ESTR EKU	11/11/2023	EGA Summer 3
244	2:07.32	L	F	Kurisani Maswakhomu	15	HBV MP	27/01/2024	Limpopo School Champs
245	2:08.22	L	F	Jada Grill	15	HURA CPT	11/11/2023	Swartland Prestige Gala 2023
246	2:11.24	L	F	Minette Els	15	BETH FDD	18/11/2023	Valsrivier Gala
247	2:11.73	L	F	Thea Vermaak	15	WELA LLD	03/11/2023	Heidedal Welkom Gala
248	2:17.42	L	F	Lumicke Groenewald	15	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
<b>Women 15-15 200 Back</b>								
1	2:21.95	L	F	Jenna Coetzee	15	INFA NMA	23/09/2023	3rd A League Gala 2023
2	2:25.60	L S	F	Scarlett Le Roux	15	CA EKU	15/03/2024	SA National Junior Age Group
3	2:25.83	L	P	Gizelle Maritz	15	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
4	2:29.26	L S	F	Amy O'Connor	15	CRSC JHB	15/03/2024	SA National Junior Age Group
5	2:30.32	L S	F	Danielle Cronjè	15	LALE CED	15/03/2024	SA National Junior Age Group
6	2:30.45	L S	P	Chloe Olivier	15	CA EKU	15/03/2024	SA National Junior Age Group
7	2:31.03	L S	F	Jana Swiegers	15	TUKS TSH	15/03/2024	SA National Junior Age Group
8	2:31.07	L	P	Kayla Gous	15	ECA BUF	08/04/2024	SA National Aquatic Champ 2024-PE
9	2:31.22	L	P	Kailey Joubert	15	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
10	2:31.66	L S	F	Rouxne Du Plessis	15	TUKS TSH	15/03/2024	SA National Junior Age Group
11	2:32.27	L	F	Mila Vd Linde	15	GAU JHB	19/04/2024	SA Schools Swimming Championship
12	2:32.42	L	F	Rachel Hinckley	15	CA EKU	07/12/2023	EGA Summer Championships
13	2:36.53	L	P	Madison du Plessis	15	FSA FS	08/04/2024	SA National Aquatic Champ 2024-PE
14	2:36.68	L S	P	Katelyn Fourie	15	CA EKU	15/03/2024	SA National Junior Age Group
15*	2:36.80	L S	P	Mikayla Lombard	15	TUKS TSH	15/03/2024	SA National Junior Age Group
15*	2:36.80	L S	P	Hannah Sandilands	15	MDOL JHB	15/03/2024	SA National Junior Age Group
17	2:37.02	L S	P	Kelly Stork	15	BAS EKU	15/03/2024	SA National Junior Age Group
18	2:37.36	L S	P	Danaleigh Swanepoel	15	RFA TSH	15/03/2024	SA National Junior Age Group
19	2:37.71	L	F	Chelsea Main	15	PEAS NMA	09/11/2023	Mauritius Summer Championships (LC)
20*	2:38.26	L	F	Hannah Burke	15	SFSC CPT	03/02/2024	Winelands SL final
20*	2:38.26	L	F	Amy Brown	15	SEALE ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
22	2:38.47	L S	F	Corli Liversage	15	BLSS MAN	06/12/2023	Free State Champs 2023
23	2:39.07	L	P	Amy Combrink	15	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
24*	2:39.08	L S	P	Emma Lategan	15	CASC CPT	15/03/2024	SA National Junior Age Group
24*	2:39.08	L	F	Mareze Frylinck	15	FSA FS	27/01/2024	4 + 1 Inter Provincial Gala 2023
26	2:39.32	L	F	Kendra Begley	15	INFA NMA	26/08/2023	2nd A League Gala 2023
27	2:39.45	L	F	Annebel Stewart	15	AZON ETH	24/11/2023	Westville-Seals LC Championships
28	2:40.43	L	F	Naledi Thobeha	15	RSA	03/05/2023	CANA Zone IV Swimming Champions
29	2:41.07	L S	P	Abigail Roberts	15	TUKS TSH	15/03/2024	SA National Junior Age Group
30	2:41.29	L	F	Ruth Dredge	15	PAC TSH	23/06/2023	Treviso Swim Cup

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
31	2:41.39	L	F	Mieke Vd Wal	15	CASC CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
32	2:41.52	L	F	Anastasia Sequeira	15	CA EKU	24/11/2023 EGA Summer 4
33	2:41.86	L	F	Emma Rossouw	15	TYGE CPT	21/03/2024 SA Level 3 Regional Age Group
34	2:42.58	L	F	Erin Joubert	15	KLOO ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
35	2:42.74	L	F	Donne Bruyns	15	CSA EZD	20/03/2024 SA Level 3 Regional Age Group
36	2:42.89	L S	F	Zoë Goebel	15	TYGE CPT	24/11/2023 CTA A & B CHAMPS 2023
37	2:43.36	L	P	Kayla Verbaan	15	KLOO ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
38	2:44.05	L	F	Kate-Lynn Kruger	15	DESA NMA	09/02/2024 Infinity Gala 2024
39	2:44.16	L	F	Keira Taylor	15	TUKS TSH	20/03/2024 SA Level 3 Regional Age Group
40	2:44.17	L S	F	Ilanze du Plessis	15	BLSS MAN	06/12/2023 Free State Champs 2023
41	2:44.31	L	P	Kate-Lynn de Jager	15	BLOT MAN	14/12/2023 Western Cape LC-A Championship 2023
42	2:44.72	L	F	Jorja Parsons	15	PSCP UMD	14/12/2023 KZNA 2023 Championships Incorp SSA
43	2:44.74	L	P	Shanna-Leigh Zeelie	15	BLMA CPT	14/12/2023 Western Cape LC-A Championship 2023
44	2:45.06	L S	P	Jemma Pearse	15	VINE CPT	15/03/2024 SA National Junior Age Group
45	2:45.80	L S	F	Mia Vd Merwe	15	GSA CPT	24/11/2023 CTA A & B CHAMPS 2023
46	2:46.05	L	F	René Kotzé	15	POTC KKD	06/12/2023 NWS Championships 2023/24
47	2:46.11	L	P	Zianè Jantzen	15	QUIC CPT	14/12/2023 Western Cape LC-A Championship 2023
48	2:46.42	L	P	Jessica Sardinha	15	BAS EKU	20/03/2024 SA Level 3 Regional Age Group
49	2:46.87	L	P	Robyn Barbour	15	ESP EKU	20/03/2024 SA Level 3 Regional Age Group
50	2:46.99	L	F	Mia Wellsted	15	HASC JHB	20/03/2024 SA Level 3 Regional Age Group
51	2:47.10	L S	P	Ava-Loren Van Galen	15	STAQ CED	15/03/2024 SA National Junior Age Group
52	2:47.21	L S	P	Madisynn Elliott	15	AA JHB	15/03/2024 SA National Junior Age Group
53	2:47.23	L	F	Amy-Lee Jones	15	CA EKU	26/01/2024 EGA Last Chance 2024
54	2:47.42	L	F	Lily Ogden	15	PEAS NMA	22/07/2023 1st A League Gala 2023
55	2:47.79	L	P	Lily Durant	15	WATR JHB	30/11/2023 CGA Championships 2023
56	2:48.63	L	F	Milri-Ann Summerton	15	NWUC KKD	11/11/2023 NWS Age Group 3 + 4
57	2:48.79	L	F	Tyra Penn	15	WATR JHB	30/11/2023 CGA Championships 2023
58	2:48.93	L	F	Gabriella Otto	15	HASC JHB	30/11/2023 CGA Championships 2023
59	2:48.98	L	P	Natania Komakech	15	GAU JHB	19/04/2024 SA Schools Swimming Championship
60	2:49.23	L	F	Leila Yazbek	15	BLNE MAN	03/11/2023 Heidedal Welkom Gala
61	2:49.38	L	F	Megan Augustyn	15	ONYX EKU	26/01/2024 EGA Last Chance 2024
62	2:49.76	L	F	Megan Neizel	15	PSCP UMD	24/11/2023 Westville-Seals LC Championships
63	2:49.80	L	P	Kaylie Groenewald	15	ACAQ CCD	20/03/2024 SA Level 3 Regional Age Group
64	2:49.86	L	P	Skyla Perumal	15	TRAZ TSH	20/03/2024 SA Level 3 Regional Age Group
65	2:50.26	L	F	Sian Kleynhans	15	ROA EDD	10/02/2024 WCA-B Champs - 2024
66	2:50.78	L	F	Judy Stevens	15	QUIC CPT	10/02/2024 WCA-B Champs - 2024
67	2:51.40	L	F	Maria Steyn	15	BLSS MAN	21/03/2024 SA Level 3 Regional Age Group
68	2:51.59	L	P	Mea Harding	15	BAS EKU	20/03/2024 SA Level 3 Regional Age Group
69	2:51.76	L	F	Wilmien Verbeek	15	CASC CPT	24/06/2023 PEA Winter Gala 2023
70	2:51.80	L S	F	Chrisley Barnard	15	BS LLD	06/12/2023 Free State Champs 2023
71	2:51.99	L	F	Larissa Visagie	15	LALE CED	10/02/2024 WCA-B Champs - 2024
72	2:52.35	L	F	Anne Marais	15	TKS WBD	01/12/2023 Limpopo Champs
73	2:52.63	L	F	Jade O'Connor	15	TUKS TSH	20/10/2023 NTS Level 3+ October Age Group 2023
74	2:52.94	L	F	Caitlyn Dube	15	MDOL JHB	14/10/2023 CGA Level 2 + Gala Oct 2023
75	2:53.13	L	P	Johané Jv Rensburg	15	TUKS TSH	12/12/2023 NTS Championships 2023
76	2:53.17	L	F	Jocelyn Cromhout	15	HARL BUF	24/11/2023 BCA Long Course Championships 2023
77	2:53.23	L	F	Jessica Bosman	15	QUIC CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
78	2:53.77	L	P	Georgia Alston	15	SASE JHB	20/03/2024 SA Level 3 Regional Age Group
79	2:53.95	L	F	Amelie Van der Merwe	15	RFA TSH	16/02/2024 NTS February Open Age Group 2024
80	2:54.74	L	F	Jaimee Marais	15	HSTAN MP	27/01/2024 Limpopo School Champs
81	2:54.84	L	F	Jaime Maritz	15	CSA EZD	03/11/2023 MP AGE GROUP 3 & 4 NOV 2023
82	2:54.85	L	P	Kganya Mashigo	15	PAC TSH	12/12/2023 NTS Championships 2023
83	2:55.64	L	P	Cait Da Cunha	15	BON EKU	07/12/2023 EGA Summer Championships
84*	2:55.67	L	F	Leah Crozier	15	FAAC	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
84*	2:55.67	L	F	Chrystil Raymond	15	CSA EZD	13/10/2023 MP AGE GROUP 2
86	2:56.09	L	F	Eine Reynolds	15	INFA NMA	12/08/2023 Madibaz Swim Meet 2023
87	2:56.32	L	P	Nicole Van Zyl	15	CA EKU	20/03/2024 SA Level 3 Regional Age Group
88	2:56.47	L	F	Makula Kyabayinze	15	TUKS TSH	22/09/2023 NTS Level 3+ September Age Group
89	2:56.49	L	F	Gaby Bishop	15	BETH FDD	26/03/2024 SA Level 2 Regional Age Group Champs

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
90	2:56.79	L	F	Abigail Scheffer	15	PAC	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
91	2:56.84	L	F	WanRu Zhou	15	BLMA	CPT	11/11/2023	Swartland Prestige Gala 2023
92	2:57.18	L	F	Maria Dos Santos	15	MCS	BP	23/02/2024	NW School Championships 2024
93*	2:57.42	L	F	Ilze Hendriks	15	LEGC	ETH	24/11/2023	Westville-Seals LC Championships
93*	2:57.42	L	F	Mieke Vd Walt	15	FISH	EDD	04/11/2023	EDEN 3rd A-League School Trials Gala
95	2:57.97	L	F	Catherine O'Grady	15	MSC	NGD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
96	2:58.23	L	F	Katia Jacob	15	HASC	JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
97	2:59.49	L	F	Anne Steyl	15	UPSK	ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
98*	2:59.51	L	F	Summer Ascielli	15	CYBE	CPT	10/02/2024	WCA-B Champs - 2024
98*	2:59.51	L	F	Ingrid Van Loggerenberg	15	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
100	2:59.77	L	F	Lungiswa Grootboom	15	SWAR	WCD	11/11/2023	Swartland Prestige Gala 2023
101	2:59.96	L	F	Mia De Klerk	15	CSA	EZD	13/10/2023	MP AGE GROUP 2
102	3:00.01	L	F	Simone Cussons	15	UNI	EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
103	3:00.55	L	P	Shayla Harvey	15	WSTV	ETH	14/12/2023	KZNA 2023 Championships Incorpor SSA
104	3:00.63	L	F	Deoné Borstlap	15	POTC	KKD	24/03/2024	SA Level 2 Regional Age Group Champs
105	3:01.43	L	P	Rii Spoelstra	15	TUKS	FSH	20/03/2024	SA Level 3 Regional Age Group
106	3:01.51	L	F	Amelie Brügers	15	VINE	CPT	10/02/2024	WCA-B Champs - 2024
107	3:01.54	L S	F	Anneke Stassen	15	CASC	CPT	24/11/2023	CTA A & B CHAMPS 2023
108	3:01.85	L	F	Yvonne Pretorius	15	MSC	NGD	13/10/2023	MP AGE GROUP 2
109*	3:03.61	L	F	Tayla Dowie	15	QUES	JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
109*	3:03.61	L	F	Chloe Petersen	15	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
111	3:03.99	L	F	Zante Young	15	RBUR	BPD	06/12/2023	NWS Championships 2023/24
112	3:04.35	L	F	Chloe Pieterse	15	QSAW	CED	03/02/2024	Winelands SL final
113	3:06.12	L	F	Alexandra Santos	15	PSCP	UMD	05/04/2024	SA Level 2 Regional Age Group Champs
114	3:06.24	L S	F	Lara Louw	15	BLNE	MAN	06/12/2023	Free State Champs 2023
115	3:06.34	L S	F	Ashley Seymour	15	WELA	LLD	06/12/2023	Free State Champs 2023
116	3:07.37	L	F	Kaylin Bezuidenhoud	15	BLOT	MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
117	3:09.06	L	F	Lara Wink	15	VINE	CPT	11/11/2023	Swartland Prestige Gala 2023
118	3:09.30	L	F	Anmi Slabbert	15	PAQU	CED	10/02/2024	WCA-B Champs - 2024
119	3:10.38	L	F	Tia Mari Theron	15	HSBV	SKD	27/01/2024	Limpopo School Champs
120	3:10.91	L	F	Micaela Mutooni	15	ELEC	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
121	3:11.40	L	F	Mignon Burger	15	SWAR	WCD	11/11/2023	Swartland Prestige Gala 2023
122	3:11.84	L	P	Mariel van der Net	15	JAQ	EKU	07/12/2023	EGA Summer Championships
123	3:12.57	L	F	Tayler Ririe	15	BLNE	MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
124	3:14.10	L	F	Lerize Du Toit	15	PHS	CCD	27/01/2024	Limpopo School Champs
125	3:14.33	L	F	Jessica Carver	15	ELEC	FSH	19/01/2024	NTS Level 1+2 January Age Group 2024
126	3:14.56	L	F	Anè Kemp	15	SWAR	WCD	11/11/2023	Swartland Prestige Gala 2023
127	3:14.61	L	F	Milla Douglas	15	AZON	ETH	16/02/2024	EDA Age Group Gala 6 2024
128	3:17.32	L	F	Alea Du Toit	15	CYBE	CPT	18/11/2023	CTA QUALIFYING MEET 2
129	3:17.51	L	F	Emma Barnard	15	EVO	CPT	10/02/2024	WCA-B Champs - 2024
130	3:18.17	L	F	Sadie Jelley	15	RFA	FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
131	3:18.25	L	F	Esther Sauls	15	PGAC	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
132	3:19.42	L	F	Maya Ndegwa	15	ELEC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
133	3:23.28	L S	F	Hannah Coert	15	MANT	CPT	24/11/2023	CTA A & B CHAMPS 2023
134	3:23.44	L	F	Selente Oosthuysen	15	HREF	BP	06/12/2023	NWS Championships 2023/24
135	3:23.60	L	F	Shaelyn Lawson	15	AQUA	BUF	24/11/2023	BCA Long Course Championships 2023
136	3:23.64	L	F	Lore Elise Snyckers	15	AHMP	FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
137	3:24.17	L	F	Sayuri Moopanar	15	ACSA	ETH	03/11/2023	EDA Age Group Gala 4 2023
138	3:24.43	L	P	Lisa van der Westhuizen	15	POTC	KKD	06/12/2023	NWS Championships 2023/24
139	3:27.81	L	F	Logan Francke	15	RBOT	BPD	11/11/2023	NWS Age Group 3 + 4
140	3:28.20	L	F	Mila Petrak	15	ELEC	FSH	19/01/2024	NTS Level 1+2 January Age Group 2024
141	3:30.43	L	F	Kholofelo Seabi	15	SWIFT	EKU	28/10/2023	EGA Summer 2 2023
142	3:33.19	L S	F	Bathiyana Zondo	15	BARR	CPT	24/11/2023	CTA A & B CHAMPS 2023
143	3:34.34	L	F	Amy Klink	15	JAQ	EKU	28/10/2023	EGA Summer 2 2023
144	3:42.73	L	F	Helena Van Vuuren	15	KALA		02/12/2023	AGE GROUP 3 KATHU - 2023
145	3:49.72	L	F	Shay-Leigh Pieters	15	HURA	CPT	11/11/2023	Swartland Prestige Gala 2023
146	4:13.06	L	P	Lesedi-Lere Themba	15	ESP	EKU	07/12/2023	EGA Summer Championships
<b>Women 15-15 50 Breast</b>									
1	32.71	L	P	Chanel Veldsman	15	PSCP	UMD	15/03/2024	SA National Junior Age Group



### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
2	33.34 L	F	Gabriella Van Den Berg	15	ELEC TSH	15/03/2024	SA National Junior Age Group	
3	33.78 L	F	Kayla Gous	15	USC BUF	15/03/2024	SA National Junior Age Group	
4	33.89 L	F	Lara Gouws	15	TUKS TSH	15/03/2024	SA National Junior Age Group	
5	34.31 L	F	Jaime Mote	15	INFA NMA	15/03/2024	SA National Junior Age Group	
6	34.40 L	F	Mieke Vd Wal	15	CASC CPT	15/03/2024	SA National Junior Age Group	
7	34.49 L	F	Tyra Penn	15	WATR JHB	15/03/2024	SA National Junior Age Group	
8	34.84 L	P	Amy Combrink	15	WCA CPT	19/04/2024	SA Schools Swimming Championship	
9	34.93 L	P	Zine Mostert	15	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE	
10	34.94 L	F	Kendra Begley	15	INFA NMA	15/03/2024	SA National Junior Age Group	
11	35.38 L	P	Mikayla Lombard	15	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE	
12	35.87 L	P	Caitlyn Dube	15	MDOL JHB	15/03/2024	SA National Junior Age Group	
13	36.00 L	P	Ella Eldar	15	TUKS TSH	15/03/2024	SA National Junior Age Group	
14*	36.39 L	P	Juliette van Vught	15	SASE JHB	15/03/2024	SA National Junior Age Group	
14*	36.39 L	F	Elne Reynolds	15	INFA NMA	15/12/2023	NMBA Championships 2023	
16	36.40 L	F	Kathleen Welsh	15	MSC NGD	01/12/2023	Mpumalanga Championships 2023	
17	36.46 L	P	Leah Scott	15	BLUO UGD	15/03/2024	SA National Junior Age Group	
18	36.63 L	P	Ava-Loren Van Galen	15	STAQ CED	15/03/2024	SA National Junior Age Group	
19	36.66 L	P	Karmen Van Rensburg	15	UNI EZD	15/03/2024	SA National Junior Age Group	
20	36.77 L	F	Leila Yazbek	15	BLNE MAN	06/12/2023	Free State Champs 2023	
21	36.84 L	F	Scarlett Le Roux	15	CA EKU	11/11/2023	EGA Summer 3	
22*	36.86 L	F	Jaime Maritz	15	CSA EZD	20/03/2024	SA Level 3 Regional Age Group	
22*	36.86 L	F	Kayla Vosloo	15	BLOT MAN	06/12/2023	Free State Champs 2023	
24	37.28 L S	F	Jessica Sardinha	15	BAS EKU	07/12/2023	EGA Summer Championships	
25	37.32 L	P	Corli Liversage	15	BLSS MAN	15/03/2024	SA National Junior Age Group	
26	37.44 L	P	Stacey Smith	15	PAC TSH	15/03/2024	SA National Junior Age Group	
27	37.53 L	P	Jodi Boettger	15	USC BUF	15/03/2024	SA National Junior Age Group	
28	37.64 L	F	Tshenolo Ntsie	15	TUKS TSH	12/12/2023	NTS Championships 2023	
29	37.69 L	P	Mia Gerber	15	LALE CED	15/03/2024	SA National Junior Age Group	
30	37.82 L	F	Madison du Plessis	15	BLOT MAN	06/12/2023	Free State Champs 2023	
31*	37.85 L	F	Amy O'Connor	15	CRSC JHB	30/11/2023	CGA Championships 2023	
31*	37.85 L	P	Maria Steyn	15	BLSS MAN	21/03/2024	SA Level 3 Regional Age Group	
31*	37.85 L	F	Anne Steyl	15	NC FB	19/04/2024	SA Schools Swimming Championship	
34	37.93 L	F	Araya de Waal	15	PGAC EKU	15/09/2023	EGA Summer 1	
35	38.01 L	F	Georgia Gouws	15	BEST NMA	21/10/2023	4th A League Gala 2023	
36	38.07 L	F	Bianke Von Schlichting	15	PRA GSD	20/03/2024	SA Level 3 Regional Age Group	
37	38.11 L	F	Danielle Harbron	15	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group	
38	38.12 L	F	Hannah Schreuder	15	SAAW CPT	21/03/2024	SA Level 3 Regional Age Group	
39	38.17 L	P	Vera Chen	15	BLSS MAN	15/03/2024	SA National Junior Age Group	
40	38.21 L	P	Kganya Mashigo	15	PAC TSH	20/03/2024	SA Level 3 Regional Age Group	
41	38.57 L	P	Elizabeth Victor	15	MP EZD	19/04/2024	SA Schools Swimming Championship	
42	38.61 L	F	Emily Tsai	15	BLMA CPT	10/02/2024	WCA-B Champs - 2024	
43	38.62 L	P	Tehl-Cadi Day Garden	15	KZNA ETH	19/04/2024	SA Schools Swimming Championship	
44	38.71 L	P	Carme Louw	15	LP CCD	19/04/2024	SA Schools Swimming Championship	
45	38.89 L	P	Keira Holland	15	CRSC JHB	30/11/2023	CGA Championships 2023	
46	38.91 L	F	Georgia Knight	15	WATR JHB	24/03/2024	SA Level 2 Regional Age Group Champs	
47	39.00 L	F	Megan Webster	15	RFA TSH	17/11/2023	NTS Level 3+ November Age Group	
48	39.03 L	F	Christi Serfontein	15	QUIC CPT	21/03/2024	SA Level 3 Regional Age Group	
49	39.14 L	F	Kate-Lynn Kruger	15	DESA NMA	21/03/2024	SA Level 3 Regional Age Group	
50	39.19 L	F	René Kotzé	15	PGIM KK	23/02/2024	NW School Championships 2024	
51	39.23 L	P	Kayleigh Hahn	15	ROA EDD	15/03/2024	SA National Junior Age Group	
52	39.34 L	F	Sandri Visser	15	PLAY CED	18/11/2023	CTA QUALIFYING MEET 2	
53	39.47 L	F	Tatiana Ioannides	15	BLSS MAN	03/11/2023	Heidedal Welkom Gala	
54	39.49 L	P	Tafadzwa Chandiwana	15	MDOL JHB	24/11/2023	HAS SENIOR CHAMPS 2023	
55	39.55 L	P	Storme Badenhorst	15	WCA CPT	19/04/2024	SA Schools Swimming Championship	
56	39.57 L	P	Emma Lategan	15	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023	
57	39.70 L	F	Mia Wellsted	15	HASC JHB	30/11/2023	CGA Championships 2023	
58	39.74 L	F	Grace Powell	15	CSC TSH	26/01/2024	NTS Level 3+ January Age Group 2024	
59	39.75 L	F	Emily Palmer	15	USC BUF	24/11/2023	BCA Long Course Championships 2023	
60	39.93 L	P	Chloe Jewell	15	PEAS NMA	09/02/2024	Infinity Gala 2024	

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
61*	39.95 L	F	Emily Macqueen	15	SEALE ETH	03/11/2023	EDA Age Group Gala 4 2023
61*	39.95 L	F	Nina Melka	15	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
63	40.07 L	F	Hannah Krummeck	15	HARV NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
64	40.08 L	F	Jemma Park	15	CRSC JHB	30/11/2023	CGA Championships 2023
65	40.20 L	F	Chrisley Barnard	15	BS LLD	06/12/2023	Free State Champs 2023
66	40.25 L	F	Isabella Havemann	15	ASAC CPT	18/11/2023	CTA QUALIFYING MEET 2
67	40.27 L	F	Anne Marais	15	TKS WBD	01/12/2023	Limpopo Champs
68	x40.30 L	F	Emma Neethling	15	FISH EDD	10/02/2024	WCA-B Champs - 2024
69	40.31 L	F	Zoë Goebel	15	TYGE CPT	11/11/2023	Swartland Prestige Gala 2023
70	40.33 L	F	Judy Stevens	15	QUIC CPT	21/03/2024	SA Level 3 Regional Age Group
71	40.35 L	P	Nicole Van Zyl	15	CA EKU	20/03/2024	SA Level 3 Regional Age Group
72	40.39 L	P	Amy Gerber	15	SEAL UMD	05/04/2024	SA Level 2 Regional Age Group Champs
73	40.45 L	F	Danaleigh Swanepoel	15	RFA TSH	01/12/2023	Limpopo Champs
74	40.56 L	P	Mila Petrak	15	ELEC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
75	40.62 L	F	Jessica Smith	15	ASA ILD	02/12/2023	Stingrays Swim Champs 2023
76	40.80 L	P	Annebel Stewart	15	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
77	40.83 L	F	Tanatswa Chandiwana	15	MDOL JHB	24/11/2023	HAS SENIOR CHAMPS 2023
78	40.84 L	F	Emily Shand	15	BLUO UGD	24/11/2023	Westville-Seals LC Championships
79	40.86 L	F	Reese Edwards	15	SSISA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
80	40.87 L	F	Jordan Wessels	15	ASA ILD	14/12/2023	KZNA 2023 Championships Incorp SSA
81	40.88 L	F	Lienke Van OS	15	BLSS MAN	11/11/2023	Bull Sharks Gala
82	40.95 L	F	Richelle Rothmann	15	AQU ADJ	05/04/2024	SA Level 2 Regional Age Group Champs
83	41.03 L	P	Georgia Alston	15	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
84	41.12 L	P	Sinoah Pretorius	15	HPS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
85	41.20 L	F	Paris Shiwundlana	15	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs
86	41.22 L	F	Kelci Leech	15	BLSS MAN	06/12/2023	Free State Champs 2023
87	41.36 L	P	Robyn Barbour	15	ESP EKU	20/03/2024	SA Level 3 Regional Age Group
88	41.37 L	P	Simonè Schonken	15	TASC MPD	24/03/2024	SA Level 2 Regional Age Group Champs
89	41.43 L	F	Sienna Lombard	15	HPS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
90	41.52 L	P	Elrike du Plessis	15	MP EZD	19/04/2024	SA Schools Swimming Championship
91	41.54 L	F	Amelie Van der Merwe	15	RFA TSH	16/02/2024	NTS February Open Age Group 2024
92	41.56 L	F	Liza Schoeman	15	RHS BP	23/02/2024	NW School Championships 2024
93	41.60 L	F	Katey Nel	15	SOUL EKU	15/09/2023	EGA Summer 1
94	41.64 L	P	Mia Johnson	15	AAS JHB	20/03/2024	SA Level 3 Regional Age Group
95	41.75 L	F	Mareze Frylinck	15	BLSS MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
96	41.77 L	F	Imaan Velloo	15	MANT CPT	21/01/2024	CTA BMEET 4
97	41.82 L	F	Lerize Du Toit	15	ACAQ CCD	22/09/2023	NTS Level 3+ September Age Group
98	42.06 L	F	Lelanie Buhr	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
99	42.15 L	F	Jade O'Connor	15	TUKS TSH	12/01/2024	2024 Grand Prix Invitation Swimming
100	42.20 L	P	Wilmien Verbeek	15	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023
101	42.33 L	F	Anastasia Sequeira	15	CA EKU	11/11/2023	EGA Summer 3
102	42.38 L	F	Janca Hattingh	15	CSA EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
103	42.54 L	P	Tayla Dowie	15	QUES JHB	20/03/2024	SA Level 3 Regional Age Group
104	42.56 L	P	Kuzingca Siramza	15	AQUA BUF	24/06/2023	PEA Winter Gala 2023
105	42.60 L	F	Ilanze du Plessis	15	BLSS MAN	06/12/2023	Free State Champs 2023
106	42.64 L	F	Zianè Jantzen	15	QUIC CPT	16/09/2023	CTA A MEET 3
107	42.67 L	P	Lara Smith	15	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023
108	42.70 L	F	Kayla Welgemoed	15	VALS FDD	06/12/2023	Free State Champs 2023
109	42.77 L	F	Ingrid Van Loggerenberg	15	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
110	42.81 L	F	Rebecca White	15	SSISA CPT	18/11/2023	CTA QUALIFYING MEET 2
111	42.85 L	F	Celine Miles	15	BLUO UGD	05/04/2024	SA Level 2 Regional Age Group Champs
112	42.87 L	F	Deoné Borstlap	15	POTC KKD	06/12/2023	NWS Championships 2023/24
113	42.88 L	F	Camryn Shaw	15	PEAS NMA	17/02/2024	Eastern Cape School Trials 2024
114	43.06 L	F	Skyla Perumal	15	WATR JHB	26/07/2023	Giochi Del Tricolore Swim
115	43.08 L	F	Megan Van den Heever	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023
116	43.11 L	F	Kaylie Groenewald	15	PHS CCD	27/01/2024	Limpopo School Champs
117	43.12 L	P	Catherine Desilla	15	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
118	43.13 L	P	Peta Mazery	15	WSTV ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
119	43.17 L	F	Emma Davies	15	BAS EKU	15/09/2023	EGA Summer 1

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
120	43.30	L	F	Carli Dippenaar	15	ROA EDD	05/10/2023 42nd Freda Barnard Invitational Gala
121	43.35	L	P	Katia Jacob	15	HASC JHB	24/03/2024 SA Level 2 Regional Age Group Champs
122	43.42	L	F	Tia Mari Theron	15	HSBV SKD	27/01/2024 Limpopo School Champs
123	43.45	L	F	Emma Jansen van Rensburg	15	QSAW CED	20/01/2024 CTA A MEET 4
124*	43.51	L	F	Kayla Spagnoletti	15	SAAW CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
124*	43.51	L	F	Jessica Bosman	15	QUIC CPT	10/02/2024 WCA-B Champs - 2024
124*	43.51	L	P	Milri-Ann Summerton	15	NWUC KKD	20/03/2024 SA Level 3 Regional Age Group
127	43.73	L	F	Elizabeth Opperman	15	KTS	03/02/2024 NCASA SPRINTS 2024
128	43.82	L	F	Mari Wium	15	QSAW CED	05/10/2023 42nd Freda Barnard Invitational Gala
129	44.08	L	F	Lore Elise Snyckers	15	AHMP TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
130*	44.09	L	F	Kate-Lynn de Jager	15	BLOT MAN	11/11/2023 Bull Sharks Gala
130*	44.09	L	F	Chloe Byrne	15	SEAL UMD	27/01/2024 Ushaka Champs 2024
132	44.11	L	F	Charlotte Staines	15	DSG NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
133	44.21	L	F	Megan Augustyn	15	ONYX EKU	15/09/2023 EGA Summer 1
134	44.22	L	F	Megan Neizel	15	PSCP UMD	24/11/2023 Westville-Seals LC Championships
135	44.24	L	F	Emma Thompson	15	PSC TSH	02/02/2024 NTS Level 1+2 February Age Group
136	44.26	L	F	Kelly Stork	15	BAS EKU	15/09/2023 EGA Summer 1
137	44.37	L	F	Ivana Vyncke	15	AGB JHB	08/04/2024 SA National Aquatic Champ 2024-PE
138	44.41	L	F	Kate Allwood	15	WCA CPT	08/04/2024 SA National Aquatic Champ 2024-PE
139*	44.44	L	F	Cala Welgemoed	15	VALS FDD	16/02/2024 Neptunes Last chance Gala
139*	44.44	L	F	Cait Da Cunha	15	BON EKU	11/11/2023 EGA Summer 3
141	44.46	L	F	Caitlin Govender	15	SGUL ETH	05/04/2024 SA Level 2 Regional Age Group Champs
142	44.74	L	F	Taylor Ririe	15	BLNE MAN	06/12/2023 Free State Champs 2023
143	44.75	L	F	Gianna Collard	15	TUKS TSH	17/11/2023 NTS Level 3+ November Age Group
144	44.77	L	F	Shyenne Laubscher	15	WELA LLD	26/03/2024 SA Level 2 Regional Age Group Champs
145	44.93	L	F	Juliana Du Plessis	15	HBV MP	14/10/2023 Limpopo Top 8 - High Schools
146	45.02	L	F	Ashleigh Davies	15	WELA LLD	27/10/2023 Neptune Prestige Gala
147	45.03	L	F	Milan Van Heerden	15	AZON ETH	24/11/2023 Westville-Seals LC Championships
148	45.05	L	F	Mekayla Pretorius	15	HWSK FBD	26/03/2024 SA Level 2 Regional Age Group Champs
149	45.07	L	F	Mia De Klerk	15	NHS EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
150	45.14	L	F	Naledi Thobeha	15	QUIC CPT	20/01/2024 CTA A MEET 4
151	45.16	L	P	Alaynah Bhamjee	15	ATLA JHB	30/11/2023 CGA Championships 2023
152	45.28	L	F	Lumka Ntaka	15	UMSH ETH	03/11/2023 EDA Age Group Gala 4 2023
153	45.31	L	F	Ebenette Van Niekerk	15	FISH EDD	18/11/2023 Eden LC Champs 2023
154	45.38	L	F	Micke de Jager	15	PSA ZLD	05/04/2024 SA Level 2 Regional Age Group Champs
155	45.39	L	F	Izabella Alevras	15	SMTC JHB	28/02/2024 Crusaders Night Gala 5
156	45.42	L	F	Izolde Lombard	15	ASAC CPT	03/02/2024 Winelands SL final
157	45.43	L	P	Victoria-Ann Anthony	15	BON EKU	24/03/2024 SA Level 2 Regional Age Group Champs
158	45.45	L	F	Anneke Stassen	15	CASC CPT	10/02/2024 WCA-B Champs - 2024
159	45.68	L	F	Alea Du Toit	15	CYBE CPT	18/11/2023 CTA QUALIFYING MEET 2
160	45.75	L	P	Brooklyn-Taylor Sunker	15	MAKO EKU	24/03/2024 SA Level 2 Regional Age Group Champs
161	45.76	L	F	Kaylin Bezuidenhoud	15	BLOT MAN	06/12/2023 Free State Champs 2023
162	45.78	L	F	Simonn Marais	15	HE CCD	14/10/2023 Limpopo Top 8 - High Schools
163	45.79	L	F	Carmen Veldsman	15	HSTAN MP	14/10/2023 Limpopo Top 8 - High Schools
164	45.87	L	F	Milla Douglas	15	AZON ETH	05/04/2024 SA Level 2 Regional Age Group Champs
165	45.92	L	F	Mariel van der Net	15	JAQ EKU	15/09/2023 EGA Summer 1
166	46.15	L	F	Lara Wink	15	VINE CPT	10/02/2024 WCA-B Champs - 2024
167	46.17	L	F	Chelsea Snyman	15	HBV MP	14/10/2023 Limpopo Top 8 - High Schools
168	46.19	L	P	Jaimee Marais	15	ELRAS WBD	20/03/2024 SA Level 3 Regional Age Group
169	46.23	L	F	Abigail Cullen	15	WELA LLD	06/12/2023 Free State Champs 2023
170	46.36	L S	P	Kholofelo Seabi	15	SWIFT EKU	07/12/2023 EGA Summer Championships
171	46.45	L	F	Mia Sarakis	15	CRSC JHB	12/01/2024 2024 Grand Prix Invitation Swimming
172	46.64	L	F	Jessica Carver	15	ELEC TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
173	46.65	L	F	Shannon Rautenbach	15	UNI EZD	01/12/2023 Mpumalanga Championships 2023
174	46.75	L	F	Summer Ascielli	15	CYBE CPT	21/01/2024 CTA BMEET 4
175*	46.77	L	F	Chloe Petersen	15	TUKS TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
175*	46.77	L	F	Gabriella Carminati	15	AFIN JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
177	46.90	L	F	Lara Louw	15	BLNE MAN	13/10/2023 Pelicans Gala
178	47.03	L	F	Mia Crookham	15	TYGE CPT	10/02/2024 WCA-B Champs - 2024

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
179	47.14	L	F	Amy-Lee Jones	15	CA EKU	15/09/2023 EGA Summer 1
180	47.26	L	F	Bea Van der Merwe	15	RFA TSH	01/12/2023 2023 The Tshwane Mayor's Gala
181	47.29	L	F	Lucy James	15	UPC EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
182	47.50	L	F	Hannah van der Veen	15	AQUA BUF	10/02/2024 BCA Feb Age Group Gala 2024
183	47.51	L	F	Leeya Amon	15	CASC CPT	20/01/2024 CTA A MEET 4
184	47.57	L	F	Sian Kleynhans	15	ROA EDD	05/10/2023 42nd Freda Barnard Invitational Gala
185	47.61	L	F	Lisa van der Westhuizen	15	POTC KKD	21/10/2023 NWS Age Group 1 & 2 2023
186	47.74	L	F	Zante Young	15	RBUR BPD	11/11/2023 NWS Age Group 3 + 4
187	47.80	L	F	Donne Bruyns	15	NHS EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
188	47.82	L	F	Entle Khumalo	15	SWIJ JHB	02/03/2024 AG Level 1 Regional Age Group
189	47.86	L	F	Gabriella Oaten	15	CYBE CPT	24/11/2023 CTA A & B CHAMPS 2023
190	48.05	L	F	Ruth Dredge	15	PAC TSH	20/10/2023 NTS Level 3+ October Age Group 2023
191	48.20	L	F	Dakota Wratten	15	DSG NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
192	48.26	L	F	Onkarabile Molamu	15	PGH KK	23/02/2024 NW School Championships 2024
193	48.36	L	F	Ogalaletseng Khosana	15	WATR JHB	26/07/2023 Giochi Del Tricolore Swim
194	48.39	L	F	Chulumanco Nyukwana	15	MPS NGD	03/02/2024 Buffalo City School Trials 2024
195	48.50	L	P	Veera Khusal	15	BON EKU	24/03/2024 SA Level 2 Regional Age Group Champs
196	48.73	L	F	Keira Taylor	15	WATR JHB	26/07/2023 Giochi Del Tricolore Swim
197	48.74	L	F	Kiara Krauss	15	GREY CPT	24/11/2023 CTA A & B CHAMPS 2023
198	48.77	L	F	Angela Daffue	15	PENC EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
199	48.83	L S	P	Esther Sauls	15	PGAC EKU	07/12/2023 EGA Summer Championships
200	48.91	L	F	Shaelyn Lawson	15	AQUA BUF	24/11/2023 BCA Long Course Championships 2023
201	49.16	L	F	Rienke Blignaut	15	BLSS MAN	06/12/2023 Free State Champs 2023
202	49.27	L	F	Annika Potgieter	15	POTC KKD	21/10/2023 NWS Age Group 1 & 2 2023
203	49.30	L	F	Karabo Malinga	15	USHAK EKU	02/03/2024 AG Level 1 Regional Age Group
204	49.48	L	P	Cleo May	15	MARL CPT	24/06/2023 PEA Winter Gala 2023
205	49.57	L	F	Emma Barnard	15	EVO CPT	21/01/2024 CTA BMEET 4
206	49.84	L	F	Runakorwashe Makumbe	15	TUKS TSH	03/11/2023 NTS Level 1+2 November Age Group
207	49.87	L	F	Ammaarah Davids	15	XSAQ CPT	17/09/2023 CTA BMEET 3
208	49.99	L	F	Lyrece Louw	15	SUPE JHB	02/03/2024 AG Level 1 Regional Age Group
209	50.07	L	F	Naseerah Vd Merwe	15	WEST CPT	17/02/2024 Swartland Invitational Gala 2024
210	50.37	L	F	Anè Cloete	15	TYGE CPT	05/10/2023 42nd Freda Barnard Invitational Gala
211*	50.40	L	F	Chrystil Raymond	15	CUR EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
211*	50.40	L	F	Mieke Vd Walt	15	FISH EDD	05/10/2023 42nd Freda Barnard Invitational Gala
213	51.05	L	F	Sharne Swanepoel	15	HFDT MP	14/10/2023 Limpopo Top 8 - High Schools
214	51.18	L	F	Enette de Beer	15	PSA ZLD	18/11/2023 KCDA November Age Group Gala 2023
215	51.29	L	F	Jessica Carrol	15	BLMA CPT	11/11/2023 Swartland Prestige Gala 2023
216	51.37	L	F	Ashley Seymour	15	WELA LLD	27/10/2023 Neptune Prestige Gala
217	51.43	L	F	Angelina Valle	15	AQDO CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
218	51.86	L	F	Shay-Leigh Pieters	15	HURA CPT	05/10/2023 42nd Freda Barnard Invitational Gala
219	51.88	L	F	Lesedi Kgarimetsa	15	SWIM1 JHB	02/03/2024 AG Level 1 Regional Age Group
220	52.21	L	F	Lwazi Mqeke	15	WELA LLD	02/03/2024 FSA Level 1 2024
221	52.22	L	F	Isabè Van Dyk	15	CUHE OBD	11/11/2023 Swartland Prestige Gala 2023
222	52.74	L	F	Yandisa Ndlovu	15	ACSA ETH	27/01/2024 Ushaka Champs 2024
223	53.28	L	F	Gabrielle Kramer	15	VPHS NMA	17/02/2024 Eastern Cape School Trials 2024
224	54.10	L	F	Minette Els	15	BETH FDD	02/03/2024 FSA Level 1 2024
225	54.68	L	F	Esethu Mabula	15	SRAY BUF	01/12/2023 ECA Long Course Championships 2023
226*	55.19	L	F	Beané du Plessis	15	STELL RMD	06/12/2023 NWS Championships 2023/24
226*	55.19	L	F	Tazlyn Davids	15	CAMB BUF	03/02/2024 Buffalo City School Trials 2024
228	55.22	L	F	Jada Grill	15	HURA CPT	11/11/2023 Swartland Prestige Gala 2023
229	55.99	L	F	Isabella Ress	15	CYBE CPT	24/11/2023 CTA A & B CHAMPS 2023
230	56.90	L	F	Xoey Williams	15	UWCA CPT	18/11/2023 CTA QUALIFYING MEET 2
231	56.91	L	F	Helena Van Vuuren	15	KALA	03/11/2023 UPINGTON 2023
232	57.05	L	F	Chane Cockburn	15	BERG BP	23/02/2024 NW School Championships 2024
233	57.66	L	P	Michelle Seerane	15	RBOT BPD	06/12/2023 NWS Championships 2023/24
234	57.93	L	F	Khwezi Khaba	15	UMSH ETH	03/11/2023 EDA Age Group Gala 4 2023
235	58.45	L	F	Safiya Ismail	15	MANT CPT	21/01/2024 CTA BMEET 4
236	59.02	L	F	Mia Coertzen	15	PGH KK	23/02/2024 NW School Championships 2024
237	1:00.68	L S	P	Zoë Pierce	15	ESTR EKU	07/12/2023 EGA Summer Championships

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
238	1:01.33	L	F	Lesedi-Lere Themba	15	ESP	EKU	02/03/2024	AG Level 1 Regional Age Group
239	1:01.80	L	F	Anesu Mushonga	15	ISSA	NM	23/02/2024	NW School Championships 2024
240	1:03.28	L	F	Amy Klink	15	JAQ	EKU	15/09/2023	EGA Summer 1
241	1:03.65	L	F	Kaelo Makhatho	15	ESP	EKU	26/01/2024	EGA Last Chance 2024
242	1:07.66	L	F	Juane j v Vuuren	15	RHS	BP	23/02/2024	NW School Championships 2024
243	1:08.26	L	F	Zoe Pelsler	15	CAMB	BUF	03/02/2024	Buffalo City School Trials 2024
244	1:10.49	L	F	Naseerah Du Toit	15	UWCA	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
245	1:14.60	L	F	Simone Bronkhorst	15	PHS	CCD	27/01/2024	Limpopo School Champs
<b>Women 15-15 100 Breast</b>									
1	1:11.73	L S	P	Chanel Veldsman	15	KZNA	ETH	08/04/2024	SA National Aquatic Champ 2024-PE
2	1:12.85	L S	F	Gabriella Van Den Berg	15	AGC	FSH	08/04/2024	SA National Aquatic Champ 2024-PE
3	1:14.88	L	F	Jaime Mote	15	INFA	NMA	15/03/2024	SA National Junior Age Group
4	1:15.71	L	F	Kayla Gous	15	USC	BUF	15/03/2024	SA National Junior Age Group
5	1:15.92	L	F	Mieke Vd Wal	15	CASC	CPT	15/03/2024	SA National Junior Age Group
6	1:16.10	L	F	Tyra Penn	15	WATR	JHB	15/03/2024	SA National Junior Age Group
7	1:17.30	L	F	Mikayla Lombard	15	TUKS	FSH	15/03/2024	SA National Junior Age Group
8	1:17.41	L S	F	Ella Eldar	15	TUKS	FSH	12/12/2023	NTS Championships 2023
9	1:18.07	L	F	Lara Gouws	15	TUKS	FSH	14/12/2023	KZNA 2023 Championships Incorp SSA
10	1:19.08	L	F	Zine Mostert	15	WATR	JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
11	1:19.39	L	F	Madison du Plessis	15	BLOT	MAN	06/12/2023	Free State Champs 2023
12	1:19.67	L	F	Kendra Begley	15	INFA	NMA	15/12/2023	NMBA Championships 2023
13	1:19.86	L	F	Angel Samoei	15	TUKS	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
14*	1:19.94	L	F	Leila Yazbek	15	BLNE	MAN	06/12/2023	Free State Champs 2023
14*	1:19.94	L	P	Amy Combrink	15	VINE	CPT	15/03/2024	SA National Junior Age Group
16	1:20.05	L	F	Caitlyn Dube	15	MDOL	JHB	23/02/2024	2024 Grand Prix 2 Invitational Meet -
17	1:20.81	L	P	Karmen Van Rensburg	15	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
18	1:21.42	L	F	Corli Liversage	15	BLSS	MAN	06/12/2023	Free State Champs 2023
19	1:21.46	L	F	Stacey Smith	15	PAC	FSH	15/03/2024	SA National Junior Age Group
20	1:21.48	L	F	Jaime Maritz	15	MP	EZD	19/04/2024	SA Schools Swimming Championship
21	1:21.50	L	P	Jessica Sardinha	15	BAS	EKU	20/03/2024	SA Level 3 Regional Age Group
22	1:21.68	L	F	Karla Myburgh	15	TUKS	FSH	24/06/2023	PEA Winter Gala 2023
23	1:21.77	L	F	Mia Gerber	15	LALE	GED	14/12/2023	Western Cape LC-A Championship 2023
24	1:21.83	L	F	Leah Scott	15	BLUO	UGD	14/12/2023	KZNA 2023 Championships Incorp SSA
25	1:21.99	L	F	Hannah Schreuder	15	SAAW	CPT	14/12/2023	Western Cape LC-A Championship 2023
26	1:22.46	L	P	Elne Reynolds	15	INFA	NMA	15/03/2024	SA National Junior Age Group
27	1:22.81	L	P	Vera Chen	15	BLSS	MAN	15/03/2024	SA National Junior Age Group
28	1:22.94	L	F	Juliette van Vught	15	SASE	JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
29	1:22.98	L	F	Tshenolo Ntsie	15	RSA		03/05/2023	CANA Zone IV SwimmingChampions
30	1:23.03	L	P	Hannah Sandilands	15	MDOL	JHB	15/03/2024	SA National Junior Age Group
31	1:23.32	L	P	Jodi Boettger	15	USC	BUF	15/03/2024	SA National Junior Age Group
32	1:23.60	L	F	Erin Joubert	15	KLOO	ETH	24/11/2023	Westville-Seals LC Championships
33	1:23.93	L	F	Kathleen Welsh	15	MSC	NGD	01/12/2023	Mpumalanga Championships 2023
34	1:23.99	L	F	Georgia Gouws	15	BEST	NMA	15/12/2023	NMBA Championships 2023
35	1:24.24	L	F	Ava-Loren Van Galen	15	STAQ	GED	14/12/2023	Western Cape LC-A Championship 2023
36	1:24.63	L	F	Kate-Lynn Kruger	15	DESA	NMA	21/03/2024	SA Level 3 Regional Age Group
37	1:24.66	L	F	René Kotzé	15	PGIM	KK	23/02/2024	NW School Championships 2024
38	1:24.94	L	F	Elizabeth Victor	15	UNI	EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
39	1:24.97	L	F	Maria Steyn	15	BLSS	MAN	21/03/2024	SA Level 3 Regional Age Group
40	1:24.98	L	F	Danielle Harbron	15	BLOT	MAN	21/03/2024	SA Level 3 Regional Age Group
41*	1:25.34	L	F	Kayla Vosloo	15	BLOT	MAN	21/03/2024	SA Level 3 Regional Age Group
41*	1:25.34	L S	P	Kganya Mashigo	15	PAC	FSH	12/12/2023	NTS Championships 2023
43	1:25.84	L	P	Tehl-Cadi Day Garden	15	KZNA	ETH	19/04/2024	SA Schools Swimming Championship
44	1:26.04	L	F	Carme Louw	15	TASC	MPD	01/12/2023	Limpopo Champs
45	1:26.33	L	F	Emily Palmer	15	USC	BUF	24/11/2023	BCA Long Course Championships 2023
46	1:26.41	L	F	Grace Powell	15	CSC	FSH	17/11/2023	NTS Level 3+ November Age Group
47	1:26.43	L	P	Megan Webster	15	RFA	FSH	20/03/2024	SA Level 3 Regional Age Group
48	1:26.57	L	F	Rachel Hinckley	15	CA	EKU	07/12/2023	EGA Summer Championships
49	1:26.64	L	F	Kayleigh Hahn	15	ROA	EDD	18/11/2023	Eden LC Champs 2023
50	1:26.67	L	F	Kayla Verbaan	15	KLOO	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
51	1:26.73	L	F	Sandri Visser	15	PLAY CED	18/11/2023 CTA QUALIFYING MEET 2
52	1:27.05	L	P	Christi Serfontein	15	QUIC CPT	21/03/2024 SA Level 3 Regional Age Group
53	1:27.42	L	F	Simone Vd Merwe	15	LALE CED	11/11/2023 Winelands SL4
54	1:27.56	L	F	Araya de Waal	15	PGAC ECU	28/10/2023 EGA Summer 2 2023
55	1:27.71	L	P	Anne Steyl	15	NC FB	19/04/2024 SA Schools Swimming Championship
56	1:27.75	L	F	Jordan Wessels	15	ASA ILD	14/12/2023 KZNA 2023 Championships Incorpor SSA
57	1:27.90	L	P	Emma Lategan	15	CASC CPT	15/03/2024 SA National Junior Age Group
58	1:27.95	L	F	Bianke Von Schlichting	15	PRA GSD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
59	1:28.04	L	F	Lienke Van OS	15	BLSS MAN	11/11/2023 Bull Sharks Gala
60	1:28.12	L	F	Daniëlla Müller	15	TUKS FSH	22/09/2023 NTS Level 3+ September Age Group
61	1:28.15	L	F	Jemma Park	15	CRSC JHB	20/03/2024 SA Level 3 Regional Age Group
62	1:28.33	L	F	Emily Tsai	15	BLMA CPT	10/02/2024 WCA-B Champs - 2024
63	1:28.41	L	F	Amy O'Connor	15	CRSC JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
64	1:28.44	L	P	Judy Stevens	15	QUIC CPT	21/03/2024 SA Level 3 Regional Age Group
65	1:28.99	L	F	Nicole Van Zyl	15	CA ECU	26/01/2024 EGA Last Chance 2024
66	1:29.05	L	P	Storme Badenhorst	15	WCA CPT	19/04/2024 SA Schools Swimming Championship
67	1:29.08	L	P	Mia Johnson	15	AAS JHB	30/11/2023 CGA Championships 2023
68	1:29.10	L	P	Keira Holland	15	CRSC JHB	20/03/2024 SA Level 3 Regional Age Group
69	1:29.32	L	F	Georgia Knight	15	WATR JHB	24/03/2024 SA Level 2 Regional Age Group Champs
70	1:29.50	L	F	Katey Nel	15	SOUL ECU	24/11/2023 EGA Summer 4
71	1:29.58	L	F	Lerize Du Toit	15	ACAQ CCD	22/09/2023 NTS Level 3+ September Age Group
72	1:29.76	L	F	Simonè Schonken	15	TASC MPD	01/12/2023 Limpopo Champs
73	1:30.13	L	F	Jessica Bosman	15	QUIC CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
74	1:30.14	L	F	Anne Marais	15	TKS WBD	01/12/2023 Limpopo Champs
75	1:30.17	L	F	Chloe Jewell	15	PEAS NMA	09/02/2024 Infinity Gala 2024
76	1:30.18	L	P	Jade O'Connor	15	TUKS FSH	20/03/2024 SA Level 3 Regional Age Group
77	1:30.21	L	P	Mia Wellsted	15	HASC JHB	30/11/2023 CGA Championships 2023
78	1:30.79	L	F	Liza Schoeman	15	RHS BP	23/02/2024 NW School Championships 2024
79	1:31.02	L	F	Tafadzwa Chandiwana	15	MDOL JHB	14/10/2023 Mutare National Sprint Gala 14 Oct 2023
80	1:31.06	L	F	Hannah Krummeck	15	HARV NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
81	1:31.08	L S	F	Isabella Havemann	15	ASAC CPT	24/11/2023 CTA A & B CHAMPS 2023
82	1:31.19	L	F	Imaan Velloo	15	MANT CPT	10/02/2024 WCA-B Champs - 2024
83*	1:31.28	L	F	Catherine Desilla	15	SASE JHB	30/11/2023 CGA Championships 2023
83*	1:31.28	L	F	Danaleigh Swanepoel	15	TUKS FSH	01/07/2023 Rossini Swim Cup
85	1:31.31	L	F	Mila Petrak	15	ELEC FSH	01/12/2023 2023 The Tshwane Mayor's Gala
86	1:31.33	L	F	Megan Van den Heever	15	UNI EZD	01/12/2023 Mpumalanga Championships 2023
87	1:31.55	L	P	Sinoah Pretorius	15	HPS FSH	24/03/2024 SA Level 2 Regional Age Group Champs
88	1:31.59	L	F	Mareze Frylinck	15	BLSS MAN	06/12/2023 Free State Champs 2023
89	1:31.84	L	F	Lelanie Buhr	15	SWAR WCD	10/02/2024 WCA-B Champs - 2024
90	1:31.89	L	F	Emily Shand	15	BLUO UGD	24/11/2023 Westville-Seals LC Championships
91	1:31.94	L	P	Robyn Barbour	15	ESP ECU	20/03/2024 SA Level 3 Regional Age Group
92*	1:31.96	L	F	Kaylie Groenewald	15	ACAQ CCD	01/12/2023 Limpopo Champs
92*	1:31.96	L	F	Reese Edwards	15	SSISA CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
94	1:32.18	L	F	Ingrid Van Loggerenberg	15	TUKS FSH	01/12/2023 2023 The Tshwane Mayor's Gala
95	1:32.50	L	F	Tanatswa Chandiwana	15	MDOL JHB	10/09/2023 HAS 1ST SEEDED GALA 2023
96	1:32.53	L	P	Emma Rossouw	15	TYGE CPT	21/03/2024 SA Level 3 Regional Age Group
97	1:32.64	L	F	Tayla Dowie	15	QUES JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
98	1:32.66	L	F	Rebecca White	15	SSISA CPT	17/02/2024 Swartland Invitational Gala 2024
99	1:32.70	L	F	Sienna Lombard	15	HPS FSH	24/03/2024 SA Level 2 Regional Age Group Champs
100*	1:32.84	L	F	Lara Smith	15	TYGE CPT	11/11/2023 Winelands SL4
100*	1:32.84	L	P	Nina Melka	15	TUKS FSH	24/03/2024 SA Level 2 Regional Age Group Champs
102	1:32.92	L	F	Richelle Rothmann	15	KZNA ETH	27/01/2024 Ushaka Champs 2024
103	1:33.00	L	P	Elrike du Plessis	15	MP EZD	19/04/2024 SA Schools Swimming Championship
104	1:33.36	L	F	Janca Hattingh	15	CSA EZD	01/12/2023 Mpumalanga Championships 2023
105	1:33.38	L	F	Kiera Ruane	15	TUKS FSH	26/01/2024 NTS Level 3+ January Age Group 2024
106	1:33.44	L S	F	Zianè Jantzen	15	QUIC CPT	05/10/2023 42nd Freda Barnard Invitational Gala
107	1:33.60	L	F	Emma Neethling	15	FISH EDD	18/11/2023 Eden LC Champs 2023
108	1:33.62	L	F	Paris Shiwundlana	15	AFIN JHB	14/10/2023 CGA Level 2 + Gala Oct 2023
109	1:33.63	L	F	Anastasia Sequeira	15	CA ECU	28/10/2023 EGA Summer 2 2023

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
110*	1:33.75	L	F	Emma Jansen van Rensburg	15	QSAW	GED 10/02/2024 WCA-B Champs - 2024
110*	1:33.75	L	F	Amelie Van der Merwe	15	RFA	TSH 01/12/2023 2023 The Tshwane Mayor's Gala
112	1:33.89	L	F	Amelie Brügers	15	VINE	CPT 10/02/2024 WCA-B Champs - 2024
113	1:33.97	L	F	Tatiana Ioannides	15	BLSS	MAN 06/12/2023 Free State Champs 2023
114	1:34.28	L	F	Kelly Stork	15	BAS	EKU 28/10/2023 EGA Summer 2 2023
115	1:34.36	L	F	Kuzingca Siramza	15	AQUA	BUF 10/02/2024 BCA Feb Age Group Gala 2024
116	1:34.66	L	F	Carli Dippenaar	15	EDA	ED 13/01/2024 BCA Inter-District Championship Gala
117	1:34.88	L	F	Katia Jacob	15	HASC	JHB 27/01/2024 CGA Level 2+ Gala 27 Jan 2024
118	1:34.96	L	P	Lumka Ntaka	15	UMSH	ETH 05/04/2024 SA Level 2 Regional Age Group Champs
119	1:34.97	L	F	Chrisley Barnard	15	BS	LLD 06/12/2023 Free State Champs 2023
120	1:35.07	L	P	Deoné Borstlap	15	POTC	KKD 24/03/2024 SA Level 2 Regional Age Group Champs
121	1:35.23	L	P	Elizabeth Opperman	15	NC	FB 19/04/2024 SA Schools Swimming Championship
122*	1:35.25	L	F	Nakita Snyman	15	FLOD	JHB 14/10/2023 CGA Level 2 + Gala Oct 2023
122*	1:35.25	L	F	Kayla Welgemoed	15	VALS	FDD 16/02/2024 Neptunes Last chance Gala
124	1:35.34	L	F	Peta Mazery	15	WSTV	ETH 14/12/2023 KZNA 2023 Championships Incorp SSA
125	1:35.66	L	F	Mari Wium	15	QSAW	GED 11/11/2023 Swartland Prestige Gala 2023
126	1:36.00	L	F	Milri-Ann Summerton	15	NWUC	KKD 11/11/2023 NWS Age Group 3 + 4
127	1:36.29	L S	F	Lara Wink	15	VINE	CPT 24/11/2023 CTA A & B CHAMPS 2023
128	1:36.40	L	F	Kate Allwood	15	WCA	CPT 08/04/2024 SA National Aquatic Champ 2024-PE
129	1:36.65	L	F	Mia De Klerk	15	CSA	EZD 23/09/2023 MP SPRINT GALA 23 SEPTEMBER
130	1:36.74	L	P	Wilmien Verbeek	15	CASC	CPT 24/06/2023 PEA Winter Gala 2023
131	1:36.75	L	F	Ivana Vyncke	15	AGB	JHB 08/04/2024 SA National Aquatic Champ 2024-PE
132	1:36.84	L	P	Mariel van der Net	15	JAQ	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
133	1:36.91	L	F	Yvonne Pretorius	15	MSC	NGD 20/01/2024 MP AGE GROUP 4 GALA 20 JANUARY
134	1:37.19	L	F	Nicola Olivier	15	MCS	BP 23/02/2024 NW School Championships 2024
135	1:37.46	L	F	Naledi Thobeha	15	QUIC	CPT 20/01/2024 CTA A MEET 4
136	1:37.66	L	F	Tia Mari Theron	15	HSBV	SKD 14/10/2023 Limpopo Top 8 - High Schools
137	1:37.68	L	F	Cait Da Cunha	15	BON	EKU 28/10/2023 EGA Summer 2 2023
138	1:37.86	L	F	Sian Kleynhans	15	ROA	EDD 18/11/2023 Eden LC Champs 2023
139	1:37.87	L	F	Megan Neizel	15	PSCP	UMD 24/11/2023 Westville-Seals LC Championships
140	1:37.99	L	F	Camryn Shaw	15	PEAS	NMA 23/09/2023 3rd A League Gala 2023
141	1:38.28	L	F	Celine Miles	15	BLUO	UGD 05/04/2024 SA Level 2 Regional Age Group Champs
142	1:38.47	L	P	Megan Augustyn	15	ONYX	EKU 07/12/2023 EGA Summer Championships
143	1:38.77	L	F	Alaynah Bhamjee	15	ATLA	JHB 27/01/2024 CGA Level 2+ Gala 27 Jan 2024
144	1:38.98	L	F	Maya McCollum	15	AQDO	CPT 10/02/2024 WCA-B Champs - 2024
145	1:39.02	L	F	Mia Sarakis	15	CRSC	JHB 10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
146	1:39.06	L	F	Summer Ascielli	15	CYBE	CPT 17/02/2024 Swartland Invitational Gala 2024
147	1:39.31	L	F	Hannah van der Veen	15	AQUA	BUF 17/02/2024 Eastern Cape School Trials 2024
148	1:39.85	L	P	Emma Thompson	15	PSC	TSH 24/03/2024 SA Level 2 Regional Age Group Champs
149	1:39.88	L	F	Kayla Spagnoletti	15	SAAW	CPT 03/02/2024 CTA BRIAN BUTTON Qualifying Meet
150	1:39.90	L	F	Ashleigh Davies	15	WELA	LLD 06/12/2023 Free State Champs 2023
151	1:40.01	L	F	Gianna Collard	15	TUKS	TSH 17/11/2023 NTS Level 3+ November Age Group
152	1:40.27	L	F	Lara Louw	15	BLNE	MAN 11/11/2023 Bull Sharks Gala
153	1:40.41	L	F	Chloe Byrne	15	SEAL	UMD 27/01/2024 Ushaka Champs 2024
154	1:40.48	L	F	Veera Khusal	15	BON	EKU 24/11/2023 EGA Summer 4
155	1:40.56	L	F	Tayler Ririe	15	BLNE	MAN 27/10/2023 Neptune Prestige Gala
156	1:40.84	L	P	Victoria-Ann Anthony	15	BON	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
157	1:41.42	L	F	Jessica Carver	15	ELEC	TSH 19/01/2024 NTS Level 1+2 January Age Group 2024
158	1:41.51	L	P	Mea Harding	15	BAS	EKU 07/12/2023 EGA Summer Championships
159	1:41.54	L	P	Izabella Alevras	15	SMTC	JHB 20/03/2024 SA Level 3 Regional Age Group
160	1:41.87	L	F	Shyenne Laubscher	15	WELA	LLD 06/12/2023 Free State Champs 2023
161	1:42.26	L	P	Brooklyn-Taylor Sunker	15	MAKO	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
162	1:42.46	L	P	Shannon Rautenbach	15	UNI	EZD 01/12/2023 Mpumalanga Championships 2023
163	1:42.77	L	F	Kaylin Bezuidenhoud	15	BLOT	MAN 27/10/2023 Neptune Prestige Gala
164	1:42.78	L	F	Cala Welgemoed	15	VALS	FDD 26/03/2024 SA Level 2 Regional Age Group Champs
165	1:42.81	L	F	Mekayla Pretorius	15	HWSK	FBD 26/03/2024 SA Level 2 Regional Age Group Champs
166	1:43.19	L	F	Chelsea Snyman	15	HBV	MP 14/10/2023 Limpopo Top 8 - High Schools
167	1:43.68	L	F	Gabriella Oaten	15	CYBE	CPT 17/02/2024 Swartland Invitational Gala 2024
168	1:43.90	L	F	Lisa van der Westhuizen	15	POTC	KKD 21/10/2023 NWS Age Group 1 & 2 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
169	1:44.31	L	P	Jaimee Marais	15	ELRAS WBD	20/03/2024	SA Level 3 Regional Age Group
170	1:44.32	L	F	Juliana Du Plessis	15	HBV MP	14/10/2023	Limpopo Top 8 - High Schools
171	1:45.04	L	P	Gabriella Carminati	15	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs
172	1:45.23	L	F	Milla Douglas	15	AZON ETH	16/02/2024	EDA Age Group Gala 6 2024
173	1:45.72	L	F	Riley Koegelenberg	15	LALE CED	11/11/2023	Winelands SL4
174	1:45.89	L S	F	Ebenette Van Niekerk	15	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
175	1:46.41	L S	F	Mieke Vd Walt	15	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
176	1:46.89	L	F	Kholofelo Seabi	15	SWIFT EKU	28/10/2023	EGA Summer 2 2023
177	1:47.21	L	F	Esther Sauls	15	PGAC EKU	28/10/2023	EGA Summer 2 2023
178	1:47.22	L S	F	Kiara Krauss	15	GREY CPT	24/11/2023	CTA A & B CHAMPS 2023
179	1:47.70	L	F	Ogalaletseng Khosana	15	PEAS NMA	01/10/2023	Curro AquaElite Gala
180	1:48.53	L	F	Ashley Seymour	15	WELA LLD	15/09/2023	Bull Sharks Annual Gala
181	1:48.87	L	F	Emma Barnard	15	EVO CPT	10/02/2024	WCA-B Champs - 2024
182	1:49.10	L	F	Dakota Wratten	15	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
183	1:49.61	L	F	Annika Potgieter	15	POTC KKD	21/10/2023	NWS Age Group 1 & 2 2023
184	1:49.69	L	F	Karabo Malinga	15	USHAK EKU	02/03/2024	AG Level 1 Regional Age Group
185	1:49.79	L	F	Enette de Beer	15	PSA ZLD	13/01/2024	KCDA January Age Group Gala 2024
186	1:49.89	L	F	Abigail Cullen	15	WELA LLD	06/12/2023	Free State Champs 2023
187	1:50.02	L	F	Entle Khumalo	15	SWIJ JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
188	1:50.07	L	P	Cleo May	15	MARL CPT	24/06/2023	PEA Winter Gala 2023
189*	1:50.59	L	F	Paula Van Zyl	15	LALE CED	11/11/2023	Winelands SL4
189*	1:50.59	L	F	Zainah Akhalwaya	15	OLDE JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
191	1:51.57	L	F	Mia Crookham	15	TYGE CPT	17/02/2024	Swartland Invitational Gala 2024
192	1:51.78	L	F	Isabella Ress	15	CYBE CPT	17/02/2024	Swartland Invitational Gala 2024
193	1:51.86	L	F	Logan Francke	15	RBOT BPD	11/11/2023	NWS Age Group 3 + 4
194	1:53.48	L	F	Asia Kleinhans	15	AQDO CPT	16/09/2023	CTA A MEET 3
195	1:53.52	L	F	Mika Jones	15	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
196	1:54.37	L S	F	Bathiyana Zondo	15	BARR CPT	05/10/2023	42nd Freda Barnard Invitational Gala
197	1:56.01	L S	F	Naseerah Vd Merwe	15	WEST CPT	05/10/2023	42nd Freda Barnard Invitational Gala
198	1:56.76	L S	F	Shay-Leigh Pieters	15	HURA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
199	1:56.79	L	F	Yandisa Ndlovu	15	ACSA ETH	27/01/2024	Ushaka Champs 2024
200	1:57.21	L	F	Sharne Swanepoel	15	HFDT MP	14/10/2023	Limpopo Top 8 - High Schools
201	1:58.56	L	F	Lyrece Louw	15	SUPE JHB	02/03/2024	AG Level 1 Regional Age Group
202	2:00.17	L	F	Esethu Mabula	15	SRAY BUF	24/11/2023	BCA Long Course Championships 2023
203	2:01.08	L	F	Lesedi Kgarimetsa	15	SWIM1 JHB	02/03/2024	AG Level 1 Regional Age Group
204	2:06.11	L	F	Minette Els	15	BETH FDD	16/02/2024	Neptunes Last chance Gala
205	2:08.10	L	F	Ayanda Luthuli	15	USH KCD	28/10/2023	KCDA October Age Group Gala 2023
206	2:08.85	L	P	Michelle Seerane	15	RBOT BPD	06/12/2023	NWS Championships 2023/24
207	2:09.20	L	F	Helena Van Vuuren	15	KALA	27/10/2023	KALAHARI CLASSIC GALA 2023
208	2:16.52	L	F	Mia Coertzen	15	PGH KK	23/02/2024	NW School Championships 2024
209	2:17.53	L	F	Anesu Mushonga	15	ISSA NM	23/02/2024	NW School Championships 2024
210	2:19.01	L	F	Amy Klink	15	JAQ EKU	28/10/2023	EGA Summer 2 2023
211	2:19.59	L	F	Lesedi-Lere Themba	15	ESP EKU	24/11/2023	EGA Summer 4
212	2:21.80	L	P	Kaelo Makhatho	15	ESP EKU	07/12/2023	EGA Summer Championships
213	2:22.98	L	P	Zoë Pierce	15	ESTR EKU	07/12/2023	EGA Summer Championships
214	2:52.60	L	F	Simone Bronkhorst	15	SS MPD	01/12/2023	Limpopo Champs
<b>Women 15-15 200 Breast</b>								
1	2:37.21	L	F	Gabriella Van Den Berg	15	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE
2	2:39.15	L	P	Chanel Veldsman	15	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
3	2:41.68	L S	F	Tyra Penn	15	WATR JHB	15/03/2024	SA National Junior Age Group
4	2:47.19	L S	F	Kayla Gous	15	USC BUF	15/03/2024	SA National Junior Age Group
5	2:47.24	L	F	Lara Gouws	15	TUKS TSH	14/12/2023	KZNA 2023 Championships Incorpor SSA
6	2:47.73	L S	F	Karla Myburgh	15	TUKS TSH	15/03/2024	SA National Junior Age Group
7	2:47.89	L	P	Madison du Plessis	15	BLOT MAN	14/12/2023	Western Cape LC-A Championship 2023
8	2:47.91	L S	F	Mieke Vd Wal	15	CASC CPT	15/03/2024	SA National Junior Age Group
9	2:49.02	L	P	Ella Eldar	15	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE
10	2:51.33	L S	F	Vera Chen	15	BLSS MAN	15/03/2024	SA National Junior Age Group
11	2:51.73	L S	F	Leila Yazbek	15	BLNE MAN	06/12/2023	Free State Champs 2023
12	2:52.31	L S	F	Jodi Boettger	15	USC BUF	15/03/2024	SA National Junior Age Group



## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
13	2:53.30	L	F	Mikayla Lombard	15	GAU JHB	19/04/2024 SA Schools Swimming Championship
14	2:54.85	L	F	Mia Gerber	15	LALE CED	03/02/2024 Winelands SL final
15	2:55.35	L	P	Amy Combrink	15	WCA CPT	08/04/2024 SA National Aquatic Champ 2024-PE
16	2:55.74	L	F	Jaime Mote	15	INFA NMA	24/06/2023 PEA Winter Gala 2023
17	2:56.04	L S	F	Stacey Smith	15	PAC TSH	15/03/2024 SA National Junior Age Group
18	2:56.70	L	F	Zine Mostert	15	WATR JHB	15/12/2023 NMBA Championships 2023
19	2:57.27	L	F	Jaime Maritz	15	CSA EZD	20/03/2024 SA Level 3 Regional Age Group
20	2:57.34	L	P	Kendra Begley	15	ECA BUF	08/04/2024 SA National Aquatic Champ 2024-PE
21	2:58.08	L	F	René Kotzé	15	PGIM KK	23/02/2024 NW School Championships 2024
22	2:58.47	L S	F	Corli Liversage	15	BLSS MAN	06/12/2023 Free State Champs 2023
23	2:58.55	L	P	Juliette van Vught	15	SASE JHB	23/02/2024 2024 Grand Prix 2 Invitational Meet -
24	2:58.84	L	F	Jessica Sardinha	15	BAS EKU	15/09/2023 EGA Summer 1
25	2:59.59	L	F	Hannah Schreuder	15	SAAW CPT	21/03/2024 SA Level 3 Regional Age Group
26	3:00.17	L	P	Caitlyn Dube	15	GAU JHB	19/04/2024 SA Schools Swimming Championship
27	3:00.46	L	F	Georgia Gouws	15	BEST NMA	15/12/2023 NMBA Championships 2023
28	3:00.60	L	F	Kayleigh Hahn	15	ROA EDD	18/11/2023 Eden LC Champs 2023
29*	3:02.01	L	F	Elizabeth Victor	15	UNI EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
29*	3:02.01	L	F	Elne Reynolds	15	INFA NMA	15/12/2023 NMBA Championships 2023
31	3:02.09	L	F	Amy O'Connor	15	CRSC JHB	30/11/2023 CGA Championships 2023
32	3:03.17	L	F	Kate-Lynn Kruger	15	DESA NMA	21/03/2024 SA Level 3 Regional Age Group
33	3:03.67	L	F	Araya de Waal	15	PGAC EKU	11/11/2023 EGA Summer 3
34	3:03.85	L	F	Jordan Wessels	15	ASA ILD	14/12/2023 KZNA 2023 Championships Incorp SSA
35	3:04.19	L S	F	Maria Steyn	15	BLSS MAN	06/12/2023 Free State Champs 2023
36	3:04.31	L	F	Kayla Verbaan	15	KLOO ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
37	3:04.89	L	F	Hannah Sandilands	15	MDOL JHB	26/01/2024 EGA Last Chance 2024
38	3:06.17	L	F	Tshenolo Ntsie	15	RSA	03/05/2023 CANA Zone IV Swimming Champions
39	3:06.73	L	F	Danielle Harbron	15	BLOT MAN	21/03/2024 SA Level 3 Regional Age Group
40	3:07.04	L	P	Kganya Mashigo	15	PAC TSH	12/12/2023 NTS Championships 2023
41	3:07.20	L S	P	Karmen Van Rensburg	15	UNI EZD	15/03/2024 SA National Junior Age Group
42	3:07.36	L	F	Kathleen Welsh	15	MSC NGD	01/12/2023 Mpumalanga Championships 2023
43	3:08.63	L	P	Rachel Hinckley	15	CA EKU	07/12/2023 EGA Summer Championships
44	3:09.07	L	F	Jemma Park	15	CRSC JHB	30/11/2023 CGA Championships 2023
45	3:09.51	L	F	Genevieve Christensen	15	ACSA ETH	21/01/2024 EDA Age Group Gala 5 2024
46	3:09.66	L	P	Megan Webster	15	RFA TSH	20/03/2024 SA Level 3 Regional Age Group
47	3:10.74	L	F	Mia Johnson	15	AAS JHB	30/11/2023 CGA Championships 2023
48	3:10.88	L S	P	Ava-Loren Van Galen	15	STAQ CED	15/03/2024 SA National Junior Age Group
49	3:11.14	L	F	Carme Louw	15	HMER MP	27/01/2024 Limpopo School Champs
50	3:11.41	L	P	Sandri Visser	15	PLAY CED	14/12/2023 Western Cape LC-A Championship 2023
51	3:11.52	L	F	Katey Nel	15	SOUL EKU	07/12/2023 EGA Summer Championships
52	3:12.20	L	T	Keira Holland	15	CRSC JHB	28/02/2024 Crusaders Night Gala 5
53	3:13.10	L	F	Nicole Van Zyl	15	CA EKU	20/03/2024 SA Level 3 Regional Age Group
54	3:13.16	L	F	Christi Serfontein	15	QUIC CPT	10/02/2024 WCA-B Champs - 2024
55	3:14.52	L	F	Lerize Du Toit	15	ACAQ CCD	22/09/2023 NTS Level 3+ September Age Group
56	3:15.08	L	F	Judy Stevens	15	QUIC CPT	21/03/2024 SA Level 3 Regional Age Group
57	3:15.35	L S	F	Ilanze du Plessis	15	BLSS MAN	06/12/2023 Free State Champs 2023
58	3:15.48	L	F	Simonè Schonken	15	TASC MPD	11/11/2023 Limpopo Age Group 5
59	3:16.22	L	P	Bianke Von Schlichting	15	PRA GSD	20/03/2024 SA Level 3 Regional Age Group
60*	3:16.44	L	F	Emma Davies	15	BAS EKU	15/09/2023 EGA Summer 1
60*	3:16.44	L	F	Imaan Velloo	15	MANT CPT	10/02/2024 WCA-B Champs - 2024
62	3:16.53	L	F	Reese Edwards	15	SSISA CPT	11/11/2023 Winelands SL4
63	3:17.00	L	F	Lienke Van OS	15	BLSS MAN	11/11/2023 Bull Sharks Gala
64	3:17.06	L	F	Sinoah Pretorius	15	HPS TSH	24/03/2024 SA Level 2 Regional Age Group Champs
65	3:17.62	L	P	Richelle Rothmann	15	AQU ADJ	05/04/2024 SA Level 2 Regional Age Group Champs
66	3:17.89	L	F	Janca Hattingh	15	CSA EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
67	3:17.92	L	F	Lelanie Buhr	15	SWAR WCD	10/02/2024 WCA-B Champs - 2024
68	3:17.97	L	P	Emma Lategan	15	CASC CPT	14/12/2023 Western Cape LC-A Championship 2023
69	3:17.98	L	F	Megan Van den Heever	15	UNI EZD	01/12/2023 Mpumalanga Championships 2023
70	3:18.73	L	F	Chloe Jewell	15	PEAS NMA	15/12/2023 NMBA Championships 2023
71	3:18.87	L	F	Anne Steyl	15	NC FB	27/01/2024 4 + 1 Inter Provincial Gala 2023

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
72	3:19.08 L	F	Anne Marais	15	TKS WBD	01/12/2023	Limpopo Champs
73	3:19.44 L	F	Ingrid Van Loggerenberg	15	TUKS FSH	01/12/2023	2023 The Tshwane Mayor's Gala
74	3:19.74 L	F	Mila Petrak	15	ELEC FSH	24/03/2024	SA Level 2 Regional Age Group Champs
75	3:20.12 L	F	Storme Badenhorst	15	MANT CPT	10/02/2024	WCA-B Champs - 2024
76	3:20.66 L	F	Robyn Barbour	15	ESP EKU	15/09/2023	EGA Summer 1
77	3:20.96 L	F	Kayla Vosloo	15	BLOT MAN	27/10/2023	Neptune Prestige Gala
78	3:21.91 L	P	Lumka Ntaka	15	UMSH ETH	05/04/2024	SA Level 2 Regional Age Group Champs
79	3:22.27 L	F	Emma Jansen van Rensburg	15	QSAW CED	10/02/2024	WCA-B Champs - 2024
80	3:22.56 L	P	Georgia Alston	15	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
81	3:22.89 L	F	Sienna Lombard	15	HPS FSH	24/03/2024	SA Level 2 Regional Age Group Champs
82	3:23.07 L	F	Anastasia Sequeira	15	CA EKU	11/11/2023	EGA Summer 3
83	3:24.08 L	F	Jessica Bosman	15	QUIC CPT	10/02/2024	WCA-B Champs - 2024
84	3:24.38 L	F	Nina Melka	15	TUKS FSH	24/03/2024	SA Level 2 Regional Age Group Champs
85	3:24.74 L	F	Georgia Knight	15	WATR JHB	24/03/2024	SA Level 2 Regional Age Group Champs
86	3:25.08 L	F	Nakita Snyman	15	FLOD JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
87	3:25.09 L	F	Kaylie Groenewald	15	ACAQ CCD	24/06/2023	PEA Winter Gala 2023
88	3:25.39 L	F	Deoné Borstlap	15	POTC KKD	24/03/2024	SA Level 2 Regional Age Group Champs
89	3:25.56 L	F	Wilmien Verbeek	15	CASC CPT	24/06/2023	PEA Winter Gala 2023
90	3:25.72 L	F	Emily Tsai	15	BLMA CPT	10/02/2024	WCA-B Champs - 2024
91	3:25.82 L	F	Kuzingca Siramza	15	AQUA BUF	24/11/2023	BCA Long Course Championships 2023
92	3:25.97 L	F	Liza Schoeman	15	RHS BP	23/02/2024	NW School Championships 2024
93	3:28.61 L	F	Sian Kleynhans	15	ROA EDD	17/02/2024	EDEN 5th A-League Gala 2024
94	3:28.65 L	F	Anneke Stassen	15	CASC CPT	24/11/2023	CTA A & B CHAMPS 2023
95	3:29.98 L	F	Mia Sarakis	15	CRSC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
96	3:30.02 L	F	Megan Augustyn	15	ONYX EKU	15/09/2023	EGA Summer 1
97	3:30.10 L	F	Amelie Van der Merwe	15	RFA FSH	01/12/2023	2023 The Tshwane Mayor's Gala
98	3:30.46 L	P	Paris Shiwundlana	15	AFIN JHB	30/11/2023	CGA Championships 2023
99	3:30.56 L	F	Mia De Klerk	15	CSA EZD	01/12/2023	Mpumalanga Championships 2023
100	3:31.20 L	F	Hannah van der Veen	15	AQUA BUF	17/02/2024	Eastern Cape School Trials 2024
101	3:33.99 L	F	Katia Jacob	15	HASC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
102	3:34.72 L	F	Carli Dippenaar	15	ROA EDD	18/11/2023	Eden LC Champs 2023
103	3:35.12 L	F	Alaynah Bhamjee	15	WATR JHB	26/07/2023	Giochi Del Tricolore Swim
104	3:35.22 L	F	Catherine Desilla	15	SASE JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
105	3:35.34 L	F	Larissa Visagie	15	LALE CED	11/11/2023	Winelands SL4
106	3:35.42 L	F	Naledi Thobeha	15	QUIC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
107	3:35.81 L	F	Zianè Jantzen	15	QUIC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
108	3:36.00 L	F	Jessica Carver	15	ELEC FSH	19/01/2024	NTS Level 1+2 January Age Group 2024
109	3:36.63 L	F	Emma Thompson	15	PSC FSH	01/12/2023	2023 The Tshwane Mayor's Gala
110	3:36.69 L	F	Tatiana Ioannides	15	BLSS MAN	11/11/2023	Bull Sharks Gala
111	3:37.90 L	P	Ivana Vyncke	15	DRGN EKU	30/11/2023	CGA Championships 2023
112	3:38.63 L	F	Shannon Rautenbach	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023
113	3:38.70 L	F	Celine Miles	15	BLUO UGD	24/11/2023	Westville-Seals LC Championships
114	3:39.66 L	F	Mekayla Pretorius	15	HWSK FBD	26/03/2024	SA Level 2 Regional Age Group Champs
115	3:39.67 L	F	Mariel van der Net	15	JAQ EKU	15/09/2023	EGA Summer 1
116	3:40.62 L S	F	Shyenne Laubscher	15	WELA LLD	06/12/2023	Free State Champs 2023
117	3:41.13 L	F	Brooklyn-Taylor Sunker	15	MAKO EKU	24/03/2024	SA Level 2 Regional Age Group Champs
118	3:41.73 L	F	Megan Neizel	15	PSCP UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
119	3:42.21 L	F	Veera Khusal	15	BON EKU	24/03/2024	SA Level 2 Regional Age Group Champs
120	3:42.50 L	F	Riley Koegelenberg	15	LALE CED	11/11/2023	Winelands SL4
121	3:43.41 L	F	Lara Louw	15	BLNE MAN	27/10/2023	Neptune Prestige Gala
122	3:44.08 L	F	Alea Du Toit	15	CYBE CPT	24/11/2023	CTA A & B CHAMPS 2023
123	3:44.27 L	F	Chelsea Snyman	15	HBV MP	27/01/2024	Limpopo School Champs
124	3:45.61 L	F	Gabriella Carminati	15	AFIN JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
125	3:45.64 L	F	Cala Welgemoed	15	VALS FDD	26/03/2024	SA Level 2 Regional Age Group Champs
126	3:46.08 L	F	Jaimee Marais	15	ELRAS WBD	21/10/2023	Limpopo Age Group 4
127	3:48.46 L	F	Mea Harding	15	BAS EKU	15/09/2023	EGA Summer 1
128	3:49.50 L S	F	Lisa van der Westhuizen	15	POTC KKD	06/12/2023	NWS Championships 2023/24
129	3:50.93 L	F	Tia Mari Theron	15	HSBV SKD	27/01/2024	Limpopo School Champs
130	3:51.02 L	F	Esther Sauls	15	PGAC EKU	15/09/2023	EGA Summer 1

### Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
131	3:52.79	L	F	Kiara Krauss	15	GREY CPT	11/11/2023	Winelands SL4
132	3:57.27	L	F	Ebenette Van Niekerk	15	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
133	4:00.29	L	F	Camryn Shaw	15	PEAS NMA	09/02/2024	Infinity Gala 2024
134	4:01.69	L	F	Kholofelo Seabi	15	SWIFT ECU	24/03/2024	SA Level 2 Regional Age Group Champs
135	4:02.16	L	F	Ogalaletseng Khosana	15	WATR JHB	26/07/2023	Giochi Del Tricolore Swim
136	4:02.58	L	F	Zainah Akhalwaya	15	OLDE JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
137	4:06.88	L	F	Abigail Cullen	15	WELA LLD	27/10/2023	Neptune Prestige Gala
138	4:09.10	L	F	Bathiyana Zondo	15	BARR CPT	05/10/2023	42nd Freda Barnard Invitational Gala
139	4:09.41	L	F	Hannah Coert	15	MANT CPT	05/10/2023	42nd Freda Barnard Invitational Gala
140	4:19.24	L	F	Esethu Mabula	15	SRAY BUF	24/11/2023	BCA Long Course Championships 2023
141	4:25.53	L	F	Jada Grill	15	HURA CPT	11/11/2023	Swartland Prestige Gala 2023
142	4:31.92	L S	F	Michelle Seerane	15	RBOT BPD	06/12/2023	NWS Championships 2023/24
143	4:35.49	L	F	Shay-Leigh Pieters	15	HURA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
144	4:35.70	L	F	Ayanda Luthuli	15	USH KCD	27/01/2024	Ushaka Champs 2024
145	5:12.29	L	F	Anesu Mushonga	15	ISSA NM	23/02/2024	NW School Championships 2024
<b>Women 15-15 50 Fly</b>								
1	28.32	L	F	Jaime Mote	15	INFA NMA	15/03/2024	SA National Junior Age Group
2	28.97	L	P	Emily Macqueen	15	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
3	29.18	L	F	Leila Yazbek	15	BLNE MAN	15/03/2024	SA National Junior Age Group
4	29.35	L	F	Jana Vorster	15	TUKS TSH	15/03/2024	SA National Junior Age Group
5	29.55	L	F	Leah Scott	15	BLUO UGD	15/03/2024	SA National Junior Age Group
6	29.56	L	F	Kendra Begley	15	INFA NMA	19/04/2024	SA Schools Swimming Championship
7	29.62	L	F	Annebel Stewart	15	AZON ETH	15/03/2024	SA National Junior Age Group
8	29.71	L	F	Grace Powell	15	GAU JHB	19/04/2024	SA Schools Swimming Championship
9	29.84	L	F	Scarlett Le Roux	15	CA ECU	23/02/2024	2024 Grand Prix 2 Invitational Meet -
10	30.09	L S	F	Ruth Dredge	15	PAC TSH	12/12/2023	NTS Championships 2023
11	30.27	L S	F	Savannah Mostert	15	TUKS TSH	12/12/2023	NTS Championships 2023
12	30.31	L	F	Jesse-Leah Laderach	15	PEAS NMA	09/02/2024	Infinity Gala 2024
13	30.32	L	F	Ruby Gaines	15	SEALE ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
14	30.36	L	F	Ava-Loren Van Galen	15	STAQ CED	15/03/2024	SA National Junior Age Group
15	30.38	L	F	Danielle Cronjè	15	LALE CED	15/03/2024	SA National Junior Age Group
16*	30.40	L	P	Gizelle Maritz	15	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
16*	30.40	L	F	Danika Van Zyl	15	KZNA ETH	19/04/2024	SA Schools Swimming Championship
18	30.43	L	F	Jaime Maritz	15	MP EZD	19/04/2024	SA Schools Swimming Championship
19	30.45	L	P	Ashley Scholtz	15	CA ECU	15/03/2024	SA National Junior Age Group
20	30.46	L S	F	Abigail Roberts	15	TUKS TSH	12/12/2023	NTS Championships 2023
21	30.49	L	F	Lara Gouws	15	TUKS TSH	20/10/2023	NTS Level 3+ October Age Group 2023
22	30.56	L	F	Zandri Knoetze	15	INFA NMA	15/03/2024	SA National Junior Age Group
23	30.65	L	F	Corli Liversage	15	BLSS MAN	06/12/2023	Free State Champs 2023
24	30.76	L	P	Mari Wium	15	QSAW CED	14/12/2023	Western Cape LC-A Championship 2023
25	30.79	L	F	Chanel Veldsman	15	KZNA ETH	19/04/2024	SA Schools Swimming Championship
26*	30.80	L	F	Amy Combrink	15	VINE CPT	11/11/2023	Winelands SL4
26*	30.80	L	F	Tanatswa Chandiwana	15	HRE MS	24/06/2023	PEA Winter Gala 2023
28	30.84	L	F	Jenna Coetzee	15	INFA NMA	15/12/2023	NMBA Championships 2023
29	31.10	L	P	Katelyn Fourie	15	AGA ECU	08/04/2024	SA National Aquatic Champ 2024-PE
30	31.37	L	P	Emily Palmer	15	ECA BUF	08/04/2024	SA National Aquatic Champ 2024-PE
31	31.39	L	F	Mikayla Smit	15	AA JHB	20/03/2024	SA Level 3 Regional Age Group
32	31.52	L	F	Jana Swiegers	15	TUKS TSH	17/11/2023	NTS Level 3+ November Age Group
33	31.57	L	F	Amy O'Connor	15	CRSC JHB	30/11/2023	CGA Championships 2023
34	31.60	L	F	Jaime Roome	15	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
35	31.64	L	F	Emily Liebenberg	15	SWAR WCD	21/03/2024	SA Level 3 Regional Age Group
36	31.65	L	P	Gemma Goncalves	15	SEAL UMD	15/03/2024	SA National Junior Age Group
37*	31.68	L	F	Maria Steyn	15	BLSS MAN	21/03/2024	SA Level 3 Regional Age Group
37*	31.68	L	F	Lara Smith	15	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
39	31.74	L	F	Caitlyn Dube	15	MDOL JHB	30/11/2023	CGA Championships 2023
40	31.76	L	P	Mieke Vd Wal	15	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023
41	31.79	L	F	Elne Reynolds	15	INFA NMA	15/12/2023	NMBA Championships 2023
42	31.80	L	F	Keira Holland	15	CRSC JHB	30/11/2023	CGA Championships 2023
43	31.81	L	F	Mikayla Lombard	15	TUKS TSH	17/11/2023	NTS Level 3+ November Age Group

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
44	31.82	L	F	Amy Brown	15	SEALE	ETH	24/11/2023	Westville-Seals LC Championships
45	31.85	L	F	Karmen Van Rensburg	15	UNI	EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
46	32.06	L	F	Mareze Frylinck	15	BLSS	MAN	27/10/2023	Neptune Prestige Gala
47	32.11	L	P	Jodi Boettger	15	USC	BUF	15/03/2024	SA National Junior Age Group
48	32.13	L	P	Anne Marais	15	LP	CCD	19/04/2024	SA Schools Swimming Championship
49	32.23	L	P	Chloe Olivier	15	CA	EKU	15/03/2024	SA National Junior Age Group
50	32.26	L	P	Tafadzwa Chandiwana	15	MDOL	JHB	15/03/2024	SA National Junior Age Group
51	32.43	L	P	Milan Van Heerden	15	AZON	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
52	32.51	L	P	Juliette van Vught	15	SASE	JHB	23/02/2024	2024 Grand Prix 2 Invitational Meet -
53	32.55	L	F	Madisynn Elliott	15	AA	JHB	26/01/2024	EGA Last Chance 2024
54*	32.59	L	F	Siobhan Evans	15	CA	EKU	07/12/2023	EGA Summer Championships
54*	32.59	L	P	Emma Lategan	15	CASC	CPT	15/03/2024	SA National Junior Age Group
56	32.61	L	F	Catherine Desilla	15	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
57	32.68	L	P	Rouxne Du Plessis	15	TUKS	FSH	15/03/2024	SA National Junior Age Group
58*	32.69	L	P	Danaleigh Swanepoel	15	RFA	FSH	15/03/2024	SA National Junior Age Group
58*	32.69	L	P	Tyra Penn	15	WATR	JHB	15/03/2024	SA National Junior Age Group
60	32.70	L	P	Jorja Parsons	15	PSCP	UMD	23/02/2024	2024 Grand Prix 2 Invitational Meet -
61	32.74	L	F	Amy-Lee Jones	15	CA	EKU	20/03/2024	SA Level 3 Regional Age Group
62	32.78	L	F	Simonè Schonken	15	TASC	MPD	24/03/2024	SA Level 2 Regional Age Group Champs
63	33.00	L	F	Esmarie Terblanche	15	LALE	GED	11/11/2023	Winelands SL4
64	33.06	L	P	Shanna-Leigh Zeelie	15	BLMA	CPT	14/12/2023	Western Cape LC-A Championship 2023
65	33.09	L	F	Kaylie Groenewald	15	ACAQ	CCD	20/03/2024	SA Level 3 Regional Age Group
66	33.33	L	F	Danielle Harbron	15	BLOT	MAN	06/12/2023	Free State Champs 2023
67	33.34	L	P	Araya de Waal	15	PGAC	EKU	20/03/2024	SA Level 3 Regional Age Group
68*	33.36	L	P	Hannah Burke	15	SFSC	CPT	15/03/2024	SA National Junior Age Group
68*	33.36	L	F	Kayla Vosloo	15	BLOT	MAN	06/12/2023	Free State Champs 2023
70	33.37	L	P	Lily Durant	15	WATR	JHB	30/11/2023	CGA Championships 2023
71	33.38	L	F	Leeya Amon	15	CASC	CPT	24/11/2023	CTA A & B CHAMPS 2023
72	33.39	L	F	Rachel Hinckley	15	CA	EKU	28/10/2023	EGA Summer 2 2023
73	33.48	L	P	Robyn Barbour	15	ESP	EKU	20/03/2024	SA Level 3 Regional Age Group
74	33.50	L	F	Ella Eldar	15	TUKS	FSH	23/02/2024	NTS Prestige AG February 2024
75	33.53	L	P	Milri-Ann Summerton	15	NWUC	KKD	20/03/2024	SA Level 3 Regional Age Group
76	33.55	L	P	Kelly Stork	15	BAS	EKU	15/03/2024	SA National Junior Age Group
77	33.62	L	F	Sunny Huang	15	CA	EKU	24/11/2023	EGA Summer 4
78	33.64	L	F	Skylla Perumal	15	TRAZ	FSH	22/09/2023	NTS Level 3+ September Age Group
79	33.65	L	F	Tehl-Cadi Day Garden	15	MGSC	UGD	24/11/2023	Westville-Seals LC Championships
80	33.66	L	F	Chloe Petersen	15	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
81	33.67	L	F	Madison du Plessis	15	BLOT	MAN	11/11/2023	Bull Sharks Gala
82	33.70	L	F	Anri Van Der Westhuizen	15	BLOT	MAN	06/12/2023	Free State Champs 2023
83	33.81	L	F	Kelci Leech	15	BLSS	MAN	03/11/2023	Heidedal Welkom Gala
84	33.84	L	F	Lili Kannisto	15	NMDO	JH	14/10/2023	CGA Level 2 + Gala Oct 2023
85	33.85	L	F	Ilke Prinsloo	15	PEAR	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
86	33.86	L	P	Mia De Klerk	15	CSA	EZD	24/03/2024	SA Level 2 Regional Age Group Champs
87	33.88	L	F	René Kotzé	15	POTC	KKD	11/11/2023	NWS Age Group 3 + 4
88	33.91	L	F	Jessica Smith	15	ASA	ILD	02/12/2023	Stingrays Swim Champs 2023
89	34.02	L	F	Antonella Del Fabbro	15	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
90	34.07	L	F	Bea Van der Merwe	15	RFA	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
91	34.09	L	F	Keera De Esclana	15	VRC	FSH	17/11/2023	NTS Level 3+ November Age Group
92	34.10	L	P	Tayla Dowie	15	QUES	JHB	30/11/2023	CGA Championships 2023
93	34.16	L	P	Jemma Park	15	CRSC	JHB	30/11/2023	CGA Championships 2023
94	34.22	L	P	Mia Gerber	15	LALE	GED	14/12/2023	Western Cape LC-A Championship 2023
95	34.23	L	F	Ayalakha Mokoena	15	INFA	NMA	21/10/2023	4th A League Gala 2023
96	34.26	L	P	Stacey Fisher	15	TRAZ	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
97	34.27	L	F	Megan Neizel	15	PSCP	UMD	21/03/2024	SA Level 3 Regional Age Group
98	34.34	L	F	Elizabeth Victor	15	UNI	EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
99	34.39	L	P	Wilmiën Verbeek	15	CASC	CPT	14/12/2023	Western Cape LC-A Championship 2023
100	34.41	L	F	Hannah Naidoo	15	BEAV	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
101	34.44	L	F	Jemma Pearse	15	VINE	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
102	34.49	L	F	Isabella Havemann	15	ASAC	CPT	24/11/2023	CTA A & B CHAMPS 2023

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
103	34.56	L	P	Jade O'Connor	15	TUKS	FSH	20/03/2024	SA Level 3 Regional Age Group
104	34.59	L	F	Mia Vd Merwe	15	GSA	CPT	24/11/2023	CTA A & B CHAMPS 2023
105	34.63	L	F	Georgia Gouws	15	PRIO	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
106	34.65	L	F	Donne Bruyns	15	CSA	EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
107	34.66	L	P	Kayleigh Hahn	15	ROA	EDD	15/03/2024	SA National Junior Age Group
108	34.67	L	F	Jessica Sardinha	15	BAS	EKU	28/10/2023	EGA Summer 2 2023
109	34.70	L	F	Gabriella Otto	15	HASC	JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
110	34.72	L	F	Jaimee Marais	15	HSTAN	MP	27/01/2024	Limpopo School Champs
111	34.74	L	P	Gianna Collard	15	TUKS	FSH	20/03/2024	SA Level 3 Regional Age Group
112	34.78	L	P	Katia Jacob	15	HASC	JHB	30/11/2023	CGA Championships 2023
113	34.81	L S	P	Kganya Mashigo	15	PAC	FSH	12/12/2023	NTS Championships 2023
114	34.94	L	F	Natania Komakech	15	ELEC	FSH	12/01/2024	2024 Grand Prix Invitation Swimming
115*	34.96	L	F	Emma Neethling	15	FISH	EDD	18/11/2023	Eden LC Champs 2023
115*	34.96	L	P	Erin Joubert	15	KLOO	ETH	14/12/2023	KZNA 2023 Championships Incorpor SSA
117	34.98	L	P	Cait Da Cunha	15	BON	EKU	07/12/2023	EGA Summer Championships
118	35.12	L	F	Chrystil Raymond	15	CSA	EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
119	35.16	L	F	Amy Gerber	15	SEAL	UMD	05/04/2024	SA Level 2 Regional Age Group Champs
120	35.19	L	F	Taylor Ririe	15	BLNE	MAN	27/10/2023	Neptune Prestige Gala
121	35.25	L	F	Rebecca White	15	SSISA	CPT	24/11/2023	CTA A & B CHAMPS 2023
122	35.31	L	F	Megan Nieman	15	PSC	FSH	17/11/2023	NTS Level 3+ November Age Group
123	35.35	L	F	Esti Mouton	15	SWAR	WCD	10/02/2024	WCA-B Champs - 2024
124	35.39	L	P	Vera Chen	15	BLSS	MAN	15/03/2024	SA National Junior Age Group
125	35.44	L	F	Anastasia Sequeira	15	CA	EKU	24/11/2023	EGA Summer 4
126	35.51	L	F	Kaylin Bezuidenhoud	15	BLOT	MAN	06/12/2023	Free State Champs 2023
127	35.52	L	F	Lara Verhoef	15	ASAC	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
128	35.54	L	F	Tshenolo Ntsie	15	RSA		03/05/2023	CANA Zone IV Swimming Champions
129	35.55	L	F	Ashley Seymour	15	WELA	LLD	06/12/2023	Free State Champs 2023
130*	35.59	L	F	Sandri Visser	15	PLAY	GED	18/11/2023	CTA QUALIFYING MEET 2
130*	35.59	L	F	Chloe Pieterse	15	QSAW	GED	03/02/2024	Winelands SL final
132	35.60	L	F	Stacey Smith	15	PAC	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
133	35.61	L	P	Johané Jv Rensburg	15	TUKS	FSH	20/03/2024	SA Level 3 Regional Age Group
134	35.64	L	F	Abigail Pieterse	15	HARV	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
135	35.69	L	F	Ilanze du Plessis	15	BLSS	MAN	06/12/2023	Free State Champs 2023
136	35.71	L	F	Mekayla Pretorius	15	HWSK	FBD	03/02/2024	NCASA SPRINTS 2024
137	35.74	L	F	Jenna White	15	HE	CCD	14/10/2023	Limpopo Top 8 - High Schools
138	35.88	L	P	Carme Louw	15	TASC	MPD	20/03/2024	SA Level 3 Regional Age Group
139	35.91	L	F	Nina Van Tonder	15	LALE	GED	11/11/2023	Winelands SL4
140	36.08	L	F	Emily Shand	15	BLUO	UGD	24/11/2023	Westville-Seals LC Championships
141	36.13	L	F	Chloe Byrne	15	SEAL	UMD	27/01/2024	Ushaka Champs 2024
142	36.26	L	F	Elrike du Plessis	15	HSB	BP	23/02/2024	NW School Championships 2024
143	36.41	L	F	Ilze Hendriks	15	LEGC	ETH	24/11/2023	Westville-Seals LC Championships
144	36.44	L	F	Sienna Wilensky	15	ASAC	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
145	36.58	L	P	Sinoah Pretorius	15	HPS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
146	36.63	L	F	Kayla Welgemoed	15	VALS	FDD	26/03/2024	SA Level 2 Regional Age Group Champs
147	36.74	L	F	Nicole Van Zyl	15	CA	EKU	28/10/2023	EGA Summer 2 2023
148	36.82	L	P	Hannah Schreuder	15	SAAW	CPT	21/03/2024	SA Level 3 Regional Age Group
149	36.90	L	F	Eva-Bella Bonomi	15	TRAZ	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
150*	36.92	L	F	Carli Dippenaar	15	ROA	EDD	18/11/2023	Eden LC Champs 2023
150*	36.92	L	F	Rienke Blignaut	15	BLSS	MAN	06/12/2023	Free State Champs 2023
150*	36.92	L	P	Paige Edmundson	15	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
153	36.96	L	F	Mea Harding	15	BAS	EKU	24/11/2023	EGA Summer 4
154	36.98	L	F	Helena Pretorius	15	HSBV	SKD	14/10/2023	Limpopo Top 8 - High Schools
155	36.99	L	F	Mila Petrak	15	ELEC	FSH	22/09/2023	NTS Level 3+ September Age Group
156	37.06	L	P	Megan Augustyn	15	ONYX	EKU	07/12/2023	EGA Summer Championships
157	37.09	L S	F	Mieke Vd Walt	15	FISH	EDD	05/10/2023	42nd Freda Barnard Invitational Gala
158	37.20	L	F	Shyenne Laubscher	15	WELA	LLD	26/03/2024	SA Level 2 Regional Age Group Champs
159	37.30	L	F	Amelie Brügers	15	VINE	CPT	10/02/2024	WCA-B Champs - 2024
160	37.35	L	F	Lara Louw	15	BLNE	MAN	11/11/2023	Bull Sharks Gala
161*	37.42	L	F	Kailey Joubert	15	AZON	ETH	03/11/2023	EDA Age Group Gala 4 2023

### Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
161*	37.42	L	P	Mia Wellsted	15	HASC JHB	30/11/2023 CGA Championships 2023
163	37.45	L	F	Anne Steyl	15	UPSK ZMD	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
164	37.49	L	F	Nicole Norman	15	RPAC EKU	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
165	37.54	L	P	Deoné Borstlap	15	POTC KKD	24/03/2024 SA Level 2 Regional Age Group Champs
166	37.62	L	P	Paris Shiwundlana	15	AFIN JHB	24/03/2024 SA Level 2 Regional Age Group Champs
167	37.63	L	F	Lumka Ntaka	15	UMSH ETH	03/11/2023 EDA Age Group Gala 4 2023
168	37.68	L	F	Chloe Jewell	15	PEAS NMA	17/02/2024 Eastern Cape School Trials 2024
169	37.71	L	P	Megan Van den Heever	15	UNI EZD	24/03/2024 SA Level 2 Regional Age Group Champs
170	37.72	L	F	Mia Crookham	15	TYGE CPT	10/02/2024 WCA-B Champs - 2024
171	37.81	L	P	Georgia Knight	15	WATR JHB	24/03/2024 SA Level 2 Regional Age Group Champs
172*	37.87	L	F	Jessica Carver	15	ELEC TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
172*	37.87	L	F	Kate-Lynn Kruger	15	DESA NMA	21/10/2023 4th A League Gala 2023
174	37.92	L	F	Entle Khumalo	15	SWIJ JHB	14/10/2023 CGA Level 2 + Gala Oct 2023
175	37.98	L	F	Kuzingca Siramza	15	AQUA BUF	24/11/2023 BCA Long Course Championships 2023
176	38.00	L	F	Miela Smit	15	AQUA BUF	21/03/2024 SA Level 3 Regional Age Group
177	38.05	L S	F	Shay-Leigh Pieters	15	HURA CPT	05/10/2023 42nd Freda Barnard Invitational Gala
178	38.13	L	F	Nakita Snyman	15	FLOD JHB	14/10/2023 CGA Level 2 + Gala Oct 2023
179	38.18	L	F	Micke de Jager	15	PSA ZLD	27/01/2024 Ushaka Champs 2024
180	38.28	L	P	Micaela Mutooni	15	ELEC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
181	38.29	L	F	Nicola Olivier	15	MCS BP	23/02/2024 NW School Championships 2024
182	38.54	L	P	Victoria-Ann Anthony	15	BON EKU	24/03/2024 SA Level 2 Regional Age Group Champs
183*	38.59	L	F	Ebenette Van Niekerk	15	FISH EDD	18/11/2023 Eden LC Champs 2023
183*	38.59	L	F	Naseerah Vd Merwe	15	WEST CPT	17/02/2024 Swartland Invitational Gala 2024
185	38.63	L	F	Alexandra Santos	15	PSCP UMD	05/04/2024 SA Level 2 Regional Age Group Champs
186	38.87	L	F	Hannah Krummeck	15	HARV NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
187	38.96	L	F	Ingrid Van Loggerenberg	15	TUKS TSH	02/02/2024 NTS Level 1+2 February Age Group
188	39.03	L	F	Chanè Grobbelaar	15	SWAR WCD	10/02/2024 WCA-B Champs - 2024
189	39.04	L	F	Nina Melka	15	TUKS TSH	20/10/2023 NTS Level 3+ October Age Group 2023
190	39.11	L	P	Emma Thompson	15	PSC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
191	39.13	L	F	Imaan Velloo	15	MANT CPT	10/02/2024 WCA-B Champs - 2024
192	39.15	L	F	Paula Van Zyl	15	LALE CED	11/11/2023 Winelands SL4
193	39.61	L	P	Izolde Lombard	15	PSC TSH	22/02/2024 18th Botswana Swimming Nationals
194	39.65	L	F	Amelie Van der Merwe	15	RFA TSH	03/11/2023 NTS Level 1+2 November Age Group
195	39.75	L	P	Janca Hattingh	15	CSA EZD	01/12/2023 Mpumalanga Championships 2023
196	39.83	L	F	Megan Webster	15	RFA TSH	23/06/2023 Treviso Swim Cup
197	39.95	L	F	Mariel van der Net	15	JAQ EKU	28/10/2023 EGA Summer 2 2023
198	40.09	L	F	Gabriella Oaten	15	CYBE CPT	24/11/2023 CTA A & B CHAMPS 2023
199	40.23	L S	F	WanRu Zhou	15	BLMA CPT	05/10/2023 42nd Freda Barnard Invitational Gala
200	40.28	L	F	Yvonne Pretorius	15	MSC NGD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
201	40.35	L S	F	Sian Kleynhans	15	ROA EDD	05/10/2023 42nd Freda Barnard Invitational Gala
202	40.49	L	F	Leah Crozier	15	FAAC	11/11/2023 AGE GROUP 1
203	40.53	L	F	Lungiswa Grootboom	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
204	40.61	L	F	Chrisley Barnard	15	BS LLD	06/12/2023 Free State Champs 2023
205	40.87	L	F	Ogalaletseng Khosana	15	TUKS TSH	01/12/2023 2023 The Tshwane Mayor's Gala
206	40.97	L	P	Izabella Alevras	15	SMTC JHB	20/03/2024 SA Level 3 Regional Age Group
207	41.22	L	F	Onkarabile Molamu	15	PGH KK	23/02/2024 NW School Championships 2024
208	41.27	L	F	Mia Sarakis	15	CRSC JHB	12/01/2024 2024 Grand Prix Invitation Swimming
209	41.48	L S	F	Hannah Coert	15	MANT CPT	05/10/2023 42nd Freda Barnard Invitational Gala
210	41.59	L	F	Gaby Bishop	15	BETH FDD	06/10/2023 Super Seals & Sentraal Aquatics Gala
211	41.71	L	F	Maya McCollum	15	AQDO CPT	24/11/2023 CTA A & B CHAMPS 2023
212	41.81	L	F	Mia Bruwer	15	HBV MP	14/10/2023 Limpopo Top 8 - High Schools
213	41.84	L	F	Alea Du Toit	15	CYBE CPT	24/11/2023 CTA A & B CHAMPS 2023
214	42.28	L	F	Hannah van der Veen	15	AQUA BUF	24/11/2023 BCA Long Course Championships 2023
215	42.33	L	F	Juliana Du Plessis	15	HBV MP	14/10/2023 Limpopo Top 8 - High Schools
216	42.50	L	F	Mignon Burger	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
217	42.92	L	P	Kate Allwood	15	WCA CPT	08/04/2024 SA National Aquatic Champ 2024-PE
218	42.97	L	P	Esther Sauls	15	PGAC EKU	07/12/2023 EGA Summer Championships
219	43.08	L	F	Holly McHugh	15	HSTAN MP	14/10/2023 Limpopo Top 8 - High Schools
220*	43.16	L	F	Chelsea Snyman	15	SS MPD	01/12/2023 Limpopo Champs

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
220*	43.16 L	F	Runakorwashe Makumbe	15	TUKS FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
222	43.80 L	F	Selente Oosthuysen	15	HREF BP	06/12/2023	NWS Championships 2023/24
223	44.23 L	F	Minette Els	15	BETH FDD	02/03/2024	FSA Level 1 2024
224	44.33 L	F	Emma Barnard	15	EVO CPT	10/02/2024	WCA-B Champs - 2024
225	44.51 L	P	Cleo May	15	MARL CPT	24/06/2023	PEA Winter Gala 2023
226	44.71 L	F	Ashleigh Davies	15	WELA LLD	11/11/2023	Bull Sharks Gala
227	44.86 L	F	Abigail Cullen	15	WELA LLD	27/10/2023	Neptune Prestige Gala
228	45.19 L	F	Anè Kemp	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
229	45.76 L	P	Kholofelo Seabi	15	SWIFT EKU	24/03/2024	SA Level 2 Regional Age Group Champs
230	45.96 L	P	Kaelo Makhatho	15	ESP EKU	07/12/2023	EGA Summer Championships
231	46.06 L	F	Isabella Ress	15	CYBE CPT	17/02/2024	Swartland Invitational Gala 2024
232	46.12 L	F	Jacoline Crous	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
233	46.19 L	F	Emma Davies	15	BAS EKU	24/11/2023	EGA Summer 4
234	46.67 L	F	Enette de Beer	15	PSA ZLD	18/11/2023	KCDA November Age Group Gala 2023
235	46.68 L	F	Lyrece Louw	15	SUPE JHB	02/03/2024	AG Level 1 Regional Age Group
236	47.48 L	F	Lisa van der Westhuizen	15	POTC KKD	21/10/2023	NWS Age Group 1 & 2 2023
237	47.62 L	F	Khwezi Khaba	15	UMSH ETH	03/11/2023	EDA Age Group Gala 4 2023
238	48.82 L	F	Brooklyn-Taylor Sunker	15	MAKO EKU	26/01/2024	EGA Last Chance 2024
239	49.29 L	F	Xoey Williams	15	UWCA CPT	24/11/2023	CTA A & B CHAMPS 2023
240	49.63 L S	F	Bathiyana Zondo	15	BARR CPT	05/10/2023	42nd Freda Barnard Invitational Gala
241	50.26 L	P	Beané du Plessis	15	STELL RMD	06/12/2023	NWS Championships 2023/24
242	50.29 L	F	Yandisa Ndlovu	15	ACSA ETH	27/01/2024	Ushaka Champs 2024
243	50.40 L	F	Lwazi Mqoke	15	WELA LLD	02/03/2024	FSA Level 1 2024
244	50.41 L	F	Cala Welgemoed	15	VALS FDD	27/10/2023	Neptune Prestige Gala
245	50.63 L	F	Zainah Akhalwaya	15	OLDE JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
246	52.11 L	F	Lesedi-Lere Themba	15	ESP EKU	24/11/2023	EGA Summer 4
247	52.55 L	F	Bianke Von Schlichting	15	PRA GSD	13/10/2023	MP AGE GROUP 2
248	52.87 L	P	Amy Klink	15	JAQ EKU	07/12/2023	EGA Summer Championships
249	53.37 L	F	Naseerah Du Toit	15	UWCA CPT	21/03/2024	SA Level 3 Regional Age Group
250	53.47 L	F	Zoë Pierce	15	ESTR EKU	02/03/2024	AG Level 1 Regional Age Group
251	53.82 L	F	Lesedi Kgarimetsa	15	SWIM1 JHB	02/03/2024	AG Level 1 Regional Age Group
252	53.93 L	F	Karabo Malinga	15	USHAK EKU	02/03/2024	AG Level 1 Regional Age Group
253	56.88 L	F	Esethu Mabula	15	SRAY BUF	24/11/2023	BCA Long Course Championships 2023
254	56.89 L	F	Helena Van Vuuren	15	KALA	03/02/2024	NCASA SPRINTS 2024
255	57.13 L	F	Rejeanne Bodemer	15	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
256	57.84 L	P	Michelle Seerane	15	RBOT BPD	06/12/2023	NWS Championships 2023/24
257	59.23 L	F	Thea Vermaak	15	WELA LLD	02/03/2024	FSA Level 1 2024
<b>Women 15-15 100 Fly</b>							
1	1:02.25 L	F	Jaime Mote	15	INFA NMA	09/02/2024	Infinity Gala 2024
2	1:05.05 L S	P	Annebel Stewart	15	AZON ETH	15/03/2024	SA National Junior Age Group
3	1:05.50 L S	F	Ruth Dredge	15	AGC FSH	08/04/2024	SA National Aquatic Champ 2024-PE
4	1:05.88 L S	P	Leila Yazbek	15	BLNE MAN	15/03/2024	SA National Junior Age Group
5	1:06.54 L S	F	Jenna Coetzee	15	INFA NMA	15/03/2024	SA National Junior Age Group
6	1:06.81 L S	F	Jana Vorster	15	TUKS FSH	15/03/2024	SA National Junior Age Group
7	1:06.88 L S	F	Kendra Begley	15	INFA NMA	15/03/2024	SA National Junior Age Group
8	1:07.56 L	F	Grace Powell	15	GAU JHB	19/04/2024	SA Schools Swimming Championship
9	1:08.47 L S	F	Zandri Knoetze	15	INFA NMA	15/03/2024	SA National Junior Age Group
10	1:08.49 L S	F	Jesse-Leah Laderach	15	PEAS NMA	15/03/2024	SA National Junior Age Group
11	1:08.56 L S	P	Emily Macqueen	15	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
12	1:09.14 L	F	Danika Van Zyl	15	KZNA ETH	19/04/2024	SA Schools Swimming Championship
13	1:09.24 L	F	Ruby Gaines	15	SEALE ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
14	1:09.60 L S	P	Ashley Scholtz	15	AGA EKU	08/04/2024	SA National Aquatic Champ 2024-PE
15	1:10.46 L	F	Jaime Maritz	15	MP EZD	19/04/2024	SA Schools Swimming Championship
16	1:10.70 L S	P	Hannah Sandilands	15	MDOL JHB	15/03/2024	SA National Junior Age Group
17	1:10.98 L	F	Mikayla Smit	15	AA JHB	20/03/2024	SA Level 3 Regional Age Group
18	1:11.03 L	F	Keira Holland	15	CRSC JHB	20/03/2024	SA Level 3 Regional Age Group
19	1:11.05 L	F	Savannah Mostert	15	TUKS FSH	12/12/2023	NTS Championships 2023
20	1:11.08 L S	F	Emily Liebenberg	15	SWAR WCD	14/12/2023	Western Cape LC-A Championship 2023
21	1:11.12 L	F	Karmen Van Rensburg	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
22	1:11.15	L	F	Mari Wium	15	QSAW	GED	21/03/2024	SA Level 3 Regional Age Group
23	1:11.97	L	F	Angel Samoei	15	TUKS	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
24	1:12.01	L	F	Maria Steyn	15	BLSS	MAN	21/03/2024	SA Level 3 Regional Age Group
25	1:12.37	L	F	Jana Swiegers	15	TUKS	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
26	1:12.39	L S	P	Corli Liversage	15	BLSS	MAN	15/03/2024	SA National Junior Age Group
27	1:12.60	L S	F	Zianè Jantzen	15	QUIC	CPT	14/12/2023	Western Cape LC-A Championship 2023
28	1:12.65	L	F	Emily Palmer	15	BCA	BUF	13/01/2024	BCA Inter-District Championship Gala
29	1:13.00	L	F	Jaime Roome	15	TUKS	FSH	26/01/2024	NTS Level 3+ Januaery Age Group 2024
30	1:13.02	L	F	Elna Reynolds	15	INFA	NMA	15/12/2023	NMBA Championships 2023
31	1:13.22	L S	F	Shanna-Leigh Zeelie	15	BLMA	CPT	14/12/2023	Western Cape LC-A Championship 2023
32	1:13.25	L	F	Robyn Barbour	15	ESP	EKU	20/03/2024	SA Level 3 Regional Age Group
33*	1:13.61	L	F	René Kotzé	15	PGIM	KK	23/02/2024	NW School Championships 2024
33*	1:13.61	L	P	Caitlyn Dube	15	GAU	JHB	19/04/2024	SA Schools Swimming Championship
35	1:13.99	L	F	Catherine Desilla	15	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
36	1:14.12	L S	P	Tanatswa Chandiwana	15	MDOL	JHB	15/03/2024	SA National Junior Age Group
37	1:14.22	L S	P	Katelyn Fourie	15	CA	EKU	15/03/2024	SA National Junior Age Group
38	1:14.25	L S	P	Mieke Vd Wal	15	CASC	CPT	14/12/2023	Western Cape LC-A Championship 2023
39	1:14.53	L S	F	Mareze Frylinck	15	BLSS	MAN	06/12/2023	Free State Champs 2023
40	1:14.70	L	F	Milan Van Heerden	15	AZON	ETH	14/12/2023	KZNA 2023 Championships Incorpor SSA
41	1:14.82	L S	F	Amy Combrink	15	VINE	CPT	24/11/2023	CTA A & B CHAMPS 2023
42	1:15.06	L	F	Rachel Hinckley	15	CA	EKU	07/12/2023	EGA Summer Championships
43	1:15.28	L S	P	Madisynn Elliott	15	AA	JHB	15/03/2024	SA National Junior Age Group
44	1:15.35	L	F	Anastasia Sequeira	15	CA	EKU	07/12/2023	EGA Summer Championships
45	1:15.70	L	P	Kelly Stork	15	BAS	EKU	07/12/2023	EGA Summer Championships
46	1:15.89	L	P	Lara Smith	15	TYGE	CPT	21/03/2024	SA Level 3 Regional Age Group
47	1:16.06	L	P	Jodi Boettger	15	USC	BUF	24/06/2023	PEA Winter Gala 2023
48	1:16.08	L S	P	Madison du Plessis	15	BLOT	MAN	14/12/2023	Western Cape LC-A Championship 2023
49	1:17.23	L S	F	Kayla Vosloo	15	BLOT	MAN	06/12/2023	Free State Champs 2023
50	1:17.37	L	F	Amy Brown	15	SEALE	ETH	24/11/2023	Westville-Seals LC Championships
51*	1:17.48	L	F	Georgia Gouws	15	PRIO	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
51*	1:17.48	L	P	Tayla Dowie	15	QUES	JHB	20/03/2024	SA Level 3 Regional Age Group
53	1:17.54	L	F	Jemma Park	15	CRSC	JHB	30/11/2023	CGA Championships 2023
54	1:17.57	L	F	Amy O'Connor	15	CRSC	JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
55	1:17.87	L	F	Donne Bruyns	15	CSA	EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
56	1:18.00	L	F	Keera De Esclana	15	VRC	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
57	1:18.12	L	F	Wilmien Verbeek	15	CASC	CPT	17/02/2024	Swartland Invitational Gala 2024
58	1:18.21	L	F	Chloe Olivier	15	CA	EKU	11/11/2023	EGA Summer 3
59	1:18.35	L	F	Danaleigh Swanepoel	15	RFA	FSH	01/12/2023	Limpopo Champs
60	1:18.70	L	F	Tyra Penn	15	WATR	JHB	30/11/2023	CGA Championships 2023
61	1:18.95	L	F	Leeya Amon	15	CASC	CPT	18/11/2023	CTA QUALIFYING MEET 2
62	1:19.27	L	F	Tehl-Cadi Day Garden	15	MGSC	UGD	24/11/2023	Westville-Seals LC Championships
63	1:19.32	L	P	Milri-Ann Summerton	15	NWUC	KKD	20/03/2024	SA Level 3 Regional Age Group
64	1:19.45	L	F	Jade O'Connor	15	TUKS	FSH	12/01/2024	2024 Grand Prix Invitation Swimming
65	1:19.62	L	F	Kayleigh Hahn	15	EDA	ED	13/01/2024	BCA Inter-District Championship Gala
66	1:19.73	L	P	Chloe Petersen	15	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
67	1:19.97	L	F	Siobhan Evans	15	CA	EKU	26/01/2024	EGA Last Chance 2024
68	1:19.98	L	F	Sunny Huang	15	CA	EKU	11/11/2023	EGA Summer 3
69	1:20.30	L	P	Antonella Del Fabbro	15	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
70	1:20.36	L	P	Paige Edmundson	15	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
71	1:20.49	L	F	Katia Jacob	15	HASC	JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
72	1:20.50	L	F	Mia Gerber	15	LALE	GED	11/11/2023	Winelands SL4
73	1:21.06	L	F	Anne Marais	15	TKS	WBD	20/03/2024	SA Level 3 Regional Age Group
74	1:21.30	L	F	Chrystil Raymond	15	CSA	EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
75	1:21.78	L	P	Juliette van Vught	15	SASE	JHB	23/02/2024	2024 Grand Prix 2 Invitational Meet -
76	1:22.33	L	F	Esti Mouton	15	SWAR	WCD	10/02/2024	WCA-B Champs - 2024
77	1:22.78	L	F	Lara Wink	15	VINE	CPT	11/11/2023	Swartland Prestige Gala 2023
78	1:22.84	L	F	Lily Durant	15	WATR	JHB	30/11/2023	CGA Championships 2023
79	1:23.48	L	F	Summer Ascieri	15	CYBE	CPT	10/02/2024	WCA-B Champs - 2024
80	1:23.71	L S	P	Tafadzwa Chandiwana	15	MDOL	JHB	15/03/2024	SA National Junior Age Group



### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
81	1:23.99 L	F	Jaimee Marais	15	ELRAS WBD	01/12/2023	Limpopo Champs
82	1:24.32 L	F	Stacey Smith	15	PAC TSH	22/09/2023	NTS Level 3+ September Age Group
83	1:24.45 L	F	Kemantha Ayair	15	BEAV ETH	24/11/2023	Westville-Seals LC Championships
84	1:24.66 L	F	Johané Jv Rensburg	15	TUKS TSH	22/09/2023	NTS Level 3+ September Age Group
85	1:25.08 L	F	Lara Verhoef	15	ASAC CPT	10/02/2024	WCA-B Champs - 2024
86	1:25.16 L	P	Mea Harding	15	BAS EKU	20/03/2024	SA Level 3 Regional Age Group
87	1:25.24 L	P	Christi Serfontein	15	QUIC CPT	21/03/2024	SA Level 3 Regional Age Group
88	1:25.42 L	F	Rii Spoelstra	15	TUKS TSH	22/09/2023	NTS Level 3+ September Age Group
89	1:25.48 L	F	Carne Louw	15	TASC MPD	01/12/2023	Limpopo Champs
90	1:25.71 L	F	Simonè Schonken	15	TASC MPD	24/03/2024	SA Level 2 Regional Age Group Champs
91	1:25.90 L	F	Miela Smit	15	AQUA BUF	21/03/2024	SA Level 3 Regional Age Group
92	1:25.91 L	P	Araya de Waal	15	PGAC EKU	07/12/2023	EGA Summer Championships
93	1:26.31 L	P	Kaylie Groenewald	15	ACAQ CCD	24/06/2023	PEA Winter Gala 2023
94	1:26.34 L	F	Mekayla Pretorius	15	HWSK FBD	26/03/2024	SA Level 2 Regional Age Group Champs
95	1:26.65 L S	F	Zia Petersen	15	XSAQ CPT	24/11/2023	CTA A & B CHAMPS 2023
96	1:26.67 L	P	Ilanze du Plessis	15	BLSS MAN	24/06/2023	PEA Winter Gala 2023
97	1:26.85 L S	F	Lara Louw	15	BLNE MAN	06/12/2023	Free State Champs 2023
98	1:26.91 L	F	Jessica Sardinha	15	BAS EKU	15/09/2023	EGA Summer 1
99	1:27.73 L	F	Deoné Borstlap	15	POTC KKD	24/03/2024	SA Level 2 Regional Age Group Champs
100	1:28.55 L S	F	Jessica Bosman	15	QUIC CPT	24/11/2023	CTA A & B CHAMPS 2023
101	1:29.45 L	P	Mariel van der Net	15	JAQ EKU	24/03/2024	SA Level 2 Regional Age Group Champs
102	1:29.71 L	F	Emily Shand	15	BLUO UGD	24/11/2023	Westville-Seals LC Championships
103	1:30.10 L	F	Chanè Grobbelaar	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
104	1:30.11 L	F	Elrike du Plessis	15	HSB BP	23/02/2024	NW School Championships 2024
105	1:30.26 L	F	Kganya Mashigo	15	PAC TSH	22/09/2023	NTS Level 3+ September Age Group
106	1:30.62 L	F	Nina Van Tonder	15	LALE CED	11/11/2023	Winelands SL4
107	1:30.68 L	F	Jessica Carver	15	ELEC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
108	1:31.82 L	F	Megan Van den Heever	15	ROB EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
109	1:32.17 L	F	Tayler Ririe	15	BLNE MAN	11/11/2023	Bull Sharks Gala
110	1:32.50 L	F	Gabriella Oaten	15	CYBE CPT	17/02/2024	Swartland Invitational Gala 2024
111	1:32.79 L	F	Izabella Alevrás	15	SMTC JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
112	1:33.05 L	F	Shay-Leigh Pieters	15	HURA CPT	03/02/2024	Winelands SL final
113	1:33.11 L S	F	Ashley Seymour	15	WELA LLD	06/12/2023	Free State Champs 2023
114	1:33.41 L	F	Gianna Collard	15	TUKS TSH	17/11/2023	NTS Level 3+ November Age Group
115	1:33.98 L	F	Maya McCollum	15	AQDO CPT	10/02/2024	WCA-B Champs - 2024
116	1:34.41 L	F	Helena Pretorius	15	HSBV SKD	14/10/2023	Limpopo Top 8 - High Schools
117	1:35.78 L	F	Anne Steyl	15	UPSK ZMD	03/11/2023	UPINGTON 2023
118	1:35.95 L	F	Leané Gouws	15	TUKS TSH	02/02/2024	NTS Level 1+2 February Age Group
119	1:36.47 L	F	Hannah van der Veen	15	AQUA BUF	24/11/2023	BCA Long Course Championships 2023
120	1:39.39 L	F	Kuzingca Siramza	15	AQUA BUF	24/11/2023	BCA Long Course Championships 2023
121	1:39.77 L	F	Shyenne Laubscher	15	WELA LLD	21/10/2023	Otters Prestige Gala 2023
122	1:39.96 L	F	Emma Davies	15	BAS EKU	15/09/2023	EGA Summer 1
123	1:40.10 L	F	Mia Bruwer	15	HBV MP	14/10/2023	Limpopo Top 8 - High Schools
124	1:40.31 L S	F	Maria Dos Santos	15	HREF BP	06/12/2023	NWS Championships 2023/24
125	1:42.89 L	F	Naseerah Vd Merwe	15	WEST CPT	17/02/2024	Swartland Invitational Gala 2024
126	1:44.30 L	F	Selente Oosthuysen	15	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
127	1:55.19 L	F	Enette de Beer	15	PSA ZLD	13/01/2024	KCDA January Age Group Gala 2024
128	2:06.98 L	F	Lesedi-Lere Themba	15	ESP EKU	02/03/2024	AG Level 1 Regional Age Group
129	2:20.46 L	F	Thea Vermaak	15	WELA LLD	02/03/2024	FSA Level 1 2024
<b>Women 15-15 200 Fly</b>							
1	2:16.47 L	F	Jaime Mote	15	INFA NMA	15/03/2024	SA National Junior Age Group
2	2:27.93 L	F	Annebel Stewart	15	AZON ETH	15/03/2024	SA National Junior Age Group
3	2:28.09 L	F	Ruth Dredge	15	PAC TSH	01/07/2023	Rossini Swim Cup
4	2:29.02 L	F	Jenna Coetzee	15	INFA NMA	23/09/2023	3rd A League Gala 2023
5	2:32.30 L	F	Hannah Sandilands	15	MDOL JHB	15/03/2024	SA National Junior Age Group
6	2:39.93 L	F	Leila Yazbek	15	BLNE MAN	27/10/2023	Neptune Prestige Gala
7	2:41.05 L	F	Ashley Scholtz	15	AGA EKU	08/04/2024	SA National Aquatic Champ 2024-PE
8	2:44.60 L	F	Danika Van Zyl	15	FRA KCD	27/01/2024	Ushaka Champs 2024
9	2:46.47 L	F	Anastasia Sequeira	15	CA EKU	15/03/2024	SA National Junior Age Group

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
10	2:47.69	L	F	Emily Liebenberg	15	SWAR	WCD	14/12/2023	Western Cape LC-A Championship 2023
11	2:54.01	L	F	Keira Holland	15	CRSC	JHB	30/11/2023	CGA Championships 2023
12	2:55.43	L	F	Kelly Stork	15	BAS	EKU	07/12/2023	EGA Summer Championships
13	2:58.47	L	F	Zianè Jantzen	15	QUIC	CPT	05/10/2023	42nd Freda Barnard Invitational Gala
14	3:00.69	L	F	Leeya Amon	15	CASC	CPT	24/06/2023	PEA Winter Gala 2023
15	3:02.75	L	F	Tehl-Cadi Day Garden	15	MGSC	UGD	24/11/2023	Westville-Seals LC Championships
16	3:03.81	L	F	Robyn Barbour	15	ESP	EKU	07/12/2023	EGA Summer Championships
17	3:03.91	L	F	Milri-Ann Summerton	15	NWS		27/01/2024	4 + 1 Inter Provincial Gala 2023
18	3:12.38	L	F	Wilmiën Verbeek	15	CASC	CPT	24/06/2023	PEA Winter Gala 2023
19	3:17.27	L	F	Siobhan Evans	15	CA	EKU	26/01/2024	EGA Last Chance 2024
20	3:22.09	L	F	Miela Smit	15	AQUA	BUF	24/06/2023	PEA Winter Gala 2023
21	3:23.86	L	F	Esti Mouton	15	SWAR	WCD	11/11/2023	Swartland Prestige Gala 2023
<b>Women 15-15 200 IM</b>									
1	2:24.58	L S	F	Kayla Gous	15	ECA	BUF	08/04/2024	SA National Aquatic Champ 2024-PE
2	2:24.96	L S	P	Gabriella Van Den Berg	15	AGC	FSH	08/04/2024	SA National Aquatic Champ 2024-PE
3	2:25.60	L	F	Jaime Mote	15	INFA	NMA	15/03/2024	SA National Junior Age Group
4	2:26.47	L S	P	Lara Gouws	15	AGC	FSH	08/04/2024	SA National Aquatic Champ 2024-PE
5	2:27.54	L	F	Scarlett Le Roux	15	CA	EKU	15/03/2024	SA National Junior Age Group
6	2:27.58	L	F	Karla Myburgh	15	TUKS	FSH	15/03/2024	SA National Junior Age Group
7	2:28.50	L	F	Jenna Coetzee	15	INFA	NMA	15/03/2024	SA National Junior Age Group
8	2:31.89	L	P	Leila Yazbek	15	BLNE	MAN	15/03/2024	SA National Junior Age Group
9	2:32.08	L S	P	Kendra Begley	15	ECA	BUF	08/04/2024	SA National Aquatic Champ 2024-PE
10	2:32.50	L	F	Annebel Stewart	15	AZON	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
11	2:33.01	L	F	Tyra Penn	15	WATR	JHB	15/03/2024	SA National Junior Age Group
12	2:34.59	L	F	Angel Samoei	15	TUKS	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
13	2:34.82	L	F	Amy O'Connor	15	CRSC	JHB	15/03/2024	SA National Junior Age Group
14	2:35.12	L	P	Amy Combrink	15	WCA	CPT	19/04/2024	SA Schools Swimming Championship
15	2:35.47	L S	P	Madison du Plessis	15	FSA	FS	08/04/2024	SA National Aquatic Champ 2024-PE
16	2:35.64	L	P	Corli Liversage	15	BLSS	MAN	15/03/2024	SA National Junior Age Group
17	2:35.71	L	F	Jesse-Leah Laderach	15	PEAS	NMA	15/12/2023	NMBA Championships 2023
18	2:36.67	L S	P	Chloe Olivier	15	AGA	EKU	08/04/2024	SA National Aquatic Champ 2024-PE
19	2:37.22	L	P	Hannah Sandilands	15	MDOL	JHB	15/03/2024	SA National Junior Age Group
20	2:37.49	L S	F	Grace Powell	15	CSC	FSH	12/12/2023	NTS Championships 2023
21	2:37.80	L	P	Jodi Boettger	15	USC	BUF	15/03/2024	SA National Junior Age Group
22	2:37.90	L	P	Mieke Vd Wal	15	CASC	CPT	14/12/2023	Western Cape LC-A Championship 2023
23	2:38.10	L	F	Elné Reynolds	15	INFA	NMA	15/12/2023	NMBA Championships 2023
24	2:38.28	L	F	Jana Vorster	15	TUKS	FSH	01/12/2023	Limpopo Champs
25	2:38.60	L	F	Mareze Frylinck	15	BLSS	MAN	06/12/2023	Free State Champs 2023
26	2:38.64	L S	P	Ella Eldar	15	AGC	FSH	08/04/2024	SA National Aquatic Champ 2024-PE
27	2:39.12	L S	F	Jana Swiegers	15	TUKS	FSH	12/12/2023	NTS Championships 2023
28	2:39.19	L S	P	Ashley Scholtz	15	AGA	EKU	08/04/2024	SA National Aquatic Champ 2024-PE
29	2:39.48	L S	P	Ruth Dredge	15	PAC	FSH	12/12/2023	NTS Championships 2023
30	2:39.60	L	P	René Kotzé	15	POTC	KKD	15/03/2024	SA National Junior Age Group
31	2:39.64	L	P	Savannah Mostert	15	QSAW	CED	15/03/2024	SA National Junior Age Group
32	2:39.71	L	P	Rachel Hinckley	15	CA	EKU	07/12/2023	EGA Summer Championships
33	2:39.85	L	F	Chelsea Main	15	PEAS	NMA	24/06/2023	PEA Winter Gala 2023
34	2:40.00	L	P	Chanel Veldsman	15	PSCP	UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
35	2:40.86	L	F	Leah Scott	15	BLUO	UGD	24/11/2023	Westville-Seals LC Championships
36	2:40.95	L	F	Georgia Gouws	15	BEST	NMA	21/10/2023	4th A League Gala 2023
37	2:41.70	L	F	Gemma Goncalves	15	SEAL	UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
38	2:41.86	L	P	Kayla Verbaan	15	KLOO	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
39	2:41.93	L	P	Kelly Stork	15	BAS	EKU	15/03/2024	SA National Junior Age Group
40	2:41.99	L	F	Kayleigh Hahn	15	ROA	EDD	18/11/2023	Eden LC Champs 2023
41	2:42.45	L	F	Mari Wium	15	QSAW	CED	14/12/2023	Western Cape LC-A Championship 2023
42	2:43.01	L S	P	Daniëlla Müller	15	TUKS	FSH	12/12/2023	NTS Championships 2023
43	2:43.12	L	P	Danaleigh Swanepoel	15	RFA	FSH	15/03/2024	SA National Junior Age Group
44	2:43.15	L	F	Maria Steyn	15	BLSS	MAN	11/11/2023	Bull Sharks Gala
45	2:43.21	L	P	Juliette van Vught	15	SASE	JHB	15/03/2024	SA National Junior Age Group
46	2:43.40	L	F	Emily Liebenberg	15	SWAR	WCD	21/03/2024	SA Level 3 Regional Age Group

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
47	2:43.67	L	P	Danielle Cronjè	15	LALE	GED	14/12/2023	Western Cape LC-A Championship 2023
48	2:44.05	L	F	Genevieve Christensen	15	ACSA	ETH	21/01/2024	EDA Age Group Gala 5 2024
49	2:44.27	L	P	Caitlyn Dube	15	MDOL	JHB	15/03/2024	SA National Junior Age Group
50	2:44.31	L	F	Kate-Lynn Kruger	15	DESA	NMA	21/03/2024	SA Level 3 Regional Age Group
51	2:44.40	L	F	Robyn Barbour	15	ESP	EKU	20/03/2024	SA Level 3 Regional Age Group
52	2:44.42	L	F	Keira Holland	15	CRSC	JHB	30/11/2023	CGA Championships 2023
53	2:44.73	L	F	Jaime Maritz	15	CUR	EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
54	2:45.07	L	F	Michaela Nell	15	AAS	JHB	30/11/2023	CGA Championships 2023
55	2:45.46	L S	P	Mikayla Lombard	15	TUKS	FSH	12/12/2023	NTS Championships 2023
56	2:45.51	L	F	Donne Bruyns	15	CSA	EZD	20/03/2024	SA Level 3 Regional Age Group
57	2:45.90	L	F	Danielle Harbron	15	BLOT	MAN	21/03/2024	SA Level 3 Regional Age Group
58	2:46.10	L S	P	Jaime Roome	15	TUKS	FSH	12/12/2023	NTS Championships 2023
59	2:46.11	L	F	Emily Palmer	15	USC	BUF	24/11/2023	BCA Long Course Championships 2023
60	2:46.20	L	F	Simone Vd Merwe	15	LALE	GED	11/11/2023	Winelands SL4
61	2:46.27	L	F	Tanatswa Chandiwana	15	HRE	MS	24/06/2023	PEA Winter Gala 2023
62	2:46.29	L	F	Catherine Desilla	15	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
63	2:46.31	L	F	Emily Macqueen	15	SEALE	ETH	24/11/2023	Westville-Seals LC Championships
64	2:46.53	L	F	Kate-Lynn de Jager	15	BLOT	MAN	06/12/2023	Free State Champs 2023
65	2:47.07	L	P	Zoë Goebel	15	TYGE	CPT	14/12/2023	Western Cape LC-A Championship 2023
66	2:47.13	L	P	Mia Gerber	15	LALE	GED	15/03/2024	SA National Junior Age Group
67	2:47.23	L	P	Anastasia Sequeira	15	CA	EKU	15/03/2024	SA National Junior Age Group
68	2:47.31	L	F	Tehl-Cadi Day Garden	15	MGSC	UGD	24/11/2023	Westville-Seals LC Championships
69	2:47.52	L	P	Emma Rossouw	15	TYGE	CPT	14/12/2023	Western Cape LC-A Championship 2023
70	2:47.68	L	F	Karmen Van Rensburg	15	NHS	EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
71	2:47.79	L	P	Katelyn Fourie	15	CA	EKU	07/12/2023	EGA Summer Championships
72	2:48.27	L	P	Vera Chen	15	BLSS	MAN	15/03/2024	SA National Junior Age Group
73	2:48.44	L	P	Ava-Loren Van Galen	15	STAQ	GED	15/03/2024	SA National Junior Age Group
74	2:48.84	L	P	Mia Wellsted	15	HASC	JHB	20/03/2024	SA Level 3 Regional Age Group
75	2:49.11	L	F	Tshenolo Ntsie	15	RSA		03/05/2023	CANA Zone IV SwimmingChampions
76	2:49.27	L	P	Wilmien Verbeek	15	CASC	CPT	14/12/2023	Western Cape LC-A Championship 2023
77	2:49.32	L	P	Araya de Waal	15	PGAC	EKU	07/12/2023	EGA Summer Championships
78	2:49.44	L	F	Lily Durant	15	WATR	JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
79	2:49.50	L	F	Amy Brown	15	SEALE	ETH	24/11/2023	Westville-Seals LC Championships
80	2:50.13	L	F	Jade O'Connor	15	TUKS	FSH	22/09/2023	NTS Level 3+ September Age Group
81	2:50.30	L	F	Christi Serfontein	15	QUIC	CPT	10/02/2024	WCA-B Champs - 2024
82	2:50.86	L	F	Gabriella Otto	15	ELEC	FSH	26/01/2024	NTS Level 3+ January Age Group 2024
83	2:51.11	L	F	Elizabeth Victor	15	UNI	EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
84	2:51.19	L	P	Tayla Dowie	15	QUES	JHB	30/11/2023	CGA Championships 2023
85	2:51.29	L	F	Leeya Amon	15	CASC	CPT	24/11/2023	CTA A & B CHAMPS 2023
86	2:51.42	L	F	Zandri Knoetze	15	INFA	NMA	05/10/2023	42nd Freda Barnard Invitational Gala
87	2:52.21	L	F	Lumka Ntaka	15	UMSH	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
88	2:52.25	L	F	Stacey Smith	15	PAC	FSH	23/02/2024	NTS Prestige AG February 2024
89	2:52.45	L	F	Jessica Bosman	15	QUIC	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
90	2:52.67	L	P	Megan Augustyn	15	ONYX	EKU	20/03/2024	SA Level 3 Regional Age Group
91	2:52.84	L	P	Jessica Sardinha	15	BAS	EKU	20/03/2024	SA Level 3 Regional Age Group
92	2:53.01	L	F	Lara Smith	15	TYGE	CPT	18/11/2023	CTA QUALIFYING MEET 2
93	2:53.30	L	F	Kayla Vosloo	15	BLOT	MAN	06/12/2023	Free State Champs 2023
94	2:53.33	L	P	Kaylie Groenewald	15	ACAQ	CCD	20/03/2024	SA Level 3 Regional Age Group
95	2:53.54	L	P	Jemma Park	15	CRSC	JHB	30/11/2023	CGA Championships 2023
96	2:53.90	L	P	Emma Lategan	15	CASC	CPT	14/12/2023	Western Cape LC-A Championship 2023
97	2:54.10	L	F	Abigail Roberts	15	TUKS	FSH	17/11/2023	NTS Level 3+ November Age Group
98	2:54.11	L	F	Simone Cussons	15	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
99	2:54.39	L	P	Zine Mostert	15	WATR	JHB	30/11/2023	CGA Championships 2023
100	2:54.50	L	F	Anne Marais	15	TKS	WBD	01/12/2023	Limpopo Champs
101	2:54.51	L	P	Kemantha Ayair	15	BEAV	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
102	2:54.65	L	F	Ilanze du Plessis	15	BLSS	MAN	06/12/2023	Free State Champs 2023
103	2:54.72	L	F	Amy Gerber	15	SEAL	UMD	05/04/2024	SA Level 2 Regional Age Group Champs
104	2:54.89	L	F	Kiara Banks	15	TUKS	FSH	17/11/2023	NTS Level 3+ November Age Group
105	2:54.92	L	F	Esti Mouton	15	SWAR	WCD	10/02/2024	WCA-B Champs - 2024

### Individual Top Times

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 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
106	2:54.94	L	F	Shanna-Leigh Zeelie	15	BLMA CPT	17/02/2024 Swartland Invitational Gala 2024
107	2:55.08	L	F	Sian Kleynhans	15	ROA EDD	18/11/2023 Eden LC Champs 2023
108	2:55.09	L	F	Anne Steyl	15	UPSK ZMD	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
109	2:55.16	L	F	Simonè Schonken	15	TASC MPD	01/12/2023 Limpopo Champs
110	2:55.19	L	F	Kathleen Welsh	15	MSC NGD	01/12/2023 Mpumalanga Championships 2023
111	2:55.45	L	P	Nicole Van Zyl	15	CA EKU	20/03/2024 SA Level 3 Regional Age Group
112*	2:55.68	L	P	Gianna Collard	15	TUKS TSH	20/03/2024 SA Level 3 Regional Age Group
112*	2:55.68	L	F	Hannah Schreuder	15	SAAW CPT	21/03/2024 SA Level 3 Regional Age Group
114	2:55.89	L	F	Jessica Smith	15	ASA ILD	14/12/2023 KZNA 2023 Championships Incorp SSA
115	2:56.43	L	P	Isabella Havemann	15	ASAC CPT	14/12/2023 Western Cape LC-A Championship 2023
116	2:56.45	L	P	Katey Nel	15	SOUL EKU	07/12/2023 EGA Summer Championships
117	2:56.69	L	P	Judy Stevens	15	QUIC CPT	21/03/2024 SA Level 3 Regional Age Group
118	2:57.12	L	F	Stephanie Jurado	15	SSISA CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
119	2:57.17	L	F	Milri-Ann Summerton	15	NWS	27/01/2024 4 + 1 Inter Provincial Gala 2023
120	2:57.21	L	F	Milan Van Heerden	15	AZON ETH	24/11/2023 Westville-Seals LC Championships
121	2:57.58	L	F	Sunny Huang	15	CA EKU	24/11/2023 EGA Summer 4
122	2:57.61	L	F	Nakita Snyman	15	FLOD JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
123	2:57.92	L	F	Yvonne Pretorius	15	MSC NGD	01/12/2023 Mpumalanga Championships 2023
124	2:57.94	L	P	Hannah Naidoo	15	BEAV ETH	05/04/2024 SA Level 2 Regional Age Group Champs
125	2:58.07	L	F	Janca Hattingh	15	CSA EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
126	2:58.20	L	F	Danika Van Zyl	15	FRA KCD	28/10/2023 KCDA October Age Group Gala 2023
127	2:58.53	L	F	Emily Tsai	15	BLMA CPT	20/01/2024 CTA A MEET 4
128	2:58.54	L	F	Emma Neethling	15	FISH EDD	05/10/2023 42nd Freda Barnard Invitational Gala
129	2:58.77	L	F	Lara Verhoef	15	ASAC CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
130	2:58.96	L	F	Lily Ogden	15	PEAS NMA	24/06/2023 PEA Winter Gala 2023
131	2:58.98	L	F	Mia Vd Merwe	15	GSA CPT	16/09/2023 CTA A MEET 3
132	2:59.11	L	F	Kelci Leech	15	BLSS MAN	06/12/2023 Free State Champs 2023
133	2:59.38	L	F	Sienna Wilensky	15	ASAC CPT	10/02/2024 WCA-B Champs - 2024
134	2:59.50	L	F	Katia Jacob	15	HASC JHB	27/01/2024 CGA Level 2+ Gala 27 Jan 2024
135	2:59.65	L	F	Mieke Vd Walt	15	FISH EDD	05/10/2023 42nd Freda Barnard Invitational Gala
136	2:59.66	L	F	Summer Ascieri	15	CYBE CPT	21/01/2024 CTA BMEET 4
137	2:59.83	L	F	Chrystil Raymond	15	CSA EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
138	2:59.88	L	P	Jaimee Marais	15	ELRAS WBD	20/03/2024 SA Level 3 Regional Age Group
139	3:00.17	L	P	Georgia Alston	15	SASE JHB	20/03/2024 SA Level 3 Regional Age Group
140	3:00.79	L	F	Leah Crozier	15	FAAC	14/10/2023 FLAMINGO GALA 14 - 15 OCTOBER
141	3:00.83	L	P	Amy-Lee Jones	15	CA EKU	07/12/2023 EGA Summer Championships
142	3:01.06	L	F	Storme Badenhorst	15	MANT CPT	10/02/2024 WCA-B Champs - 2024
143	3:01.07	L	F	Megan Webster	15	RFA TSH	01/07/2023 Rossini Swim Cup
144	3:01.11	L	F	Kganya Mashigo	15	PAC TSH	20/10/2023 NTS Level 3+ October Age Group 2023
145	3:01.15	L	F	Megan Neizel	15	PSCP JMD	24/11/2023 Westville-Seals LC Championships
146	3:01.30	L	F	Mia Johnson	15	AAS JHB	30/11/2023 CGA Championships 2023
147	3:01.63	L S	F	Chloe Petersen	15	TUKS TSH	24/03/2024 SA Level 2 Regional Age Group Champs
148	3:01.65	L	F	Emily Shand	15	BLUO UGD	24/11/2023 Westville-Seals LC Championships
149	3:02.07	L	F	Keera De Esclana	15	VRC TSH	20/10/2023 NTS Level 3+ October Age Group 2023
150	3:02.08	L	F	WanRu Zhou	15	BLMA CPT	05/10/2023 42nd Freda Barnard Invitational Gala
151	3:02.18	L	F	Peta Mazery	15	WSTV ETH	21/01/2024 EDA Age Group Gala 5 2024
152	3:02.28	L	P	Mea Harding	15	BAS EKU	20/03/2024 SA Level 3 Regional Age Group
153	3:02.43	L	F	Larissa Visagie	15	LALE CED	10/02/2024 WCA-B Champs - 2024
154	3:02.50	L	F	Rebecca White	15	SSISA CPT	17/02/2024 Swartland Invitational Gala 2024
155	3:02.55	L	F	Makula Kyabayinze	15	TUKS TSH	22/09/2023 NTS Level 3+ September Age Group
156	3:02.94	L S	F	Mila Petrak	15	ELEC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
157	3:03.16	L	P	Cait Da Cunha	15	BON EKU	07/12/2023 EGA Summer Championships
158	3:03.38	L S	F	Deoné Borstlap	15	POTC KKD	24/03/2024 SA Level 2 Regional Age Group Champs
159	3:03.59	L	F	Zia Petersen	15	XSAQ CPT	17/09/2023 CTA BMEET 3
160	3:03.73	L	F	Anneke Stassen	15	CASC CPT	24/11/2023 CTA A & B CHAMPS 2023
161	3:03.84	L S	F	Sinoah Pretorius	15	HPS TSH	24/03/2024 SA Level 2 Regional Age Group Champs
162	3:03.91	L	F	Skylla Perumal	15	WATR JHB	26/07/2023 Giochi Del Tricolore Swim
163	3:04.14	L	F	Lara Wink	15	VINE CPT	10/02/2024 WCA-B Champs - 2024
164	3:04.93	L S	F	Mariel van der Net	15	JAQ EKU	24/03/2024 SA Level 2 Regional Age Group Champs

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
165	3:04.98 L	F	Siobhan Evans	15	CA EKU	26/01/2024	EGA Last Chance 2024
166	3:05.37 L	F	Keira Taylor	15	TUKS FSH	17/11/2023	NTS Level 3+ November Age Group
167	3:05.39 L	F	Carine Röntgen	15	ASAW CED	21/01/2024	CTA BMEET 4
168	3:05.48 L	P	Izabella Alevras	15	AAS JHB	30/11/2023	CGA Championships 2023
169	3:06.52 L	F	Emma Jansen van Rensburg	15	QSAW CED	10/02/2024	WCA-B Champs - 2024
170	3:06.58 L	F	Ashley Seymour	15	WELA LLD	06/12/2023	Free State Champs 2023
171	3:06.64 L	F	Lelanie Buhr	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
172	3:06.69 L	F	Mia De Klerk	15	CSA EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
173	3:06.73 L S	F	Ivana Vyncke	15	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
174	3:06.82 L	F	Lienke Van OS	15	BLSS MAN	27/01/2024	Pelicans Gala 2024
175	3:07.45 L	F	Nina Melka	15	TUKS FSH	01/12/2023	2023 The Tshwane Mayor's Gala
176	3:07.48 L	F	Chrisley Barnard	15	BS LLD	27/10/2023	Neptune Prestige Gala
177	3:07.54 L	F	Megan Van den Heever	15	ROB EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
178	3:07.69 L	F	Imaan Velloo	15	MANT CPT	21/01/2024	CTA BMEET 4
179	3:09.07 L	F	Chloe Pieterse	15	QSAW CED	03/02/2024	Winelands SL final
180	3:09.36 L S	F	Chloe Jewell	15	PEAS NMA	26/01/2024	6th A League Gala 2024
181	3:09.72 L	F	Catherine O'Grady	15	MSC NGD	01/12/2023	Mpumalanga Championships 2023
182	3:09.96 L	F	Hannah van der Veen	15	AQUA BUF	17/02/2024	Eastern Cape School Trials 2024
183	3:10.19 L	F	Anè Cloete	15	TYGE CPT	05/10/2023	42nd Freda Barnard Invitational Gala
184	3:10.22 L	F	Lara Louw	15	BLNE MAN	06/12/2023	Free State Champs 2023
185	3:10.26 L	F	Ilze Hendriks	15	LEGC ETH	24/11/2023	Westville-Seals LC Championships
186	3:10.41 L	F	Shyenne Laubscher	15	WELA LLD	16/02/2024	Neptunes Last chance Gala
187	3:10.46 L	F	Maya McCollum	15	AQDO CPT	24/11/2023	CTA A & B CHAMPS 2023
188	3:10.65 L	F	Kuzingca Siramza	15	AQUA BUF	24/11/2023	BCA Long Course Championships 2023
189	3:10.77 L	F	Megan Nieman	15	PSC FSH	17/11/2023	NTS Level 3+ November Age Group
190	3:11.13 L S	P	Tafadzwa Chandiwana	15	MDOL JHB	24/11/2023	SA SENIOR CHAMPS 2023
191	3:11.24 L S	F	Maya Ndegwa	15	ELEC FSH	24/03/2024	SA Level 2 Regional Age Group Champs
192	3:11.40 L	F	Carli Dippenaar	15	ROA EDD	18/11/2023	Eden LC Champs 2023
193	3:11.64 L	F	Gabriella Oaten	15	CYBE CPT	21/01/2024	CTA BMEET 4
194	3:12.19 L S	F	Kate Allwood	15	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
195	3:12.22 L	F	Maria Dos Santos	15	HREF BP	06/12/2023	NWS Championships 2023/24
196	3:12.51 L	F	Rienke Bignaut	15	BLSS MAN	06/12/2023	Free State Champs 2023
197	3:13.38 L	F	Mia Crookham	15	TYGE CPT	21/01/2024	CTA BMEET 4
198	3:13.50 L	F	Shayla Harvey	15	PEAS NMA	01/10/2023	Curro AquaElite Gala
199	3:13.55 L	F	Bea Van der Merwe	15	RFA FSH	26/01/2024	NTS Level 3+ January Age Group 2024
200	3:13.60 L	F	Mia Sarakis	15	CRSC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
201*	3:13.61 L	F	Stacey Fisher	15	TRAZ FSH	01/12/2023	2023 The Tshwane Mayor's Gala
201*	3:13.61 L	F	Jessica Carver	15	ELEC FSH	19/01/2024	NTS Level 1+2 January Age Group 2024
203	3:14.04 L	F	Izolde Lombard	15	ASAC CPT	03/02/2024	Winelands SL final
204	3:14.05 L	F	Elrike du Plessis	15	HSB BP	23/02/2024	NW School Championships 2024
205	3:14.21 L	F	Kaylin Bezuidenhoud	15	BLOT MAN	27/10/2023	Neptune Prestige Gala
206	3:14.32 L	P	Celine Miles	15	BLUO UGD	05/04/2024	SA Level 2 Regional Age Group Champs
207	3:14.46 L	F	Esther Sullivan	15	WSTV ETH	21/01/2024	EDA Age Group Gala 5 2024
208	3:14.89 L	P	Alexandra Santos	15	PSCP UMD	05/04/2024	SA Level 2 Regional Age Group Champs
209	3:15.34 L	F	Hannah Coert	15	MANT CPT	21/01/2024	CTA BMEET 4
210	3:15.97 L	F	Alea Du Toit	15	CYBE CPT	24/11/2023	CTA A & B CHAMPS 2023
211	3:16.23 L	F	Zante Young	15	RBUR BPD	06/12/2023	NWS Championships 2023/24
212	3:16.65 L	F	Bianke Von Schlichting	15	PRA GSD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
213	3:16.78 L	F	Mignon Burger	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
214	3:16.85 L	P	Caitlin Govender	15	SGUL ETH	05/04/2024	SA Level 2 Regional Age Group Champs
215	3:16.91 L	F	Esmarie Terblanche	15	LALE CED	18/11/2023	CTA QUALIFYING MEET 2
216	3:17.87 L	F	Mekayla Pretorius	15	HWSK FBD	03/02/2024	NCASA SPRINTS 2024
217	3:18.27 L	F	Taylor Ririe	15	BLNE MAN	15/09/2023	Bull Sharks Annual Gala
218	3:18.44 L	F	Naledi Thobeha	15	QUIC CPT	20/01/2024	CTA A MEET 4
219	3:19.30 L	F	Miela Smit	15	AQUA BUF	24/06/2023	PEA Winter Gala 2023
220	3:19.68 L	F	Reese Edwards	15	SSISA CPT	20/01/2024	CTA A MEET 4
221	3:20.11 L	F	Alaynah Bhamjee	15	ATLA JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
222	3:20.43 L	F	Emma Thompson	15	PSC FSH	03/11/2023	NTS Level 1+2 November Age Group
223	3:20.77 L	F	Lungiswa Grootboom	15	SWAR WCD	17/02/2024	Swartland Invitational Gala 2024

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 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
224	3:21.68 L	F	Anè Kemp	15	SWAR WCD	17/02/2024	Swartland Invitational Gala 2024
225	3:21.72 L	F	Ogalaletseng Khosana	15	PEAS NMA	01/10/2023	Curro AquaElite Gala
226	3:21.76 L	F	Ilanthy Moolman	15	MSC NGD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
227	3:21.85 L	F	Eva-Bella Bonomi	15	TRAZ TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
228	3:22.59 L	F	Gaby Bishop	15	BETH FDD	21/10/2023	Otters Prestige Gala 2023
229	3:22.69 L	F	Anmi Slabbert	15	PAQU CED	10/02/2024	WCA-B Champs - 2024
230	3:22.96 L	P	Paris Shiwundlana	15	AFIN JHB	30/11/2023	CGA Championships 2023
231	3:23.80 L	F	Micke de Jager	15	PSA ZLD	27/01/2024	Ushaka Champs 2024
232	3:24.41 L	F	Tatiana Ioannides	15	BLSS MAN	27/10/2023	Neptune Prestige Gala
233	3:25.28 L	F	Ebenette Van Niekerk	15	FISH EDD	18/11/2023	Eden LC Champs 2023
234	3:25.34 L	F	Jenna White	15	ELRAS WBD	11/11/2023	Limpopo Age Group 5
235	3:26.25 L	F	Zadie Van Wyk	15	TRAZ TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
236	3:26.31 L	P	Esther Sauls	15	PGAC EKU	07/12/2023	EGA Summer Championships
237	3:26.39 L	F	Chelsea Snyman	15	SS MPD	01/12/2023	Limpopo Champs
238	3:27.66 L	F	Jacoline Crous	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
239	3:29.13 L	F	Ashleigh Davies	15	WELA LLD	15/09/2023	Bull Sharks Annual Gala
240	3:29.96 L	F	Gabriella Carminati	15	AFIN JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
241	3:31.18 L	F	Kayla Welgemoed	15	VALS FDD	18/11/2023	Valsrivier Gala
242	3:31.74 L	F	Kayla Spagnoletti	15	SAAW CPT	17/09/2023	CTA BMEET 3
243	3:31.99 L	F	Lisa van der Westhuizen	15	PGIM KK	23/02/2024	NW School Championships 2024
244	3:32.11 L	F	Holly McHugh	15	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
245	3:32.19 L	P	Nicole Norman	15	RPAC EKU	07/12/2023	EGA Summer Championships
246	3:32.24 L	F	Camryn Shaw	15	PEAS NMA	23/09/2023	3rd A League Gala 2023
247	3:32.78 L	F	Sienna Lombard	15	HPS TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
248	3:33.59 L	F	Victoria-Ann Anthony	15	BON EKU	24/11/2023	EGA Summer 4
249	3:33.74 L	F	Selente Oosthuysen	15	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
250	3:35.08 L	F	Riley Koegelenberg	15	LALE CED	17/02/2024	Swartland Invitational Gala 2024
251	3:35.59 L	F	Naseerah Vd Merwe	15	WEST CPT	05/10/2023	42nd Freda Barnard Invitational Gala
252	3:35.65 L	F	Paula Van Zyl	15	LALE CED	11/11/2023	Winelands SL4
253	3:36.93 L	F	Gabriella Kirsten	15	QSAW CED	11/11/2023	Winelands SL4
254	3:37.90 L	F	Veera Khusal	15	BON EKU	28/10/2023	EGA Summer 2 2023
255	3:39.06 L	F	Zainah Akhalwaya	15	OLDE JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
256	3:41.41 L S	F	Kholofelo Seabi	15	SWIFT EKU	24/03/2024	SA Level 2 Regional Age Group Champs
257	3:43.77 L	F	Brooklyn-Taylor Sunker	15	MAKO EKU	26/01/2024	EGA Last Chance 2024
258	3:44.06 L	F	Cala Welgemoed	15	VALS FDD	18/11/2023	Valsrivier Gala
259	3:44.66 L	F	Shay-Leigh Pieters	15	HURA CPT	11/11/2023	Swartland Prestige Gala 2023
260	3:45.48 L	F	Minette Els	15	BETH FDD	02/03/2024	FSA Level 1 2024
261	3:50.44 L	F	Isabè Van Dyk	15	CUHE OBD	11/11/2023	Swartland Prestige Gala 2023
262	3:52.14 L	F	Helena Van Vuuren	15	KALA	02/12/2023	AGE GROUP 3 KATHU - 2023
263	3:52.23 L	F	Isabella Ress	15	CYBE CPT	17/02/2024	Swartland Invitational Gala 2024
264	3:52.49 L	F	Chulumanco Nyukwana	15	MPS NGD	03/02/2024	Buffalo City School Trials 2024
265	3:53.73 L	F	Abigail Cullen	15	WELA LLD	21/10/2023	Otters Prestige Gala 2023
266	3:56.97 L	F	Bathiyana Zondo	15	BARR CPT	05/10/2023	42nd Freda Barnard Invitational Gala
267	3:57.53 L	F	Amy Klink	15	JAQ EKU	02/03/2024	AG Level 1 Regional Age Group
268	3:58.08 L	P	Beané du Plessis	15	STELL RMD	06/12/2023	NWS Championships 2023/24
269	3:59.40 L	F	Carla Carolus	15	XSAQ CPT	17/09/2023	CTA BMEET 3
270	4:10.40 L	F	Kirsten Campbell	15	WALM CPT	17/09/2023	CTA BMEET 3
271	4:11.37 L	F	Kaelo Makhatho	15	ESP EKU	24/11/2023	EGA Summer 4
272	4:11.55 L	F	Lesedi-Lere Themba	15	ESP EKU	02/03/2024	AG Level 1 Regional Age Group
273	4:16.05 L	F	Zoë Pierce	15	ESTR EKU	02/03/2024	AG Level 1 Regional Age Group
274	4:25.56 L	F	Lwazi Mqoke	15	WELA LLD	27/10/2023	Neptune Prestige Gala
275	4:37.11 L	F	Ayanda Luthuli	15	USH KCD	21/10/2023	Froggies Championships 2023
<b>Women 15-15 400 IM</b>							
1	5:06.95 L	F	Lara Gouws	15	TUKS TSH	14/12/2023	KZNA 2023 Championships Incorp SSA
2	5:11.52 L	F	Karla Myburgh	15	TUKS TSH	15/03/2024	SA National Junior Age Group
3	x5:18.04 L	F	Jenna Coetzee	15	INFA NMA	19/04/2024	SA Schools Swimming Championship
4	5:24.05 L	P	Madison du Plessis	15	FSA FS	08/04/2024	SA National Aquatic Champ 2024-PE
5	5:25.44 L	F	Hannah Sandilands	15	MDOL JHB	15/03/2024	SA National Junior Age Group
6	5:29.81 L	F	Kayla Gous	15	USC BUF	24/06/2023	PEA Winter Gala 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
7	5:33.74 L	F	Chelsea Main	15	PEAS NMA	15/03/2024	SA National Junior Age Group
8	5:35.38 L	F	Mieke Vd Wal	15	WCA CPT	19/04/2024	SA Schools Swimming Championship
9	5:37.02 L	F	René Kotzé	15	POTC KKD	15/03/2024	SA National Junior Age Group
10	5:38.52 L	F	Kelly Stork	15	BAS EKV	15/03/2024	SA National Junior Age Group
11	5:42.34 L	F	Rachel Hinckley	15	CA EKV	28/10/2023	EGA Summer 2 2023
12	5:44.34 L	F	Annebel Stewart	15	AZON ETH	03/11/2023	EDA Age Group Gala 4 2023
13	5:45.26 L	F	Mareze Frylinck	15	FSA FS	27/01/2024	4 + 1 Inter Provincial Gala 2023
14	5:49.17 L	F	Ruth Dredge	15	PAC FSH	22/09/2023	NTS Level 3+ September Age Group
15	5:49.93 L	F	Corli Liversage	15	BLSS MAN	06/12/2023	Free State Champs 2023
16	5:50.92 L	F	Emma Rossouw	15	TYGE CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
17	5:51.66 L	F	Maria Steyn	15	BLSS MAN	06/12/2023	Free State Champs 2023
18	5:52.55 L	F	Anastasia Sequeira	15	CA EKV	07/12/2023	EGA Summer Championships
19	5:55.72 L	F	Georgia Gouws	15	BEST NMA	09/02/2024	Infinity Gala 2024
20	5:58.95 L	F	Jodi Boettger	15	USC BUF	24/11/2023	BCA Long Course Championships 2023
21	6:00.06 L	F	Robyn Barbour	15	ESP EKV	14/10/2023	CGA Level 2 + Gala Oct 2023
22	6:02.76 L	F	Jessica Sardinha	15	BAS EKV	26/01/2024	EGA Last Chance 2024
23	6:03.47 L	F	Araya de Waal	15	PGAC EKV	07/12/2023	EGA Summer Championships
24	6:04.16 L	F	Teh-Cadi Day Garden	15	MGSC UGD	24/11/2023	Westville-Seals LC Championships
25	6:07.23 L	F	Zianè Jantzen	15	QUIC CPT	20/01/2024	CTA A MEET 4
26	6:09.66 L	F	Grace Powell	15	CSC FSH	17/11/2023	NTS Level 3+ November Age Group
27	6:17.62 L	F	Milri-Ann Summerton	15	NWUC KKD	21/10/2023	NWS Age Group 1 & 2 2023
28	6:41.34 L	F	Stacey Smith	15	PAC FSH	22/09/2023	NTS Level 3+ September Age Group
29	6:50.59 L	F	Kganya Mashigo	15	PAC FSH	22/09/2023	NTS Level 3+ September Age Group
30	7:27.00 L	F	Ashley Seymour	15	WELA LLD	18/11/2023	Valsrivier Gala
31	7:31.51 L	F	Mekayla Pretorius	15	HWSK FBD	20/01/2024	AGE GROUP 5 KBY 2024
32	7:52.60 L	F	Shay-Leigh Pieters	15	HURA CPT	11/11/2023	Swartland Prestige Gala 2023